UltraRapid Communication

Calcium Dynamics in Cortical Astrocytes and Arterioles During Neurovascular Coupling

Jessica A. Filosa, Adrian D. Bonev, Mark T. Nelson

Abstract—Neuronal activity in the brain is thought to be coupled to cerebral arterioles (functional hyperemia) through Ca\(^{2+}\) signals in astrocytes. Although functional hyperemia occurs rapidly, within seconds, such rapid signaling has not been demonstrated in situ, and Ca\(^{2+}\) measurements in parenchymal arterioles are still lacking. Using a laser scanning confocal microscope and fluorescence Ca\(^{2+}\) indicators, we provide the first evidence that in a brain slice preparation, increased neuronal activity by electrical stimulation (ES) is rapidly signaled, within seconds, to cerebral arterioles and is associated with astrocytic Ca\(^{2+}\) waves. Smooth muscle cells in parenchymal arterioles exhibited Ca\(^{2+}\) and diameter oscillations (“vasomotion”) that were rapidly suppressed by ES. The neuronal-mediated Ca\(^{2+}\) rise in cortical astrocytes was dependent on intracellular (inositol trisphosphate [IP\(_3\)]) and extracellular voltage-dependent Ca\(^{2+}\) channel sources. The Na\(^{+}\) channel blocker tetrodotoxin prevented the rise in astrocytic Ca\(^{2+}\), and the suppression of Ca\(^{2+}\) oscillations in parenchymal arterioles to ES, indicating that neuronal activity was necessary for both events. Activation of metabotropic glutamate receptors in astrocytes significantly decreased the frequency of Ca\(^{2+}\) oscillations in parenchymal arterioles. This study supports the concept that astrocytic Ca\(^{2+}\) changes signal the cerebral microvasculature and indicate the novel concept that this communication occurs through the suppression of arteriolar Ca\(^{2+}\) oscillations in a timely and locally restricted manner. In the brain, this is accomplished by a rapid increase in local cerebral blood flow termed functional hyperemia. Blood flow to the brain is provided by extracerebral and intracerebral arteries/arterioles.

In general, extracerebral vessels are innervated by peripheral nerves (extrinsic innervation).21 On the other hand, parenchymal arterioles are primarily regulated by local interneurons and neuronal terminals from a central origin (intrinsic innervation).11,26 These arterioles are also regulated by the action of astrocytes and, to some extent, by peripheral nerves that penetrate the brain parenchyma.19

Astrocytes have been proposed to signal arterioles to dilate in response to increased neuronal activity.57,58 This attractive hypothesis has intensified the search for the mechanisms that underlie neurovascular coupling. Astrocytes respond to an increase in synaptic activity with a rise in [Ca\(^{2+}\)],1,12 which, in turn, travels to nearby vessels.17,57 This astrocytic Ca\(^{2+}\) wave appears to be an element that contributes to the vasodilatory response of cerebral arterioles to increased neuronal activity.57 However, in a recent study, an opposite response to astrocytic Ca\(^{2+}\) activation was observed in the cerebral microvessels. In response to the release of caged Ca\(^{2+}\) in astrocytes, microvessels without tone constricted.36 The vasoconstriction was attributed to the inhibition of Ca\(^{2+}\)-activated potassium channels by 20-hydroxyeicosatetraenoic acid (20-HETE).36 Furthermore, astrocytes have also been shown to synthesize and release a number of vasoactive substances such as NO,31,54 prostacyclins, epoxyeicosatrienoic acids (EETs), glutamate, adenosine, and ATP,3,23,31,56–58 making them potential candidates mediating neurovascular coupling. In addition to these potential signals, astrocytes have also been implicated in shunting K\(^{+}\) ions from areas of high concentration around the active synapse to areas of lower concentration around the astrocytic endfoot,41 to participate in functional hyperemia.4,42 Nonetheless, despite the growing cellular evidence for neurovascular coupling, a number of significant gaps in our understanding remain. First, rapid vasodilatory communication (≈1 to 2 seconds) from neurons to arterioles, which is expected and required during functional hyperemia,9 has not been demonstrated. Second, intracellular Ca\(^{2+}\) measurements in vascular smooth muscle cells (VSMCs) in the arterioles in response to increased neuronal activity are completely lacking.40

