Hyperamylinemia Contributes to Cardiac Dysfunction in Obesity and Diabetes
A Study in Humans and Rats

Sanda Despa, Kenneth B. Margulies, Le Chen, Anne A. Knowlton, Peter J. Havel, Heinrich Taegtmeyer, Donald M. Bers, Florin Despa

Rationale: Hyperamylinemia is common in patients with obesity and insulin resistance, coincides with hyperinsulinemia, and results in amyloid deposition. Amylin amyloids are generally considered a pancreatic disorder in type 2 diabetes. However, elevated circulating levels of amylin may also lead to amylin accumulation and proteotoxicity in peripheral organs, including the heart.

Objective: To test whether amylin accumulates in the heart of obese and type 2 diabetic patients and to uncover the effects of amylin accumulation on cardiac morphology and function.

Methods and Results: We compared amylin deposition in failing and nonfailing hearts from lean, obese, and type 2 diabetic humans using immunohistochemistry and Western blots. We found significant accumulation of large amylin oligomers, fibrils, and plaques in failing hearts from obese and diabetic patients but not in normal hearts and failing hearts from lean, nondiabetic humans. Small amylin oligomers were even elevated in nonfailing hearts from overweight/obese patients, suggesting an early state of accumulation. Using a rat model of hyperamylinemia transgenic for human amylin, we observed that amylin oligomers attach to the sarcolemma, leading to myocyte Ca^{2+} dysregulation, pathological myocyte remodeling, and diastolic dysfunction, starting from prediabetes. In contrast, prediabetic rats expressing the same level of wild-type rat amylin, a nonamyloidogenic isoform, exhibited normal heart structure and function.

Conclusions: Hyperamylinemia promotes amylin deposition in the heart, causing alterations of cardiac myocyte structure and function. We propose that detection and disruption of cardiac amylin buildup may be both a predictor of heart dysfunction and a novel therapeutic strategy in diabetic cardiomyopathy. (Circ Res. 2012;110:00-00.)

Key Words: hyperinsulinemia • hyperamylinemia • diabetic cardiomyopathy • calcium • HIP rat • UCD-T2DM rat

One-third of adults and 17% of children in the United States (from the National Center for Health Statistics, 2009) are currently obese and at high risk of developing both type 2 diabetes and cardiovascular disease.1–3 Progression to overt type 2 diabetes may accelerate pathological changes in heart structure and function,4–7 independent of confounding factors such as coronary artery disease and hypertension.1–3 It is assumed1 that increases in body fat can affect the body’s response to insulin, potentially leading to insulin resistance and subsequent impaired glucose and lipid homeostasis. As such, insulin resistance is unequivocally associated with heart disease.1–10 However, the myocardial insulin responsiveness in diabetic patients is surprisingly intact,11,12 suggesting that factors secondary to insulin resistance may critically contribute to cardiac dysfunction in type 2 diabetes.5,9,10 In addition to hyperglycemia and dyslipidemia, patients with obesity and insulin resistance present also hyperinsulinemia and hyperamylinemia.13–15 Whereas the hyperinsulinemic response prevents a large fraction of insulin resistant patients from developing type 2 diabetes,1 the coincident hyperamylinemia...
leads to proteotoxicity and amyloid deposition.\textsuperscript{13,14} More than 95\% of patients with type 2 diabetes stain positive for amylin amyloids in pancreatic islets.\textsuperscript{14} Amylin deposition was also found in kidneys of obese and type 2 diabetic patients.\textsuperscript{16} Recently,\textsuperscript{17,18} we hypothesized that hyperamylinemia may favor cardiac amylin accumulation,\textsuperscript{17} causing alterations of myocyte structure and function in ways that may contribute to progressive heart failure.\textsuperscript{18}

Amylin is a 4-kDa hormone coexpressed and cosecreted with insulin by pancreatic β-cells.\textsuperscript{13,14} Human amylin, also known as islet amyloid polypeptide (IAPP), has aggregation properties similar to prions and amyloidogenic proteins that are associated with neurodegenerative diseases.\textsuperscript{19} At high secretion rates, amyloidogenic proteins readily form oligomers, fibrils, and amyloid plaques. It is increasingly recognized that soluble oligomers rather than fibrils and plaques are the most toxic species of amyloids.\textsuperscript{20–28} They attach to cellular membranes causing Ca\textsuperscript{2+} dyshomeostasis, cell dysfunction, and apoptosis.\textsuperscript{20–28} Previous data\textsuperscript{27,28} indicated that cardiac myocyte–restricted expression and accumulation of amyloidogenic peptides, such as polyglutamine\textsuperscript{27} or presenilin,\textsuperscript{28} can induce cytotoxicity and heart failure in mice. Presenilin oligomers coinmunoprecipitated with sarcoplasmic reticulum Ca\textsuperscript{2+} ATPase (SERCA) and altered Ca\textsuperscript{2+} handling in cardiac myocytes.\textsuperscript{28}

To clarify whether amylin builds up in the heart and whether this could be associated with cardiac failure in obesity and type 2 diabetes, we assessed amylin deposition in hearts from lean, obese, and type 2 diabetic humans, with and without heart failure. Using a “humanized” rat model of hyperamylinemia, we examined changes in cardiac structure and function in relation with cardiac amylin accumulation.

**Methods**

Detailed procedures, description of human tissue specimens and animal models are included in the Online Supplemental Material.

**Human Tissue Specimens**

Failing hearts from obese, type 2 diabetic, and nondiabetic patients were obtained at the time of orthotopic heart transplantation at the Hospital of University of Pennsylvania. Nonfailing hearts from obese and lean individuals are from organ donation. Tissue specimens were obtained in accordance with institutional review board approval. Inclusion in tissue-based studies was not restricted on the basis of age, sex, race, or ethnic status. Heart failure etiology, body mass index, age, sex, and state of diabetes with respect to dependence on insulin and/or oral hypoglycemic agents of all cases studied here are summarized in Online Table I.

