News from the American Heart Association

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Scientific Sessions Abstracts
Printed in October Supplement

Abstracts of papers to be presented at the Association’s 45th annual Scientific Sessions, and additional abstracts selected by the Committee on Scientific Sessions Program, have been published as a supplement to the October issue of Circulation.

The sessions, from Thursday, November 16 through Sunday, November 19 in Dallas, (Texas) Memorial Auditorium, consist of varied programs on advancement in research on cardiovascular disease and its treatment. Following is a schedule of the meeting’s highlights:

Thursday, November 16

Friday, November 17

Saturday, November 18

Sunday, November 19

Recently produced cardiovascular films
will be shown during the sessions. Scientific and industrial exhibits will be displayed throughout the meetings. Registration and hotel reservation forms may be obtained through local Heart Associations or AHA’s National Office, 44 East 23rd St., New York, N. Y. 10010.

AHA Statement Explains Use of Sulfonamides For Rheumatic Fever Prophylaxis During Pregnancy

AHA’s first statement on the use of sulfonamides for rheumatic fever prophylaxis during pregnancy explains why physicians have been concerned about such use and provides conservative recommendations for prophylaxis.

The statement was prepared for the Committee on Rheumatic Fever of the AHA Council on Rheumatic Fever and Congenital Heart Disease by Elia M. Ayoub, M.D., Professor of Pediatrics, University of Florida, Gainesville, Florida.

Reprinted from the August issue of Circulation, copies of this statement can be obtained through AHA’s Distribution Dept., 44 East 23rd St., New York, N. Y. 10010.

Pamphlet on Healthy Eating For Teenagers Available

“Healthy Eating For Teenagers” is a pamphlet focused on improving eating habits in the early teens so as to reduce the chance of developing atherosclerosis in later years. The pamphlet points out that a person’s susceptibility to heart attack begins to build up during his early years while eating a typical American diet, rich in saturated fat and cholesterol. The teenager is advised instead to eat foods low in saturated fat and cholesterol and to engage in physical activity.

This pamphlet has been reprinted from an article in Health News, April 1969, (New York State Department of Public Health publication) by Frederick Stare, M.D., and Johanna Dwyer, D.Sc. Copies are available from AHA’s Distribution Dept., 44 East 23rd St., New York, N. Y. 10010.

What To Tell Your Patients About Oral Contraceptives

“The Cardiovascular Effects of Oral Contraceptives” is a valuable guide for physicians, obstetricians or gynecologists advising women on appropriate methods of contraception. There are advantages to the pill as well as side effects which may present substantial risks to the patient. This booklet identifies the side effects and can be useful to the physician in making a judgment whether or not his patient should take the pill. It also can help him assess the symptoms of someone now taking oral contraceptives or who have taken them.

Effects on blood vessels, clotting and renin-angiotension-aldosterone system are discussed as well as such clinical effects as thromboembolism, varicose veins, migraine headaches, cerebrovascular disorders, myocardial infarction and hypertension.

This guide is reprinted from “Modern Concepts of Cardiovascular Disease,” August 1972, and is available at AHA’s Distribution Dept., 44 East 23rd St., New York, N. Y. 10010.

Reports of Joint Committee for Stroke Facilities Available

The Joint Committee For Stroke Facilities has made available reprints of their first two reports. “Epidemiology For Stroke Facilities Planning,” which is the first report, is intended for use in planning health facilities and management of stroke problems. It presents data on the incidence of stroke among adults, its prevalence (including figures on recovery and duration of survival) and mortality. It also includes the Table of Organization and general information about the Committee and other reports to come from its study groups.

The second report, entitled “Stroke Rehabilitation,” describes the principles of rehabilitation, and which forms of it to consider at various levels of disability. It also discusses complex problems requiring specialized attention by trained persons, such as rehabilitation of language, and the management of
incontinence, sensory loss, pain, spasticity and psychosocial problems. Reprints of both reports are available at AHA, Distribution Dept., 44 East 23rd St., New York, N. Y. 10010.

AHA Monograph Series on Cardiovascular Surgery

The most recent volume in AHA's Monograph series is No. 35, Cardiovascular Surgery 1971, edited by Earle B. Mahoney and containing 23 papers selected from those presented at the 1971 Scientific Sessions. These reports of original research and clinical investigation encompass the major areas of cardiovascular surgery. Of particular importance are the reviews of by-pass surgery.