To examine neurovascular coupling in the brain, we developed an approach to simultaneously measure intracellular Ca\(^{2+}\) changes in astrocytes and parenchymal arterioles in brain slices with relative high temporal and spatial resolution. Using this approach, we detected Ca\(^{2+}\) oscillations in indi-
vidual myocytes in these arterioles. On neuronal stimulation, Ca\(^{2+}\) oscillations in the arterioles were suppressed within the period of one Ca\(^{2+}\) oscillation (<2 seconds) in the arteriole and coincided with a Ca\(^{2+}\) wave through the adjacent astrocyte. Metabotropic glutamate agonists mimicked the effects of neuronal stimulation. These results support the concept that neurovascular coupling occurs rapidly, with the participation of Ca\(^{2+}\) signaling through astrocytes, to suppress Ca\(^{2+}\) oscillations and vasomotion in parenchymal arterioles.

**Materials and Methods**

**Slice Preparation**

Cortical slices were prepared from neonatal (P7–P10) and juvenile (>20 days old) Sprague-Dawley rats following reviewed and approved protocols by the Office of Animal Care Management at the University of Vermont. Whereas experiments conducted for Figures 1, 2, and 3 were performed from neonatal rat brain slices, the rest of the experiments were done in juvenile rats. The image resolution of astrocytic Ca\(^{2+}\) waves was superior in neonatal rats compared with older animals. The cortex was rapidly removed and placed onto a vibratome (Leica VT 1000S) used to cut 200-μm-thick coronal slices into artificial cerebrospinal fluid (aCSF; for composition, see below) at 4 °C to 6 °C. Slices were immediately incubated at room temperature in aCSF equilibrated with 95% O\(_2\)/5% CO\(_2\), pH 7.45, until needed.

**Ca\(^{2+}\) Imaging**

Ca\(^{2+}\) imaging was performed using the Solamere confocal scanning unit (QLC 100) in combination with a high-sensitivity, high-resolution camera (GEN IV ICCD). The confocal unit was attached to a Nikon microscope (Eclipse 600). Briefly, cortical slices were incubated at room temperature in aCSF containing 10 μmol/L Fluo-4 AM and pluronic acid (2.5 μg/mL). After a two- to three-hour incubation period, slices were washed and placed in aCSF (at room temperature) until needed. Using this loading protocol, we were able to visualize Ca\(^{2+}\) transients in astrocytes and VSMCs. In accordance with previous reports, under these conditions, neurons did not load sufficiently for Ca\(^{2+}\) detection.

**Electrical Stimulation**

Neuronal electrical stimulation (ES) was performed using either electrical field stimulation (EFS) or focal stimulation (FS). EFS was induced with a pair of platinum wires placed parallel to the brain slice (10 to 50 Hz; 0.3-millisecond pulses for 5 to 8 seconds). To verify that the responses observed in the slice preparation during EFS were also possible in response to a local stimulus, experiments were also performed using FS using a lower-voltage protocol. FS was conducted with a pair of concentric bipolar electrodes placed a few micrometers away from the vessel wall, and if possible, in the vicinity of a nearby astrocyte. The stimulation protocol (amount of voltage needed) varied depending on the distance between the electrodes and the cellular targets.

**Solutions**

The composition of the aCSF (in mmol/L): 5 KCl, 124 NaCl, 1.3 MgSO\(_4\), 26 NaHCO\(_3\), 1.24 KH\(_2\)PO\(_4\), 10 glucose, 2.4 CaCl\(_2\), and 400 μmol/L l-ascorbic acid, equilibrated with 95% O\(_2\)/5% CO\(_2\). Ascorbic acid was added to the solution to reduce cell swelling associated with oxidative stress.