**Experimental Animals**

Studies were approved by the University of California, Davis, Animal Research Committee. Because rodent amylin is not amyloidogenic and rodents do not accumulate amylin amyloids,\textsuperscript{29} most rodent models of type 2 diabetes are not adequate for this study. We used Sprague-Dawley (SD) rats transgenic for human amylin in the pancreatic β-cells (HIP rats).\textsuperscript{30} HIP rat breeding pairs were kindly provided by Pfizer. HIP rats show hyperamylinemia, leading to amylin deposits in pancreatic islets and gradual decline in β-cell mass.\textsuperscript{31} They develop insulin resistance at 5 months of age and diabetes by 10 months of age.\textsuperscript{31} As negative controls, we used obese insulin-resistant rats expressing only wild-type, nonamyloidogenic rat amylin, which does not form amyloids (UCD-T2DM rats).\textsuperscript{32} UCD-T2DM rats were obtained by breeding obese SD rats with Zucker Diabetic Lean rats that lack the leptin receptor defect and have inherent β-cell defects.\textsuperscript{32} UCD-T2DM rats exhibit insulin resistance before the onset of diabetes.\textsuperscript{33} Similar to HIP rats\textsuperscript{30} and humans.\textsuperscript{1} In the present study, we used age-matched HIP (n = 17) and UCD-T2DM (n = 19) rats in the prediabetic state, that is, nonfasting blood glucose level in the 150 to 200 mg/dL range.\textsuperscript{33} Wild-type littermates (n = 16) served as nondiabetic controls for HIP rats. Age-matched SD rats (n = 13, Charles Rivers Laboratory) were controls for UCD-T2DM rats.

**Immunohistochemistry**

Western blot analysis was performed on left ventricular homogenates, myocyte lysates, and blood serum. Immunohistochemistry was done on thin sections from paraffin blocks.

**Insulin Signaling**

Myocardial insulin responsiveness was determined by measuring the phosphorylation level of protein kinase B (Akt) and glycogen synthase kinase 3β (GSK3β) in hearts from rats injected (IP) with insulin (10 mU/g body weight) and euthanized 10 minutes after injection.

**Cardiac Myocyte Isolation and Ca\textsuperscript{2+} Measurements**

Rat ventricular myocytes were isolated by perfusion with 1 mg/mL collagenase on a Langendorff apparatus as previously reported.\textsuperscript{34} Intracellular Ca\textsuperscript{2+} level ([Ca\textsuperscript{2+}]\textsubscript{i}) was measured with Fura2 or Fluo4.

**Activation of Ca\textsuperscript{2+}-Dependent Hypertrophic Pathways**

Activation of Ca\textsuperscript{2+} /calmodulin-dependent protein kinase II (CaMKII)-histone deacetylase (HDAC) and calcineurin-nuclear factor of activated T cells (NFAT) hypertrophic pathways was examined by determining the nuclear versus cytosolic localization of HDAC4 and NFATc4 in cardiac myocytes using immunofluorescence.

**In Vivo Echocardiography and Hemodynamics**

M-mode echocardiography and hemodynamic measurements were performed as described before.\textsuperscript{35}

**Electron Microscopy**

Aliquots of human/rat amylin aggregation reaction were imaged by a Philips CM 12 electron microscope, as previously described.\textsuperscript{36}

**Statistical Analysis**

Data are expressed as mean±SEM. Statistical discriminations were performed using 2-tailed unpaired Student t test, with P<0.05.
considered significant. One-way ANOVA with the Dunnett post hoc test was used when comparing multiple groups.

Results

Patients With Obesity and Type 2 Diabetes Present Cardiac Amylin Accumulation

We examined left ventricular tissue from 53 human hearts divided in 5 pathologically distinct groups (Online Table I). These included failing hearts from patients with type 2 diabetes (n=25) and obese patients that developed overt type 2 diabetes within 1 year after transplantation (n=8). These hearts were expected to show significant amylin accumulation. To uncover the early stage of amylin buildup in the heart, a third group included nonfailing hearts from overweight/obese humans (n=8). Last, nonfailing hearts from lean, healthy patients (n=5) and failing hearts from lean patients without diabetes (n=7), which should not accumulate amylin, served as negative controls.

To assess the level and size distribution of cardiac amylin aggregates, we performed Western blots with an anti-amylin antibody on left ventricular protein homogenates. We found molecular weight bands corresponding to amylin trimers (12 kDa), tetramers (16 kDa), and 2 additional larger molecular weight structures at \( \approx 32 \) kDa (octamers) and \( \approx 64 \) kDa (16-mers) (Figure 1A through 1C). Negative controls showed that these bands are specific (Online Figure I). Intensity signal analysis (Figure 1D through 1F) indicated that amylin oligomer accumulation is markedly larger in failing hearts from patients with type 2 diabetes and overweight/obesity than in normal hearts and failing hearts from patients without diabetes (controls). Intriguingly, large amylin oligomers, for example, \( > 32 \) kDa, are abundant in failing hearts from diabetic and obese patients (Figure 1A, 1B, and 1F) but not in nonfailing hearts from overweight/obese individuals (Figure 1C and 1F). Smaller amylin oligomers were already elevated in nonfailing hearts from overweight/obese patients (Figure 1C through 1E), indicating an early stage of cardiac amylin accumulation. The results are consistent with the idea that accumulation of large amylin oligomers can induce deleterious cardiac effects. Amylin tetramers are also present in failing hearts from nondiabetic patients (Figure 1E), which might indicate undiagnosed insulin resistance in those patients (as commonly seen in aging).

