From the American Heart Association

AHA Scientific Conference

The AHA's Nutrition Committee and Council on Arteriosclerosis and the National Task Force on Prevention and Treatment of Obesity are sponsoring a scientific conference on central obesity/insulin resistance syndrome and coronary artery disease. Dr. John D. Brunzell and Dr. Alan Chait are organizers of the conference, which will be held April 22–23, 1993, at the Hyatt Regency Bethesda in Bethesda, Maryland.

Obesity, particularly central distribution of adiposity, is associated with several coronary artery disease risk factors. Short-term weight loss ameliorates many of these; however, patients often have difficulty maintaining weight loss, and little is known of the effect of long-term weight loss or weight cycling on coronary artery disease risk.

Through lectures, question-and-answer periods, and panel discussions, physicians and scientists interested in obesity will learn about the etiology, disease associations, and treatment of obesity, particularly as it is related to central obesity and coronary artery disease. Participants will attempt to reconcile conflicting information about the causes of obesity, discuss successful approaches to treatment, and define deficiencies in knowledge about obesity to determine a basis for future research.

Topics scheduled for discussion include obesity as a risk factor; body fat distribution and coronary artery disease; body fat distribution and gender; obesity in the elderly; body fat distribution and ethnicity; insulin resistance and obesity; mechanisms of dyslipidemia in the central obesity/insulin resistance syndrome; appetite regulation; long-term body weight regulation; measurement techniques of body composition and energy balance; genetic versus acquired obesity; molecular biology; genetic epidemiology; comorbid conditions associated with obesity; low-fat diets; aerobic training; primary intervention; weight cycling; and pharmaceutical interventions.

The deadline for registration is March 31, 1993. For more information, write the American Heart Association, Scientific and Corporate Meetings, 7272 Greenville Avenue, Dallas, TX 75231-4596. Telephone 214-706-1511. Fax 214-373-3406.
Meetings Calendar

Meetings sponsored or hosted by the American Heart Association or its scientific councils.

1993


1994


1995

American Heart Association
National Research Program

Minority Scientist Development Award

1994-1995

To assist promising scientists who are members of ethnic groups underrepresented in the fields of cardiovascular and stroke research (Black, Hispanic, Native American, and Pacific Islander) to develop independent research programs. Junior faculty and clinical faculty seeking basic research training may apply.

Application Deadline
Receipt June 1, 1993
for award activation July, 1994

Information: Division of Research Administration
American Heart Association
7272 Greenville Avenue
Dallas, Texas 75231-4596
(214) 706-1453
(214) 706-1341 (Fax)

American Heart Association
National Research Program

International Research Fellowship

1994-1995

A postdoctoral research training program in U.S. and foreign research centers for individuals who are building cardiovascular or stroke research careers but who are not yet independent.

Application Deadline
Receipt June 1, 1993
for award activation July, 1994

Information: Division of Research Administration
American Heart Association
7272 Greenville Avenue
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