**Drugs**

The metabotropic glutamate receptor (mGluR) antagonists (RS)-1-aminoindan-1,3-dicarboxylic acid (AIDA) and 2-methyl-6-(phenylethynyl)pyridine hydrochloride (MPEP) and the inositol trisphosphate (IP\(_3\)) receptor blocker 2-aminophosphonodiphenylborate (2-APB) were obtained from Tocris Cookson, and the mGluR agonist (±)-1-aminocyclopentane-trans-1,3-dicarboxylic acid (t-ACPD) was obtained from Sigma. All other drugs used were obtained from Sigma: thromboxane A\(_2\) receptor agonist 9, 11-dideoxy-11a, 9α-epoxymethanoprostaglandin F\(_{2\alpha}\) (U46619), tetrodotoxin (TTX), and nifedipine.

**Data Analysis**

Ca\(^{2+}\) image experiments were analyzed with custom software created by Dr Adrian D. Bonev in our laboratory. Fractional fluorescence (F/F\(_0\)) was determined by dividing the fluorescence intensity (F) within a region of interest (ROI) by a baseline fluorescence value (F\(_0\)) determined from 50 images showing no activity. The frequency of Ca\(^{2+}\) oscillations was determined by placing an ROI (10×10 pixels or 2.5×2.5 μm) on a cell showing Ca\(^{2+}\) oscillations. The number of peaks over a given time was automatically detected from oscillations crossing a set threshold value (>1.15 F/F\(_0\)).

**Statistics**

Data are expressed as mean±SEM. Differences between two means were determined using Student t test. Statistical significance was tested at 95% (P<0.05) confidence level.

**Results**

**Calcium Signaling in Astrocytes in Close Apposition to Parenchymal Arterioles**

Unlike extracerebral/pial and systemic arteries, parenchymal arterioles are surrounded by astrocytic processes (“endfeet”). Activated neurons release glutamate, which acts through mGluRs to stimulate phospholipase C activity and increase IP\(_3\) levels in nearby astrocytes. The resulting IP\(_3\) receptor (IP\(_3\)R)-mediated Ca\(^{2+}\) wave travels through the astrocyte to the endfoot, presumably signaling the parenchymal arterioles to dilate. We found that EFS leads to a rise in [Ca\(^{2+}\)], in several (∼3 to 5) astrocytes, imaged within the same optical field, that reached a peak in each case within a few seconds from each other (n=5; Figure 1A and 1B). On several occasions, we were able to detect the Ca\(^{2+}\) wave spread from the astrocytic soma to the endfoot along the vessel wall (supplemental Movies I and II, available in the online data supplement at http://circres.ahajournals.org). Figure 1 illustrates the short delay (<3 seconds) between [Ca\(^{2+}\)]\(_i\) peaking in the soma and the endfoot. It was not possible to determine whether the endfoot and soma correspond to the same astrocyte because they were often in different optical planes. Nevertheless, there was a clear delay between the rise in Ca\(^{2+}\) at the soma of astrocytes and along the vessel wall or endfoot (Figure 1; also see Figure 6). Repetitive EFS did not
Figure 1. Ca\(^{2+}\) transient in cortical astrocytes in response to EFS. A, Representative images from a cortical brain slice in response to EFS. The dashed line in the first image outlines a cerebral arteriole, whereas the arrowhead shows the position of nearby cortical astrocytes. EFS had already started in image 2 (6 seconds). B, Transient Ca\(^{2+}\) changes induced by EFS from the soma of three astrocytes (ROIs 1, 2, and 4) and from the endfeet along the vessel wall (ROIs 3, 5, and 6), the top right panel indicates the corresponding ROI. C, Representative Ca\(^{2+}\) changes from a cortical astrocyte in response to two EFSs.
change the profile of the rise in \( \text{Ca}^{2+} \) in cortical astrocytes (Figure 1C).