Immunohistochemistry with an anti-amylin antibody shows large amylin deposits in failing hearts from type 2 diabetic patients (Figure 2A through 2D), similar to those found in the pancreas of type 2 diabetic patients (Figure 2F). Amylin plaques (Figure 2A, 2C, and 2D) and fibrillar tangles (Figure 2B) are scattered through the entire heart. Amylin deposits are often seen at sites with myocyte multinucleation, variation in nuclear size and infiltrating cells, which usually occur with fibrotic and infiltrative diseases. In contrast, sections from normal hearts (Figure 2E) do not show amylin deposition and structural abnormalities. To quantify the extent of amylin deposition in large plaques and fibrils, pellets from heart protein homogenates were treated with formic acid and guanidine hydrochloride to partially break down the amylin oligomers. Dot blots showed significantly increased amylin levels (Online Figure II), indicating that...
fragmenting of large amylin aggregates enhanced detection by the anti-amylin antibody. This also implies that blots exhibiting higher order oligomers (Figure 1) probably underestimate the amount of amylin in these aggregates.

**Human But Not Rat Amylin Alters Cardiac Myocyte Structure and Function Ex Vivo**

Amylin oligomers elevate [Ca\(^2+\)]\(_i\) in pancreatic β-cells leading to cellular dysfunction and apoptosis.\(^{37}\) Similarly, β-amyloid oligomers induce neuron dysfunction and death in Alzheimer disease through a mechanism involving increased [Ca\(^2+\)].\(^{20,24,25}\) Thus, we examined Ca\(^2+\) cycling in cardiac myocytes incubated with exogenous amylin oligomers. Rat cardiac myocytes were incubated for \(\approx\)2 hours with 5 or 50 μmol/L exogenous human (amyloidogenic) or rat (nonamyloidogenic) amylin. Electron microscopy showed that at 50 μmol/L and 2 hours of incubation time, human but not rat amylin forms oligomers (Online Figure III); 50 μmol/L human amylin significantly increased Ca\(^2+\) transient amplitude (Figure 3A and 3C). In contrast, same concentration of nonamyloidogenic rat amylin had only a modest, not significant effect (Figure 3B). Incubation with either human or rat amylin (50 μmol/L) did not alter Ca\(^2+\) transient decay and diastolic [Ca\(^2+\)]. (Online Figure IV). This suggests that amylin does not directly affect SERCA function.

To determine if amylin oligomers elevate [Ca\(^2+\)]\(_i\), by increasing sarcolemmal Ca\(^2+\) permeability, we measured the effect of human amylin oligomers on the passive sarcolemmal Ca\(^2+\) leak. We measured the initial rate of [Ca\(^2+\)]\(_i\) decline on reducing [Ca\(^2+\)]\(_o\) from 1–0 mmol/L, with the SR, Na\(^+\)/Ca\(^2+\) exchanger and sarcolemmal Ca\(^2+\)-ATPase blocked (Figure 3D). Trans-sarcolemmal Ca\(^2+\) leak was significantly larger in myocytes preincubated with 50 μmol/L human amylin versus control (Figure 3E), suggesting alteration of sarcolemmal processes. Incubation of isolated myocytes with fluorescent human amylin showed that amylin attaches to the sarcolemma (Online Figure V, B). Human amylin monomers, dimers, and trimers were present in lysates of myocytes preincubated with 50 μmol/L human amylin (Online Figure V, A), in agreement with human amylin attachment to sarcolemma. Thus, amylin oligomers attach to sarcolemma and raise cellular Ca\(^2+\) load in cardiac myocytes, an effect generated also in neurons\(^{25}\) and pancreatic β-cells.\(^{26,37}\)

**Cardiac Amylin Accumulation Alters Ca\(^2+\) Cycling in HIP Rats**

To test whether in vivo cardiac accumulation of human amylin affects Ca\(^2+\) cycling, we used prediabetic HIP rats. Age-matched, prediabetic UCD-T2DM rats expressing only the native, nonamyloidogenic rat amylin were used as negative control. Using prediabetic rats has the advantage that one can dissociate the effect of cardiac amylin accumulation from other confounding factors that affect cardiac Ca\(^2+\) cycling during late diabetes.\(^{7,38,39}\) Immunohistochemistry (Figure 4A) and dot blots (Figure 4B) with an anti-amylin antibody that recognizes both human and rat amylin (the latter with higher avidity) show that amylin significantly accumulates only in HIP rat hearts. Western blots on left ventricular homogenates and cardiac myocyte lysates from HIP rats (Figure 4C) show amylin multimers similar to those detected in humans (Figure 1A through 1C) in all groups. These data indicate that amylin oligomer accumulation in HIP rat hearts starts from prediabetes. The presence of amylin oligomers in cardiac myocyte lysates suggests that they attach to sarcolemma and/or enter the myocytes.

To test whether cardiac amylin accumulation affects myocardial insulin responsiveness, we compared the activation status of Akt and GSK-3β, key components of the cardiac insulin signaling pathway, in HIP, littermate control, and UCD-T2DM rats. For this test, HIP and UCD-T2DM rats were matched for age and nonfasting blood glucose level (Figure 4D). The ratio between basal levels of phosphorylated Akt and total Akt is not statistically different among the three groups (Figure 4E and 4F). Whereas insulin stimulation significantly increased the phosphorylation of Akt in all rats,
no statistical difference among HIP, UCD-T2DM, and control rat groups was observed (Figure 4E). GSK-3β displays a similar response to stimulation by insulin (Online Figure VI).