Surgical papers, sponsored by the Council on Cardiovascular Surgery at the Scientific Sessions of the AHA have been published as Supplements to "Circulation" since 1962. The following volumes also are available at $5.00 each from AHA's Distribution Dept., 44 East 23rd Street, New York, N. Y. 10010: No. 34 (1970), No. 30 (1969), No. 24 (1968), No. 19 (1967), No. 16 (1966), No. 13 (1965), No. 11 (1964), No. 7 (1963), and No. 6 (1962).

Booklets Available on Exercise And Cardiovascular Health

"Physical Activity and Cardiovascular Health" is a reprint that combines three articles which appeared in "Modern Concepts of Cardiovascular Disease." This booklet is excellent for physicians interested in exercise programs, especially pediatricians who might guide young patients into life-long programs of physical activity. The major topics are "Potential for Prevention of Coronary Heart Disease and Possible Mechanisms," "The Exercise Prescription: Intensity and Duration," and "The Exercise Prescription: Frequency and Type of Activity."

AHA recently published a booklet entitled "Exercise Testing and Training for Apparently Healthy Individuals: A Handbook for Physicians." This was described in an earlier issue of Circulation and can be used as a companion piece to the reprint described above.

These booklets can be obtained from AHA's Distribution Dept., 44 East 23rd St., New York, N. Y. 10010.

Meetings Calendar 1972

October 2-6: 58th Annual Clinical Congress, San Francisco. Sponsored by American College of Surgeons. For additional program information, contact Dr. Edwin W. Gerrish, Assistant Director, Assembly, American College of Surgeons, 55 East Erie St., Chicago, Ill. 60611.

October 4-7: *BASIC ELECTRONICS IN CARDIOLOGY. Royal Oak, Michigan, Co-sponsored by the American Heart Association Council on Clinical Cardiology, the William Beaumont Hospital and the Michigan Heart Association, Contact Seymour Gordon, M.D and Gerald Timmis, M.D., Division of Cardiology, William Beaumont Hospital, 3601 W. Thirteen Mile Road, Royal Oak, Michigan 48072.


October 27-28: SYMPOSIUM ON CARDIAC HYPERTROPHY AND CARDIOMYOPATHY. Rochester, New York. Co-sponsored by the American Heart Association Council on Clinical Cardiology, the University of Rochester School of Medicine & Dentistry, the Genesee Valley Heart Association and the Rochester Regional Medical Program. Contact Jules Cohen, M.D., and Pravin Shah, M.D., Cardiology Unit, University of Rochester, Rochester, New York, 14620.


November 19-20: A SPECIAL PROGRAM IN SCIENTIFIC WRITING. Adolphus Hotel, Dallas. Dr. Lois DeBakey, Course Director. Sponsored by AHA's Committee On Scientific Sessions Program. Contact Medical Education Administrator, American Heart Association, 44 East 23rd St., New York, N. Y. 10010.

December 13-15: "TWELFTH BIENNIAL CARDIOVASCULAR SEMINAR—COMPLICATIONS OF MYOCARDIAL INFARCTION. Doral Beach Hotel, Miami Beach, Florida. Co-sponsored by the American Heart Association Council on Clinical Cardiology, the Florida Heart Association, the Florida Medical Association, the American Academy of General Practice, the Florida State Board of Health, the University of Miami School of Medicine, and the Heart Association of Greater Miami. Contact Marvin L. Meitus, M.D., Seminar Chairman, Heart Association of Greater Miami, 5080 Biscayne Boulevard, Miami, Florida 33137.

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February 6-8: "3 DAYS OF CARDIOLOGY"—A Personalized Approach to the Prevention of Coronary Atherosclerosis. Louis B. Mayer Medical Teaching Center, Los Angeles. Directors: David H. Blankenhorn, M.D. and Phil R. Manning, M.D. Co-sponsors: University of Southern California School of Medicine, Post Graduate Division; Los Angeles County Heart Association. Inquiries to Department of Medical Education, American Heart Association, 44 East 23rd St., New York, N. Y. 10010.