The EFS-induced rise in astrocytic \([\text{Ca}^{2+}]\) involved L-type voltage-dependent \( \text{Ca}^{2+} \) channels and IP\(_3\)Rs (Figure 2). The L-type \( \text{Ca}^{2+} \) channel blocker nifedipine (15 \( \mu \text{mol/L} \)) reduced the EFS-induced rise in \([\text{Ca}^{2+}]\), in the astrocytic soma and the endfoot by 51±10\% (\( n=11 \); three experiments) and 49±16\% (\( n=5 \); three animals), respectively (Figure 2A). These effects could reflect inhibition of L-type \( \text{Ca}^{2+} \) channels in the neurons and astrocytes.\(^{13533}\)

The rise in astrocytic \([\text{Ca}^{2+}]\), likely also involves activation of IP\(_3\)Rs.\(^{3543}\) Therefore, the effects of the IP\(_3\)R blocker 2-APB (100 \( \mu \text{mol/L} \)) were tested. This blocker caused a reduction in the EFS-induced rise in \([\text{Ca}^{2+}]\), in the astrocytic soma and endfoot by 55±13\% (\( n=6 \); three experiments) and 44±10\% (\( n=9 \); three animals), respectively (Figure 2B).

To verify that EFS-induced rise in \( \text{Ca}^{2+} \) indeed reflected a synaptically mediated event, we recorded \( \text{Ca}^{2+} \) changes in the presence of the \( \text{Na}^+ \) channel blocker TTX or synaptic blockade media (low extracellular \( \text{Ca}^{2+} \) [0.24 \( \text{mmol/L} \)] and EGTA [1 \( \text{mmol/L} \)]). The EFS-induced rise in \([\text{Ca}^{2+}]\), was significantly inhibited in the astrocyte soma 92±9\% (\( n=9 \); three animals) and along the vessel wall 63±16\% (\( n=9 \); three animals) in the presence of 1 \( \text{mmol/L} \) TTX. Similar results were obtained in the presence of synaptic blockade media (0.24 \( \text{mmol/L} \) \( \text{Ca}^{2+} \), 1 \( \text{mmol/L} \) EGTA), which inhibited the EFS-induced increase in \([\text{Ca}^{2+}]\), at the soma and along the vessel wall by 99±0.3\% (\( n=8 \); three animals) and 94±2\% (\( n=7 \); three animals), respectively (Figure 3A and 3B).

Calcium Dynamics in Parenchymal Arterioles

Intracellular \( \text{Ca}^{2+} \) signaling in parenchymal arterioles has a central role in functional hyperemia. We found that parenchymal arterioles in brain slices exhibit oscillations in intracellular \( \text{Ca}^{2+} \) (Figure 4; supplemental Movie III) and diameter (vasomotion) in the absence of exogenous agents (\( n=3 \)), a feature common to many types of vascular beds including the cerebral vasculature.\(^{1838}\) To maintain stable vasomotion and \( \text{Ca}^{2+} \) oscillations in parenchymal arterioles during the course of the experiments, a thromboxane \( \text{A}_2 \) agonist (U46619; 100 \( \mu \text{mol/L} \)) was included in the superfusate.\(^7\) Synchronized \( \text{Ca}^{2+} \) oscillations in individual myocytes from a single arteriole were also recorded in diameter oscillations (supplemental Movie III). \( \text{Ca}^{2+} \) oscillations were characterized by having a mean frequency of 0.18±0.02 Hz with a corresponding mean amplitude of \( F/F_0 \) 1.35±0.03, a duration of 1.09±0.08 seconds, and a half time of decay of 0.64±0.05 seconds (\( n=19 \) myocytes from 6 arterioles).

Neuronal Activity Inhibits \( \text{Ca}^{2+} \) Oscillations in Parenchymal Microvessels

To examine the relationship between astrocytic and parenchymal arteriolar \([\text{Ca}^{2+}]\), simultaneous measurements of \([\text{Ca}^{2+}]\), in both cell types were performed. FS or EFS significantly reduced the frequency of \( \text{Ca}^{2+} \) oscillations in myocytes by 92±5\% (\( n=25 \); 5 animals; Figure 5). In a different arteriole, where the same protocol was used as during \( \text{Ca}^{2+} \) imaging, FS resulted in the cessation of vasomotion viewed with DIC (\( n=3 \); three animals; Figure 5C; supplemental Movie IV).