Cardiac amylin accumulation in prediabetic HIP rats alters myocyte Ca\(^{2+}\) cycling (Figure 5). At low stimulation frequencies, Ca\(^{2+}\) transient amplitude is significantly larger (4.7±0.5 versus 3.5±0.3 at 0.5 Hz) in myocytes from prediabetic HIP rats versus control rats (Figure 5A and 5D). In contrast, cardiac myocytes from age-matched, prediabetic UCD-T2DM rats show no change in Ca\(^{2+}\) transient amplitude (Figure 5G and Online Figure VII). Thus, cardiac amylin accumulation may be the cause for the larger Ca\(^{2+}\) transient amplitude in prediabetic HIP rats, in agreement with our results using exogenous human amylin oligomers (Figure 3). Different from littermate controls, the amplitude of Ca\(^{2+}\) transients in myocytes from prediabetic HIP rats decreases with increasing the stimulation frequency (negative staircase), so that at 2 Hz the amplitude is similar to that recorded in control rats (Figure 5B and 5D). This is probably due to deficiencies in Ca\(^{2+}\) reuptake into the SR. Indeed, Ca\(^{2+}\) transient decline, which is mostly due to SR Ca\(^{2+}\) reuptake via the SR Ca-ATPase (SERCA), is significantly slower in prediabetic HIP rats versus control (τ=0.71±0.07 versus 0.55±0.04 s at a stimulation rate of 0.5 Hz; Figure 5C and 5E). In contrast, Ca\(^{2+}\) transient decay remains unchanged in myocytes from age-matched, prediabetic UCD-T2DM rats (Figure 5H). Despite slower Ca\(^{2+}\) transient relaxation, the SR Ca\(^{2+}\) load, assessed as the amplitude of Ca\(^{2+}\) transient produced by 10 mmol/L caffeine, is similar in myocytes from control and prediabetic HIP rats placed at 2 Hz (ΔF/F\(_0\)=8.5±0.4 versus 8.6±0.5). However, the slower Ca\(^{2+}\) transient relaxation in prediabetic HIP rats results in elevated diastolic [Ca\(^{2+}\)], at higher pacing rates (Figure 5B and 5F).

Diastolic [Ca\(^{2+}\)] was unaffected in prediabetic UCD-T2DM rats (Figure 5I). Similar to myocytes incubated with human amylin, the sarcolemmal Ca\(^{2+}\) leak was significantly larger in prediabetic HIP rats versus control (41.6±4.5 versus 29.2±2.4 ×10\(^{-4}\) ΔF\(_{340/380}\) s\(^{-1}\), P<0.05). We infer that amylin oligomers can acutely increase Ca\(^{2+}\) leak into myocytes, causing elevated diastolic [Ca\(^{2+}\)] and Ca\(^{2+}\) transients, but that reduced SERCA function may be a longer-term effect, as in heart failure.

HDAC and NFAT Translocation in Prediabetic HIP Rats and Myocytes Incubated With Human Amylin

Larger Ca\(^{2+}\) transients and elevated diastolic [Ca\(^{2+}\)], may activate Ca\(^{2+}\)-dependent hypertrophic signaling, such as CaMKII-HDAC and calcineurin-NFAT pathways.\(^{40,41}\) High [Ca\(^{2+}\)] activates CaMKII, which phosphorylates HDAC. Normally, HDAC represses transcriptional activation. However, HDAC phosphorylation causes its export from the nucleus, which activates hypertrophic gene expression. In the calcineurin-NFAT pathway, on activation by Ca\(^{2+}\)/calmodulin, calcineurin dephosphorylates NFAT, causing NFAT import into the nucleus, which activates hypertrophic gene transcription. Using immunofluorescence, we found lower nuclear-to-cytosolic ratio of HDAC4 in myocytes from prediabetic HIP versus littermate controls (Figure 6A and 6C), indicating nuclear HDAC export. In contrast, the nuclear-to-cytosolic ratio of NFATc4 is elevated in prediabetic HIP rats (Figure 6B and 6D), suggesting the nuclear import of NFAT. Thus, both CaMKII-HDAC and calcineurin-NFAT hypertrophic pathways may be activated in prediabetic HIP rats.

NFATc4 was also translocated to the nucleus in control isolated rats myocytes incubated with 50 μmol/L human amylin for 2 hours (Online Figure VIII). At this concentration, human amylin forms oligomers and fibrils and elevates
Ca\(^{2+}\) transients, as discussed in above. The distribution of HDAC4 was not altered by this acute amylin exposure (Online Figure VIII). We conclude that Ca\(^{2+}\)-dependent nuclear signaling initiated by amylin oligomers is capable of inducing hypertrophic transcriptional effects.

**Cardiac Amylin Accumulation Accelerates Cardiac Hypertrophy and Remodeling**

Elevated natriuretic peptide levels are thought to reflect cardiac dysfunction and have been used as a “biomarker” of cardiac hypertrophy.\(^{42,43}\) We found that the level of brain natriuretic peptide (BNP) is elevated (by 100\(\pm\)30\%) in hearts from prediabetic HIP rats versus littermate controls and further increases with diabetes development (Figure 6E). This suggests hormonal alterations specific to the onset of cardiac hypertrophy in HIP rats. In contrast, the BNP level is not altered in prediabetic UCD-T2DM rats (Online Figure IX, A). Of note, a previous study found that external human amylin induces hypertrophy in isolated cardiac myocytes.\(^{44}\) However, the heart weight/body weight ratio in prediabetic HIP rats (2.72\(\pm\)0.22 g) versus control rats (2.71\(\pm\)0.2 g) did not change, showing the lack of overt cardiac hypertrophy in this early disease state. Activation of Ca\(^{2+}\)-dependent transcriptional pathways may also alter the transcription of key Ca\(^{2+}\) transport and regulatory proteins, which cause further alterations in Ca\(^{2+}\) cycling. Thus, we measured the protein expression of SERCA, phospholamban (the endogenous SERCA inhibitor), and Na\(^+/\)Ca\(^{2+}\) exchanger, the main Ca\(^{2+}\) extrusion pathway in HIP rats (Figure 6F). We found that SERCA expression is reduced by 20% and 30% in prediabetic and diabetic HIP rats, respectively (Figure 6F). In contrast, SERCA expression was unchanged in prediabetic UCD-T2DM rats (Online Figure IX, B). Protein expressions of phospholamban and Na\(^+/\)Ca\(^{2+}\) exchanger are unaltered in prediabetic HIP rats (Figure 6F).