February 14-18: 22ND ANNUAL SCIENTIFIC SESSION, AMERICAN COLLEGE OF CARDIOLOGY. San Francisco. Contact Mr. William D. Nelligan, 9650 Rockville Pike, Bethesda, Maryland 20814.


March 1-3: "3 DAYS OF CARDIOLOGY" (Cardiovascular emergencies). Shreveport, Louisiana. Co-directors: Edgar Hull, M.D. and J. W. Wilson, Jr., M.D. Co-sponsored by the Louisiana Heart Association and the Louisiana State University Medical School, Shreveport. Inquiries to Department of Medical Education, American Heart Association, 44 East 23rd St., New York, N. Y. 10010.


April 4-6: "3 DAYS OF CARDIOLOGY FOR NURSES." Atlanta, Georgia. Co-sponsored by the Georgia Heart Association. Contact Jacquelyn Reese, Georgia Heart Association, Broadview Plaza, 2581 Piedmont Road, N.E., Atlanta, Georgia 30324.

April 25-27: "3 DAYS OF CARDIOLOGY FOR NURSES." Cleveland, Ohio. Co-sponsored by the American Heart Association—Northeast Ohio Chapter. 1689 East 115th St., Cleveland, Ohio 44106.

May 7-10: "3 DAYS OF CARDIOLOGY" (How to Collect a Cardiovascular Data Base). Atlanta, Georgia (Royal Coach Motor Hotel). Directors: J. Willis Hurst, M.D. and Robert C. Schlant, M.D. Co-sponsored by Department of Medicine, Emory University School of Medicine, Georgia Heart Association and American College of Cardiology. Inquiries to Department of Medical Education, American Heart Association, 44 East 23rd St., New York, N. Y. 10010.

May 17: 1973 SCIENTIFIC SESSIONS FOR NURSES. Newporter Inn, Newport Beach, California. Co-sponsored by the California Heart Association, the American Heart Association Council on Cardiovascular Nursing and the Orange County Heart Association. Contact Mrs. Virginia Anable, California Heart Association, 1370 Mission Street, San Francisco, California 94103.

May 18: *1973 SCIENTIFIC SESSIONS OF THE CALIFORNIA HEART ASSOCIATION. Newporter Inn, Newport Beach, California. Co-sponsored by the California Heart Association, the American Heart Association.
Council on Clinical Cardiology and the Orange County Heart Association. Contact Mrs. Virginia Anable, California Heart Association, 1370 Mission Street, San Francisco, California 94103.


June 20-22: "3 DAYS OF CARDIOLOGY." Baltimore, Maryland. Director: Richard S. Ross, M.D. Co-sponsored by the Johns Hopkins University School of Medicine and the Heart Association of Maryland. Contact Department of Medical Education, American Heart Association, 44 East 23rd St., New York, N.Y. 10010.

August 8-10: "3 DAYS OF CARDIOLOGY" (Clinical Decisions in Cardiology). San Francisco Hilton Hotel. Directors: Dean T. Mason, M.D., Elliot Rapaport, M.D. and William Thomas, M.D. Co-sponsored by the California Heart Association and the San Francisco Heart Association. Inquiries to Department of Medical Education, American Heart Association, 44 East 23rd St., New York, N.Y. 10010.

September 25-27: "3 DAYS OF CARDIOLOGY FOR NURSES." Birmingham, Alabama. Co-sponsored by the Alabama Heart Association. Contact Carol Grooms, Alabama Heart Association, P.O. Box 31085, Birmingham, Alabama 35223.

Abroad

1972


October 8-13: Asian-Pacific Congress of Cardiology (Fifth), Singapore. Dr. N. C. Tan, Faculty of Medicine, Univ. of Singapore, Sepoy Lines, Singapore 3.

October 16-18: Symposium on Platelets, Drugs and Thrombosis. Sponsored by Faculty of Medicine, McMaster Univ., Ontario Heart Foundation, Canadian Heart Foundation. To be held at McMaster Univ. Medical Centre, Hamilton, Ontario, Canada. For further information contact Ontario Heart Foundation, 247 Davenport Road, Toronto, 180, Canada.

*Co-sponsored by American Heart Association Council on Clinical Cardiology.
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