Our results suggest the novel concept that neuronal-to-microvessel communication involves an elevation of astrocytic \([\text{Ca}^{2+}]\), that leads to a suppression of arteriolar \( \text{Ca}^{2+} \) oscillations and vasomotion, and hence vasodilation. To explore this issue further, intracellular \( \text{Ca}^{2+} \) was measured simultaneously in adjacent astrocytes and arterioles (\( n=4 \)) as depicted in Figure 6. The EFS or FS-induced rise in astrocytic...
[Ca\(^{2+}\)], coincided with a suppression of arteriolar [Ca\(^{2+}\)], oscillations, which returned during the decay of [Ca\(^{2+}\)], in the astrocytes. (Supplemental Movie V illustrates a rise in Ca\(^{2+}\) in the astrocyte immediately preceding the suppression of Ca\(^{2+}\) oscillations in the arteriole.)

To verify that the suppression of parenchymal arteriolar [Ca\(^{2+}\)], oscillation was indeed associated with increased neuronal activity, the effects of the Na\(^{+}\) channel blocker TTX (1 \(\mu\)mol/L) were examined. In the presence of TTX, the EFS-induced elevation of astrocytic [Ca\(^{2+}\)], and the suppression of arteriolar [Ca\(^{2+}\)], oscillations were abrogated (n=6; six animals; Figure 7). Furthermore, TTX blocked the transient rise in [Ca\(^{2+}\)], in astrocytes (Figure 7A, first trace), supporting the role of astrocytes in the communication of synaptic activity and suppression of arteriolar [Ca\(^{2+}\)], (Figure 7, second and third trace).

**Effect of mGluR Activation on Myocyte Ca\(^{2+}\) Oscillations**

It has been proposed that neurovascular coupling may be mediated by the activation of group I mGluRs (mGluR I) after neuronal glutamate release.\(^{57}\) mGluR I include the mGluR1 and mGluR5 subtypes.\(^{47}\) Activation of mGluRs results in the rise of [Ca\(^{2+}\)], and the subsequent release of vasoactive substances from these cells.\(^{57}\) We therefore tested whether activation of mGluR altered Ca\(^{2+}\) dynamics in parenchymal arterioles. The nonspecific mGluR agonist (t-ACPD; 50 \(\mu\)mol/L), which is known to increase Ca\(^{2+}\) in cortical astrocytes,\(^{47}\) suppressed Ca\(^{2+}\) oscillations in parenchymal arterioles by 96\%\(\pm\)3\% (n=14; three animals; Figure 8A). In contrast, the EFS-induced suppression of arteriolar Ca\(^{2+}\) oscillations persisted (91\%\(\pm\)6\% inhibition) in the presence of the mGluR I antagonists (50 \(\mu\)mol/L MPEP and 300 \(\mu\)mol/L AIDA; n=9; two animals; Figure 8B and 8C). However, mGluR I antagonists did not abolish the rise in astrocytic [Ca\(^{2+}\)] (Figure 8B and 8C).