**Prediabetic HIP Rats Show Diastolic Dysfunction**

To determine how amylin accumulation affects cardiac function, we performed in vivo echocardiography and hemodynamic measurements on prediabetic HIP rats (Table). We found significantly slower relaxation (reduced \(\text{dP/dt}_{\text{min}}\) values) in prediabetic HIP rats versus control. This suggests that cardiac amylin oligomer accumulation may accelerate the occurrence of heart dysfunction, particularly diastolic dysfunction, a typical sign of diabetic cardiomyopathy.\(^{2-10,38,39}\) Furthermore, the left ventricular end diastolic volume is increased in prediabetic HIP rats, which, combined with the unchanged fractional shortening, suggests dilation of the heart (Table).

**Discussion**

We found significant accumulation of large amylin oligomers (>octamers, Figure 1A, 1B, and 1F), fibrillar tangles (Figure
of type 2 diabetes,13,14,31,45,46 may also be causally implicated in pancreatic dysfunction (Figure 4E and 4F) but lack amylin deposition (Figure 4A through 4C) starting also in prediabetes. In prediabetic HIP rats, the interaction of amylin oligomers with cardiac myocytes results in larger sarcolemmal Ca\(^{2+}\) leak and Ca\(^{2+}\) transients (Figure 5A and 5D) leading to activation of Ca\(^{2+}\)-mediated hypertrophic pathways (Figure 6A through 6D), pathological heart remodeling (Figure 6E and 6F), and diastolic dysfunction (Figure 5E and 5F and the Table). In contrast, UCD-T2DM rats, which are matched for age, blood glucose level (Figure 4D), and myocardial insulin responsiveness (Figure 4E and 4F) but lack amylin deposition (Figure 4A and 4B), have normal cardiac structure (Figure 4A and 4B) and function (Figure 5G through 5I). These results suggest that cardiac dysfunction in HIP rats is most likely an amylin-mediated effect. Hence, hyperamylinemia and consequent amylin deposition, a toxic effect generally assumed to contribute to pancreatic β-cell dysfunction and development of type 2 diabetes,13,14,31,45,46 may also be causally implicated in cardiac dysfunction.

**Pathologically Important Form of Amylin**

Conditions underlying amylin oligomerization13–15,45,46 and proteotoxicity21,22 are complex and only poorly understood. Amyloidogenicity of human amylin promotes the attachment to the sarcolemma (Online Figure V, B) and oligomer formation, 2 apparently independent processes. Small oligomers develop rapidly at the sarcolemma, for example, in prediabetic HIP rat hearts (Figure 4C). These results suggest that the oligomers may be the pathologically important forms of amylin. Amylin oligomerization at the sarcolemma may act as seeds for further amyloid growth. Fibril growth at the membrane amplifies structural alteration of the membrane22 and Ca\(^{2+}\) dysregulation, aggravating the deleterious effects in the heart. This might be the case for the large amylin oligomers in the 32- to 64-kDa size range that are abundant in failing hearts from diabetic and obese patients (Figure 1A, 1B, and 1F) and in HIP rat hearts (Figure 4C).

There is increasing support for the toxic oligomer hypothesis in amyloid-related diseases,20–28 including cardiomyopathies caused by other amyloidogenic proteins that infiltrate the heart, for example, transthyretin, immunoglobulin light...
chain, and serum amyloid. Data suggest that the infiltration of amyloidogenic proteins in the heart may induce cardiotoxicity even before amyloid fibril formation. Moreover, intracellular accumulation of amyloid oligomers, such as those formed by polyglutamine or presenilin, induced cytotoxicity and heart failure in mice. Presenilin oligomers coimmunoprecipitated with SERCA and altered Ca\(^{2+}\) handling. Our data from human and HIP rat hearts suggest that amylin oligomer accumulation in the heart, which is an outside-inside cardiac event, is cardiotoxic and may represent an early pathogenic mechanism linking type 2 diabetes with cardiac dysfunction.

Cardiac Amylin Accumulation and Altered Myocyte Ca\(^{2+}\) Cycling

Our data show that the primary effect of cardiac amylin oligomer accumulation is an increase in myocyte Ca\(^{2+}\) and Ca\(^{2+}\) transients (schematic in Figure 7). This effect was observed both in cardiac myocytes exposed acutely to human amylin and in prediabetic HIP rats, which accumulate amylin oligomers in the heart but not in prediabetic UCD-T2DM rats that express only nonamyloidogenic rat amylin and thus lack cardiac oligomeric amylin accumulation. Such an effect agrees well with previous data showing that the toxicity associated with amyloidogenic proteins is mediated by an initial increase in [Ca\(^{2+}\)]. Whereas the mechanisms underlying the increase of [Ca\(^{2+}\)] are not fully elucidated, our data suggest that an augmented passive transsarcolemmal Ca\(^{2+}\) flux is partly responsible. Amylin oligom-

Table. Echo and Hemodynamic Parameters in Prediabetic HIP Rats (n=6) Versus Control (n=10)

<table>
<thead>
<tr>
<th></th>
<th>Control</th>
<th>HIP</th>
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<tbody>
<tr>
<td>Heart rate, bpm</td>
<td>208±14</td>
<td>231±17</td>
</tr>
<tr>
<td>Fractional shortening, %</td>
<td>66.7±3.4</td>
<td>57.8±2.8</td>
</tr>
<tr>
<td>LVEDD, mm</td>
<td>6.4±0.3</td>
<td>7.2±0.2*</td>
</tr>
<tr>
<td>dP/dt(_{max}), mm Hg/s</td>
<td>7277±247</td>
<td>6597±672</td>
</tr>
<tr>
<td>−dP/dt(_{min}), mm Hg/s</td>
<td>6237±411</td>
<td>4822±344*</td>
</tr>
<tr>
<td>LV(_{max}) systolic pressure, mm Hg</td>
<td>107±2</td>
<td>99±3*</td>
</tr>
<tr>
<td>LV end-diastolic pressure, mm Hg</td>
<td>6.8±0.8</td>
<td>5.8±1.4</td>
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LVEDD indicates left ventricular end-diastolic diameter.
Amylin Oligomers

