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NEWS

From the American Heart Association

AHA Announces New National Research Awards

The American Heart Association’s National Center Research Program is providing research support to 307 new awardees in 1993-1994 and has committed $47.7 million to support these new awards for the next 1 to 5 years. The AHA continues to support an additional 707 awards that were initiated from 1989 through 1992.

The AHA’s National Center Research Program supports two types of awards: project support awards and salary support awards. Project support awards, or grants-in-aid, are used to purchase supplies and equipment and other items needed to test a specific hypothesis. Of the 307 new awardees, 175 are receiving grants-in-aid. Salary support awards pay all or part of an individual’s salary while that individual develops the skills and experience needed to initiate or develop a career as an independent scientific investigator. One hundred and thirty-two of the new awards for 1993-1994 provide salary support.


In addition to the projects funded by the national research program, AHA affiliates throughout the United States support scientific research projects via their own research programs.

The newly funded awards for 1993-1994 will support research in the broad field of cardiovascular function and disease as well as stroke. Arteriosclerosis, behavioral medicine, cerebral circulation and cerebrovascular disease, behavior, electrophysiology, epidemiology, genes and gene regulation, heart failure, hypertension, kidney properties, lipid metabolism, nutrition, preventive medicine, pulmonary function, thrombosis, and properties of the vascular wall are some of the areas being explored by the investigators supported through these AHA awards.

The names of the new 1993-1994 national research program awardees, the titles of their projects, their institutions, and approved award periods are available on request. Contact the Division of Research Administration, American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231-4596. Telephone 214-706-1450. Fax 214-706-1341.

AHA Announces New Kids’ Cookbook

To help children develop heart-healthy eating habits early in life, the AHA released its first children’s cookbook in June.

The American Heart Association Kids’ Cookbook contains more than 30 recipes representing many types of foods, from soups to desserts, with special attention to microwaveable snacks and party foods. The recipes emphasize substitution and modification rather than elimination of children’s favorite foods.

A children’s educational consultant provided guidance in determining the cooking skill levels for each recipe. These levels range from beginning to advanced. All are simple enough for most children ages 8 to 12, but adult supervision is recommended for some.

The book includes information on shopping, reading food labels, substitution tables, menu planning, table setting, kitchen clean-up, and safety. “Did You Know?” sections explain the ethnic background of foods such as pita bread; “Cook’s Note” sections give valuable hints, for example on cutting onions without getting teary-eyed.

The American Heart Association Kids’ Cookbook is published by Times Books, a division of Random House, and is available in local bookstores or can be ordered by calling Times Books/Random House, 1-800-733-3000.

Other AHA cookbooks and nutrition publications are available, including the American Heart Association Cookbook, Fifth Edition, the American Heart Association Low-Salt Cookbook, the American Heart Association Low-Fat, Low-Cholesterol Cookbook, and the American Heart Association Fat and Cholesterol Counter.
AHA Meetings

1993


1994


1995

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Abstract deadline
October 4, 1993

Further information may be obtained through:

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Rules and official nomination forms are available from: Secretary, Award Committee, Bristol-Myers Squibb Award for Distinguished Achievement in Cardiovascular Research, 345 Park Avenue, Room 21-58, New York, NY 10154-0037, USA, or call (212) 546-4927.