**Discussion**

More than 100 years ago, Roy and Sherrington suggested that the brain possesses mechanisms by which blood supply matches the degree of neuronal activity and proposed the release of vasoactive agents into the extracellular space.\(^{49}\) Along these lines, the role of astrocytes in neurovascular coupling has been revisited recently. Astrocytes send projections to the synapse and blood vessels,\(^{20,29,50}\) In fact, the anatomical structure of astrocytes allows them to bridge synaptic activity with local metabolic demand and thus modulate regional blood flow accordingly.\(^{37,54,57}\) Here, we provide the first measurements of [Ca\(^{2+}\)], in parenchymal arterioles and the first simultaneous measurements of [Ca\(^{2+}\)], in astrocytes and parenchymal arterioles in brain slices. In arterioles, smooth muscle cells exhibited Ca\(^{2+}\) oscillations, which appear to underlie rhythmic fluctuations in vessel diameter. Furthermore, we provide first demonstration of rapid signaling from neurons to arterioles in situ, consistent with functional hyperemia in vivo. Our results indicate that [Ca\(^{2+}\)], in astrocytes and arterioles respond in opposite fashion because EFS elevates astrocytic [Ca\(^{2+}\)], and suppresses arteriolar Ca\(^{2+}\) oscillations. These results support the idea of an important role for astrocytes\(^{57}\) and indicate a novel concept in which functional hyperemia involves the suppression of arteriolar Ca\(^{2+}\) oscillations and vasomotion.

In our study, the rise in astrocytic Ca\(^{2+}\) was reduced by inhibition of L-type Ca\(^{2+}\) channels and IP\(_{3}\)Rs. The Ca\(^{2+}\) rise in astrocytes is thought to be attributable to IP\(_{3}\) mediated Ca\(^{2+}\) release from intracellular stores.\(^{8}\) Our results are in agreement with the view that in cortical brain slices, an increase in synaptic activity results in the release of glutamate, activation of metabotropic glutamate receptors, production of IP\(_{3}\), and transient rise in intracellular Ca\(^{2+}\) through an IP\(_{3}\)-dependent Ca\(^{2+}\) process (Figures 2 and 8).\(^{8}\) This idea is supported by the ability of a mGluR agonist to simulate the effects of EFS and the ability of the IP\(_{3}\) antagonist to reduce astrocytic [Ca\(^{2+}\)], transients (Figures 2 and 8).

To date, the role of L-type voltage-dependent Ca\(^{2+}\) channels in synaptically mediated astrocytic Ca\(^{2+}\) waves has been somewhat controversial. Whereas some studies have shown that inhibition of L-type Ca\(^{2+}\) channels suppress the rise in [Ca\(^{2+}\)], in astrocytes,\(^{28,32}\) others have suggested the main Ca\(^{2+}\)
source during glutamate release (neuronal stimulation) arises from the activation of IP3Rs.30,35,43,48 Astrocytes express L-type voltage-dependent Ca2+ channels,5,13,33 suggesting that these channels may play a role under physiological or pathological conditions. In our study, the effect of L-type Ca2+ channel inhibition on the EFS-induced rise in astrocytic [Ca2+], could be attributed to either a direct effect on astrocytic L-type Ca2+ channels or to indirect effect, for example, modulation of neuronal activity13 or Ca2+ filling of the astrocytic Ca2+ stores.24 Nonetheless, our results suggest that modulation of L-type voltage-dependent Ca2+ channels can significantly alter neuronal-to-arteriole communication.

Rhythmic contractions (vasomotion) have been observed in a number of vascular beds, including the cerebrovasculature.18,38 Vasomotion has been associated with a number of physiological functions including blood flow changes in response to metabolic demand.52 In vivo studies on reflectance imaging have shown the presence of vasomotion in the brain as well as its interruption by increased neuronal activity.44 In extracerebral arterioles, vasomotion has been attributed to oscillations in membrane potential, which cause

![Figure 5](image-url) - ES-induced inhibition of Ca2+ oscillations and diameter in parenchymal arterioles. A, A representative trace showing inhibition of Ca2+ oscillations in response to FS. B, Summary data (n=5) showing a significant decrease in the frequency of Ca2+ oscillations in myocytes during EFS or FS. C, A representative trace illustrating suppression of vasomotion (diameter oscillations) in different parenchymal arterioles to that shown in A during FS. The bar depicts the duration of the response, starting from the inhibition of the first expected oscillations (arrowhead) after the stimulus (FS).

![Figure 6](image-url) - Simultaneous measurements of Ca2+ changes in an astrocyte and a myocyte from a parenchymal arteriole in response to FS. Example of Ca2+ oscillations from a parenchymal arteriole. ROI 1 (back) corresponds to a distant astrocyte, and ROI 2 (gray) corresponds to vascular cell. The asterisk represents the onset of the FS.