- Ca transients
- Alterations in function and/or expression of proteins involved in cardiac Ca2+ cycling by impairing Ca2+ transient relaxation, which leads to negative force-frequency relationship (Figure 5D)
- Impaired Ca2+ transient relaxation and elevated diastolic Ca2+ (Figure 5F)
- Slower Ca2+ transient relaxation and elevated diastolic Ca2+ (Figure 6E)

Figure 7. Proposed mechanism for amylin oligomer-induced cardiac dysfunction. Amylin oligomers elevate Ca2+ transients, which results in activation of Ca2+-dependent CaMKII-HDAC and calcineurin-NFAT transcriptional regulation/hypertrophic pathways. This may reduce SERCA expression, which further alters myocyte Ca2+ cycling by impairing Ca2+ transient relaxation leading to higher diastolic [Ca2+]. Impaired Ca2+ transient relaxation and elevated diastolic Ca2+ (Figure 5F), may further activate the Ca2+-dependent transcriptional regulation/hypertrophic pathways (positive feedback) and cause diastolic dysfunction in HIP rats. With the advancement of the disease, reduced SERCA function may cause SR unloading, consequent reduction in Ca2+ transient amplitude, and systolic dysfunction.

Systolic dysfunction

**References**


Novelty and Significance

What Is Known?
- Patients with obesity and insulin resistance have elevated circulating levels of amylin, an amyloidogenic hormone coexpressed and cosecreted with insulin by pancreatic β-cells.
- At increased concentrations, amylin readily form amyloids, which are cytotoxic and contribute to the development of type 2 diabetes.
- The most toxic species of amylin amyloids are the soluble oligomers, which attach to cellular membranes causing Ca²⁺ dyshomeostasis, cell dysfunction, and apoptosis.

What New Information Does This Article Contribute?
- Amylin oligomers accumulate in the heart and are associated with cardiac failure in patients with obesity and type 2 diabetes.
- Amylin oligomer buildup in the heart of rats transgenic for human amylin is linked to myocyte Ca²⁺ dysregulation, pathological cardiac hypertrophy and remodeling, and diastolic dysfunction. Our data suggest that cardiac amylin accumulation accelerates the onset of diabetic cardiomyopathy. Obesity and insulin resistance increase the risk for both type 2 diabetes and cardiac disease; but the underlying mechanisms remain poorly understood. In addition to hyperglycemia and dyslipidemia, patients with obesity and insulin resistance present also hyperinsulinemia and hyperamylinemia. Whereas the hyperinsulinemic response prevents a large fraction of insulin resistant patients from developing type 2 diabetes, the coincident hyperamylinemia leads to proteotoxicity and amyloid deposition in pancreatic islets. We show that amylin oligomers, fibrils and plaques also accumulate in failing hearts from obese and diabetic patients, but not in nonfailing hearts and failing hearts from lean, nondiabetic humans. Using rats transgenic for human amylin, we show that cardiac amylin oligomer accumulation causes myocyte Ca²⁺ dysregulation, activation of Ca²⁺-dependent pathological cardiac hypertrophy and remodeling, and diastolic dysfunction. The present results show for the first time that amylin oligomers are a direct pathogenic link between pancreatic and cardiac disorders and an independent contributor to the multifactorial pathogenesis of diabetic cardiomyopathy. We propose that detection and disruption of cardiac amylin buildup may be a predictor of myocardial dysfunction and a novel therapeutic target in diabetic cardiomyopathy.
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Detailed Methods

**Human tissue specimens**
Heart specimens were obtained at the time of orthotopic heart transplantation at the Hospital of University of Pennsylvania (for failing hearts) or organ donation (for non-failing hearts) in accordance with the Institutional Review Board approval. Inclusion in tissue-based studies was not restricted on the basis of age, gender, race or ethnic status. Heart failure etiology, body mass index (BMI), age, gender and state of diabetes with respect to dependence on insulin and/or oral hypoglycemic agents of all cases studied here are summarized in the Supplemental Table.

Human heart tissues were divided in pathologically distinct groups as follows. DM-HF represents the group of failing hearts (HF) from patients with overt type-2 diabetes (DM) pre-transplantation (N=25). Both ischemic (ICM) and congestive (DCM) failing hearts were included in the study (Table). With few exceptions, patients in this group were either overweight, i.e. 25 ≤ BMI <30, (N=7) or obese, i.e. BMI ≥30, (N=14), at the date of heart transplant. Some patients in this group were in an advanced stage of diabetes, as they received insulin (N=17). No patient included had a history of ketoacidosis. Other patients in the diabetes group received oral hypoglycemic agents alone (N=6), prior to heart transplant. OW/OB-HF stands for failing hearts from overweight/obese (OW/OB) patients, i.e. BMI ≥25, (N=8). Patients in this group presented severely impaired glucose tolerance in response to steroid exposure at the time of heart transplant and developed overt diabetes within 1 year post-transplantation. The OW/OB-NF group (N=8) includes non-failing hearts (NF) from overweight/obese individuals. Heart samples from lean (L), healthy patients without heart failure, i.e. the L-NF group (N=5), and from lean patients with heart failure but no diabetes, i.e. the L-HF group (N=7), served as controls. The L-HF group corresponds to patients with advanced chronic HF of variable duration (range 0.5 to 8 years) and included both individuals with ischemic and nonischemic etiologies for their HF, as shown in Supplemental Table 1.

**Experimental Animals**
Animal studies were approved by the University of California, Davis Animal Research Committee. Because rodent amylin is not amyloidogenic and rodents do not accumulate amylin amyloids (1), most rodent models are not adequate for this study. We used Sprague-Dawley rats that express human amylin in the pancreatic β-cells on the insulin II promoter (HIP rats) (2). HIP rat breeding pairs were kindly provided by Pfizer. These rats show amylin deposits in pancreatic islets and gradual decline in β-cell mass leading to impaired fasting glucose at 5 months of age and diabetes by 10 months of age (3). As negative controls, we used obese, insulin resistant rats expressing only the native, non-amyloidogenic rat amylin isoform, which does not form amyloids (UCD-T2DM rats) (4-7). The UCD-T2DM rat model was obtained by breeding obese Sprague-Dawley rats with Zucker Diabetic Lean rats that have inherent β-cell defects (4). UCD-T2DM rats exhibit hyperinsulinemia associated with insulin resistance prior to the onset of diabetes (4), similar to HIP rats and humans (2). The model was used for studies of pharmacological and surgical prevention and treatment of type-2 diabetes (5-7). Both HIP and UCD-T2DM rats develop diabetes on a similar time scale, as shown by longitudinal measurements of the pancreatic secretory function reported previously (2-4). In the present study, we used age matched HIP and UCD-T2DM rats in the pre-diabetic state, i.e. non-fasting (random) blood glucose level <200 mg/dl. Pre-diabetic male HIP (N=17) and UCD-T2DM
(N=19) rats were used for experiments. Wild-type littermates (N=16) served as non-diabetic controls for HIP rats. Age-matched SD rats (N=13, Charles Rivers Laboratory) were controls for UCD-T2DM rats.

**Immunochemistry**

Left ventricular tissue was homogenized in homogenization buffer containing 10 mmol/L Tris-HCl, pH 7.4, 150 mmol/L NaCl, 0.1% sodium dodecyl sulfate, 1% TritonX-100, 1% sodium deoxycholate, 5 mmol/L EDTA, 1 mmol/L NaF, 1 mmol/L sodium orthovanadate and protease and phosphatase inhibitor cocktail (Calbiochem). Isolated cardiac myocytes were lysed in lysis buffer containing 1% NP-40, 150 mM NaCl, 10 mM Tris-HCl, 2 mM EGTA, 50 mM NaF and protease and phosphatase inhibitor cocktail (Calbiochem). Blood samples were centrifuged at 3500 rpm to remove cellular components. Human samples were incubated with Protein A-coated magnetic beads (Invitrogen) for 6 hours to remove IgG, a possible source of cross-reactivity. Standard Western blot and dot blot experiments were performed. The following primary antibodies were used: polyclonal anti-amylin antibody (Peninsula) that recognizes both human amylin and rat amylin, polyclonal anti-BNP (Millipore), anti-SERCA monoclonal (clone 2A7-A1 from ABR), monoclonal anti-phospholamban (Badrilla) and polyclonal anti-Na/Ca exchanger (Millipore). For heart samples, equal loading was verified by re-probing with anti-GAPDH. Signal intensity analysis was performed in Image J. For each gel, we averaged the signal intensity of the corresponding bands for the control samples. Then, we normalized the signal intensity in all lanes to this average. This procedure was repeated on at least four gels and for each sample the normalized signal intensity was averaged. In the end, we calculated averages over all the groups used.

Immunohistochemistry was done on thin section from paraffin blocks using the same anti-amylin antibody and biotinylated goat anti-rabbit IgG (Vector) as the secondary antibody.

**Cardiac insulin signaling**

To determine the insulin responsiveness of the heart, rats were fasted overnight, injected (I.P.) with insulin (10 μU/g body weight) or saline, and sacrificed 10 min after injection. Hearts were excised quickly and frozen in liquid nitrogen. Immunoblots were performed on heart homogenates with phospho-Akt-Ser473, total Akt1/2, phospho-GSK3β-Ser9 and total GSK3β (Cell Signaling Danvers, MA). After gel electrophoresis, proteins were transferred on PVDF membranes, blocked and probed with primary antibodies against phospho-Akt-Ser473 or phospho-GSK3β-Ser9. After developing, membranes were stripped and re-probed with antibodies against total Akt and total GSK3β, respectively.

**Cardiac myocyte isolation**

Rats were anesthetized by I.P. injection of Nembutal (~1 mg/g) and hearts were excised quickly, placed on a Langendorff perfusion apparatus and perfused with 1 mg/ml collagenase (8). When the heart became flaccid, the left ventricular tissue was cut into small pieces, filtered and [Ca] in the cell suspension was progressively increased to 1 mM (8). The standard Tyrode’s solution used in these experiments contained (in mM): 140 NaCl, 4 KCl, 1 MgCl2, 10 glucose, 5 HEPES and 1 CaCl2 (pH=7.4). All experiments were done at room temperature (23-25°C).

**Intracellular Ca²⁺ measurements**

Myocytes were plated on laminin-coated coverslips, mounted on the stage of a fluorescence microscope and loaded with Fura-AM or Fluo4-AM (10 μmol/L, for 35 min for both). Fura was alternately excited at 340 (F₃₄₀) and 380 nm (F₃₈₀) and emission was collected at 510±20 nm. Fluo-4 was excited at 488 nm and fluorescence collected at 535±30 nm. Data collected with
Fura-2 are expressed as the $F_{340}/F_{380}$ ratio and Fluo4 data are expressed as $F/F_0$, where $F_0$ is the fluorescence signal in resting myocytes. Ca$^{2+}$ transients were elicited by stimulation with external electrodes at frequencies between 0.2 and 2 Hz. The passive trans-sarcolemmal Ca$^{2+}$ leak was measured as the initial rate of $[\text{Ca}^{2+}]_i$ declines upon reducing external Ca$^{2+}$ from 1 to 0 mM. Ca$^{2+}$ fluxes to and from the SR were blocked by pre-treating the cells with 10 µM thapsigargin for 10 min whereas the Na/Ca exchanger and sarcolemmal Ca$^{2+}$-ATPase were abolished by using 0Na$^+$/0Ca$^+$ solution (Na$^+$ replaced with Li$^+$) and adding 20 µM carboxyeosin, respectively.