![Figure 7](image-url) - EFS fails to inhibit Ca2+ oscillations in myocytes in the presence of TTX. A, Representative traces showing Ca2+ changes in response to EFS in the presence of 1 μmol/L TTX (5 to 10 minutes). EFS failed to induce a significant change in astrocytic [Ca2+] and in the frequency of Ca2+ oscillations in the VSMCs (gray; n=6). B, Summary data showing mean values for Ca2+ oscillations in myocytes before and during EFS in the presence of 1 μmol/L TTX.
Ca\(^{2+}\) oscillations and vasomotion would be more prominent in pressurized arterioles. A recent report indicated that vasodilation (diameter oscillations) of hippocampal cerebral arterioles is inhibited by stimulation of the Schaeffer collaterals. We provide the first measurement of intracellular [Ca\(^{2+}\)] in parenchymal arterioles, and that [Ca\(^{2+}\)] oscillations are suppressed by neuronal activity.

A number of mechanisms involved in the vasodilation response of cerebral arterioles have been suggested. These include vasodilation as a result of arachidonic acid metabolism and the subsequent release of prostanooids and EETs. In addition, glutamate release from the presynaptic terminal through actions on postsynaptic N-methyl-D-aspartate receptors has been shown to induce release of NO. Studies on the potential role of NO and prostanooids in neurovascular coupling are supported by in vitro and in vivo studies, which show attenuation of the functional hyperemic response to neuronal stimulation by inhibitors of neuronal NO (7-nitroindazole) and cyclooxygenase. The lack of full blockade of this response by glutamate receptor antagonists (Figure 8) suggest that multiple mechanisms lead to functional hyperemia in the brain. However, one of the major gaps in the above studies is the lack of direct Ca\(^{2+}\) measurements in parenchymal arterioles in association with neuronal activity as well as the time resolution by which neuron-to-vessel communication takes place. Zonta et al reported a significant delay (≈30 to 120 seconds) between neuronal stimulation and vasodilation. Furthermore, their intercellular communication studies suggesting a role for astrocytes in neurovascular coupling were performed in neonatal rats (P9–P15) that contain a large number of immature vessels, which could contribute to the slow response of these vessels.

A recent study by Mulligan and MacVicar raised the interesting possibility that a rise in astrocytic Ca\(^{2+}\) is associated with microvascular vasoconstriction and not vasodilation. In their study, the authors point out that the possible mechanism leading to microvascular vasoconstriction is the inhibition of calcium-activated K\(^+\) channels through production of the vasoconstricting agent 20-HETEs in VSMCs in response to elevated arachidonic acid. The contrast between our findings and those of Zonta et al and Mulligan and MacVicar may be explained by differences in the experimental conditions used in these studies. Mulligan and MacVicar did not stimulate the astrocytes by neuronal activation, but instead, they used released Ca\(^{2+}\) from caged Ca\(^{2+}\) in the astrocytes or applied noradrenaline. These authors indicated that arteriolar constrictions only occurred with large-amplitude Ca\(^{2+}\) changes in the astrocyte endfeet. Furthermore, unlike our study or that of Zonta et al, Mulligan and MacVicar only examined nonconstricted arterioles, such that vasodilation would not be observed. It is thus possible that the astrocytes release constricting and dilating substances, and that significant astrocytic stimulation may favor the release of vasoconstricting substances. In addition, the response of the smooth muscle cells to substances released from the astrocytes would likely depend on the degree of constriction and membrane potential of the smooth muscle cells. Future research on the interaction between active astrocytes and VSMCs should clarify the apparent opposite roles of astrocytes on the microvasculature.