**Activation of Ca$^{2+}$-dependent hypertrophic pathways**

Activation of Ca$^{2+}$/calmodulin-dependent protein kinase II-histone deacetylase (HDAC) and calcineurin- nuclear factor of activated T cells (NFAT) hypertrophic pathways was examined by determining the nuclear vs. cytosolic localization of HDAC4 and NFATc4 in cardiac myocytes. Cells freshly isolated from pre-diabetic HIP and age-matched WT rats were plated on laminin-coated coverslips, fixed with paraformaldehyde, permeabilized with 0.2% Triton-100, blocked with 2% goat serum and labeled with polyclonal primary antibodies against HDAC4 and NFATc4 (Santa Cruz Biotechnology). Anti-rabbit Alexa Fluor 488 was used as secondary antibody and fluorescence images were collected with a laser scanning confocal microscope. The ratio of the average fluorescence signal in the nucleus vs. cytosol was calculated with Image J.

**In vivo echocardiography and hemodynamics**

The rats were anesthetized with 50 mg/kg ketamine and 5 mg/kg xylazine, their chests were shaved, and an echocardiogram was done (Acuson, Sequoia model C512, 15-MHz probe) (9). Two-dimensional imaging was used to identify the short-axis position. Three consecutive m-mode images were collected in the short-axis view and saved for analysis of chamber size and fractional shortening. In an animal subset, while the rat was under anesthesia, a carotid artery catheter was passed into the left ventricle to assess pressure/volume loops (9). Fractional shortening, heart rate, ventricular pressure, cardiac output, $dP/dt$, stroke work and pressure/volume loops were measured.

**Electron microscopy**

To visualize the nature of the molecular entities formed by human and rat amylin at 50µM peptide concentration in serum, aliquots of each aggregation reaction were imaged by a Philips CM 12 electron microscope (10). The aliquots were deposited onto freshly glow-discharged carbon films. The carbon films were supported by lacy Formvar/carbon films on 200-mesh copper grids. Small sample drops were allowed to sit for 2 min on the carbon surfaces, and then excess fluid was blotted away. The carbon surfaces were then rinsed by applying 5-µL drops of deionized water for 1 min to remove the buffer. Finally, the samples were negatively stained by applying 5 µL of 1% uranyl acetate for 1 min. Electron microscopy images were recorded at 26,000× magnification.

**Statistical Analysis**

Data are expressed as mean ± SEM. Statistical discriminations were performed using two-tailed unpaired Student’s t test, with $P < 0.05$ considered significant. One way analysis of variance (ANOVA) with the Dunnett post hoc test was used when comparing multiple groups.
Online Figure I.
Negative control experiments aimed at testing the specificity of the bands identified in Western blot analysis in Fig 1. Duplicate samples were loaded onto a gel and after blotting and blocking, the membrane was cut and one half was incubated with the anti-amylin antibody while the other half was incubated in the absence of a primary antibody. Both halves were then incubated with the secondary antibody and developed and imaged together. The supplemental figure shows that there is no cross-reactivity with the secondary antibody.
Online Figure II
To estimate the amylin content in insoluble fractions from human heart protein homogenates, pellets were treated with formic acid, freeze dried and then the resulting powders were re-suspended in guanidine hydrochloride. Dot blots with an anti-amylin antibody (A) showed significantly increased amylin levels in post-treatment versus pre-treatment samples (B). (P = 0.02, Student’s t-test.) The test suggests that large amylin aggregates fragmented into small oligomers that were recognized by the anti-amylin antibody.
Online Figure III
Electron microscopy of amylin oligomer formation in serum. Electron microscopy images show that 50 μM *human* amylin incubated in serum for 1h has a faster oligomerization reaction than *rat* amylin and forms oligomers and protofibrils (arrow). Oligomerization of *human* amylin resulted in a marked rise in Ca$^{2+}$ transient amplitude (see Fig.3).
Online Figure IV
Ca$^{2+}$ transient decay (A) and diastolic [Ca$^{2+}$]$_i$ (B) in control rat myocytes (Ctl) and myocytes pre-incubated for 1-2 hours with 50 µM human (h-amylin) or rat amylin (r-amylin).
Online Figure V

Human amylin attaches to cardiac myocyte sarcolemma.

(A) Isolated rat myocytes were incubated with 50 µmol/L human amylin (+) or with PBS (−) for 2 h at room temperature. Myocytes were then washed with PBS, lysed and immunoblots were performed with an anti-amylin antibody. The results show the presence of human amylin monomers, dimers and trimers in the group treated with human amylin. (B) Isolated rat myocytes were plated on glass coverslips and incubated with 20 µmol/L of fluorescent FAM-human amylin (AnaSpec) for 2 h. Myocytes were then washed and confocal fluorescence images were recorded. Data show fluorescence staining of the sarcolemma, indicating that human amylin binds to the myocyte membrane.
Online Figure VI
GSK-3β phosphorylation in hearts from pre-diabetic HIP and UCD-T2DM rats and littermate controls under basal conditions (0 insulin) and following stimulation with insulin (10 mU/g body weight). Representative example and mean values for the ratio between phosphorylated and total GSK-3β. N=3 rats for each group.
Online Figure VII
Representative Ca$^{2+}$ transients in myocytes from control (Ctl) and pre-diabetic (PD) UCD-T2DM rats paced at 0.5 Hz and 2 Hz.
Online Figure VIII
Nuclear import of NFAT and unchanged HDAC distribution in rat myocytes incubated with 50 µmol/L human amylin for 2 h.
The top panels show representative images from control myocytes (untreated) and cells incubated with human amylin (H-amylin). The bottom panels show the quantification of the nuclear-to-cytosolic ratio for HDAC4 and NFATc4. Experiments were done on more than 12 cells for each group.
Online Figure IX
BNP and SERCA levels in hearts from UCD-T2DM rats.
(A) BNP level is elevated in hearts from diabetic but not in pre-diabetic UCD-T2DM rats. (B) SERCA expression is unchanged in hearts from pre-diabetic UCD-T2DM rats. Ctl – 5 hearts; PD – 5 hearts, DM – 5 hearts.
**Online Table I.** Heart failure etiology, gender, age, BMI, and state of diabetes with respect to hyperglycemia and dependence of insulin and/or hypoglycemics for all patients from who heart tissue was used in this study.

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