In this study, we provide evidence suggesting that increased neuronal activity is translated into arteriolar vasodilation via multiple mechanisms. The fact that activation of mGluR alone did indeed abrogate Ca\(^{2+}\) oscillations in paren-

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**Figure 8.** mGluR activation significantly suppresses Ca\(^{2+}\) oscillations in parenchymal arterioles. A, Summary data showing a significant decrease in the frequency of Ca\(^{2+}\) oscillations in parenchymal arterioles exposed to the mGluR agonist t-ACPD (50 μmol/L) for ≈10 minutes. B, Summary data illustrating no changes in the EFS-induced suppression of arteriolar Ca\(^{2+}\) oscillations in the presence of the mGluR antagonists AIDA (300 μmol/L) and MPEP (50 μmol/L) for ≈10 minutes. C, Representative traces showing the EFS-induced suppression of Ca\(^{2+}\) oscillations in a parenchymal arteriole (in gray) and the simultaneous rise in astrocytic [Ca\(^{2+}\)] (in black) in response to EFS (left panel). In the presence of the mGluR antagonists MPEP and AIDA, the EFS-induced suppression of Ca\(^{2+}\) oscillations persist, whereas the elevation of astrocytic Ca\(^{2+}\) is significantly reduced (right panel).
chymal arterioles confirms previous studies supporting a role of neuronally released glutamate and activation of astrocytic mGluR. However, it is possible that the mGluR agonist also acts through the neurons. Moreover, our data indicate that mGluR antagonists do not completely suppress astrocytic Ca$_2^+$ responses. The residual Ca$_2^+$ transient in the astrocytes could be sufficient to drive suppression of parenchymal arteriolar Ca$_2^+$ oscillations and vasomotion. It should be noted that using EFS or FS, additional signaling molecules (e.g., potassium and NO) released from the neurons could also stimulate the astrocytes or the VSMC directly. Nonetheless, our results support the important role of astrocytic [Ca$_2^+$], in coupling neuronal activity to the vasculature, and that the coupling from neurons to arterioles is rapid. Furthermore, we propose that neurovascular coupling occurs through a suppression of arteriolar Ca$_2^+$ oscillations, possibly through smooth muscle hyperpolarization. Abundant evidence suggests a complex bidirectional communication between astrocytes and vascular reactivity. Developing a detailed understanding of the normal physiological mechanisms that underlie this communication will serve as a foundation for understanding pathological disorders associated with the brain microcirculation, such as stroke, Alzheimer’s disease, and migraine.  

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Supplementary movie legends:

**Supplementary movie # 1: Ca$^{2+}$ transients in cortical astrocytes in response to EFS.** As shown in Figure 1A, EFS results in a transient rise in Ca$^{2+}$ in cell body of three different astrocytes which further spread throughout the endfeet located along the vessel wall.

**Supplementary movie # 2: Ca$^{2+}$ transients in cortical astrocytes in response to EFS.** Representative movie showing the response of two astrocytes (located on each side of the vessel) to EFS. Upon stimulation, Ca$^{2+}$ rose in the soma of the astrocytes and then propagated to the astrocytic endfeet located along the vessel wall.

**Supplementary movie # 3: Spontaneous Ca$^{2+}$ oscillations and vasomotion of a parenchymal arteriole.** As shown in Figure 4, this is a representative movie showing synchronized Ca$^{2+}$ oscillations in individual myocytes from a parenchymal arteriole. Ca$^{2+}$ oscillations were accompanied with changes in the diameter of the arteriole.

**Supplementary movie # 4: Effect of electrical stimulation on vasomotion.** Representative video using infrared differential interference contrast (DIC) of a parenchymal arteriole exhibiting vasomotion. Vasomotion stops for a few seconds following electrical stimulation of the slice.

**Supplementary movie # 5: Sequential Ca$^{2+}$ changes in a cortical astrocyte and a nearby arteriole.** In response to EFS there is a rise in the soma of a cortical astrocytes a few micrometers away from the vessel. The rise in Ca$^{2+}$ in the astrocytic soma precedes the suppression of Ca$^{2+}$ oscillations in the myocyte in focus from a nearby parenchymal arteriole.