Translating Myocardial Remuscularization

Wolfram-Hubertus Zimmermann

Myocardial remuscularization can be achieved by the implantation of cardiomyocyte-containing grafts. Critical steps toward clinical translation of the first generation cardiac remuscularization therapies include the choice of animal models with high predictive validity for therapeutic outcome in clinical trials.

Clinically relevant remuscularization of the failing human heart remains unachieved to date. Proof-of-concept studies in small and large animal models provide compelling evidence as to the principle feasibility of myocardial remuscularization with human cardiomyocyte grafts. Clinical trials suggest myocardial protection and preservation by cell therapeutics. The mechanisms underlying the reported therapeutic effects remain under debate, but likely include the release of protective factors (growth factors, noncoding RNA) and modulation of the disease-related inflammatory response. Further studies are needed to define the paracrine milieu hypothesis and unleash its full therapeutic potential, aiming at delaying or preventing disease progression in patients with acute and subacute myocardial injury. The implantation of cardiomyocyte grafts follows a different strategy, namely remuscularization by integration of exogenously produced cardiomyocytes. Patients with chronically scarred myocardium presenting clinically with end-stage heart failure are the primary target. The suggested plug-and-play mechanism of direct cardiac remuscularization seems straightforward, but similar as for the paracrine milieu hypothesis there is a clear need for a better understanding of how, when, and where to integrate exogenous cardiomyocytes into the failing heart to achieve optimal results. Moreover, the path toward clinical application as off-the-shelf cardiomyocyte allograft therapeutics is less defined as for point-of-care autograft formulations and small chemical or biological compounds.

A challenge to direct cardiac remuscularization was for many years the limited availability of bona fide cardiomyocytes. Cardiac biopsies can be used to harvest proliferative mesenchymal cells with progenitor cell properties, but without the capacity to spontaneously convert/transdifferentiate into terminally differentiated cardiomyocytes at a therapeutically relevant scale. Induced conversion of fibroblasts into cardiomyocytes was recently established and is presently being advanced for direct targeting of cardiac scar fibroblasts in vivo. Fine-tuning to enhance the robustness of the directed conversion process, to enable clinically relevant scales, and—especially if developed for direct in vivo applications—to target explicitly scar fibroblasts is required before translational impact can be assessed. Similarly, applicability for ex vivo cardiomyocyte production and allocation to myocardial remuscularization remains to be evaluated.

Inotropic support by remuscularization in patients with end-stage heart failure was first attempted by skeletal myoblast implantation. This was in part based on the observation that myoblasts convert into contractile myotubes with the propensity for electromechanical integration into cardiomyocyte syncytia. Despite some early enthusiasm, this approach was abandoned because of arrhythmias and no palpable efficacy. With the introduction of human embryonic and induced pluripotent stem cells, protocols to direct their myocardial differentiation (reviewed by Burridge et al), and scalable cardiomyocyte production in bioreactors important milestones toward clinical translation were met (Figure). Today, cardiomyocytes can be generated from stocks of well-characterized pluripotent stem cells according to standard operating procedures with therapeutic product validation according to current good manufacturing practice for cryopreservation and retrieval as an off-the-shelf allograft therapy.

Although in principle feasible, autologous therapies via induced pluripotent stem cells do not seem to be a viable option for patients with end-stage heart failure and limited survival (patients listed for heart transplantation or patients on mechanical circulatory support either as bridge-to-transplant or destination therapy), because of procedural challenges associated with the development of an individual cell therapy; these include (1) time-consuming production with limited possibilities for process acceleration, (2) the need for individual product validation according to regulatory demands, (3) a considerable chance for product failure or at least variation, and (4) high costs for individualized therapy targeting a large patient population.

Despite the availability of bona fide human cardiomyocytes and tissue-engineered human myocardium for applications in heart remuscularization and unequivocal evidence for the propensity of cardiomyocyte grafts to electromechanically integrate, it remains a challenge to achieve long-term graft retention and to establish solid evidence in support of the hypothesis that cardiomyocyte implantation has more to offer than classical pharmacological and device therapy alone or in combination in end-stage heart failure. This caveat has to be viewed, however, in light of the potential chances, the undisputed mechanism of action (enhanced contractility by electromechanical integration of cardiomyocyte grafts), and
the limited options for patients with end-stage heart failure and an average life expectancy of 1.1 years if eligible and 9.4 months if ineligible for orthotopic heart transplantation.\(^\text{11}\) As for many evolving therapies, there is evidence for efficacy in rodent models. The burning question is how to reliably assess safety and efficacy profiles of cardiomyocyte grafts in clinically more predictive animal models and also how to further enhance efficacy based on the rationale that augmentation of contractile performance is directly correlated with the number of optimally electromechanically integrated cardiomyocytes.

Because of difficult to control and predict immune reactions and a therapeutic scenario far removed from clinical reality, it seems unlikely that xenograft studies will provide sufficient answers as to the anticipated outcome in first-in-patient studies.\(^\text{\textit{12}}\) It is above all questionable whether the presumptive mechanism of action (ie, electromechanical integration leading to effective remuscularization) and related serious adverse effects (ie, ectopy or reentry arrhythmia and impairment of contractile performance) can be assessed under xenograft conditions. Long-term retention (>6 months) of cardiomyocyte grafts of considerable size is most certainly essential to evaluate therapeutic impact based on the proposed mechanism of action and to predict safety concerns related to the possibility of the formation of stem cell–derived tumors (ie, teratoma or teratocarcinoma). Animal models of human tumor growth and treatment are well established in fundamental and translational oncology research and commonly used to document potentiality of pluripotent stem cells. These studies are typically performed in T-cell–deficient RNU (Rowett Nude) rats or T, B, and NK-cell–deficient NOD-SCID (nonobese diabetic–severe combined immunodeficiency) mice. To date, human cardiomyocyte graft retention was demonstrated for ≤220 days without evidence for tumorigenicity in RNU rats.\(^\text{\textit{2}}\) It may be concluded that tumor formation originating from pluripotent stem cells is in light of efficient cardiomyocyte purification protocols and means to control cell cycle activity a manageable concern. Additional allograft studies in the presence of clinically applicable immune suppression are, however, warranted to further scrutinize the risk of unwanted growth.

As to the assessment of cardiomyocyte allograft functionality in synchrony with the recipient myocardium, several tools have been exploited, including (1) epicardial mapping,\(^\text{\textit{12}}\) (2) genetically encoded sensors,\(^\text{\textit{13}}\) and (3) imaging of regional heart wall function by echocardiography or magnetic resonance tomography.\(^\text{\textit{12,14}}\) In classical drug development and even more so in the development of innovative biologicals (ie, peptide, RNA, or DNA therapeutics), it is essential to establish a model with the human target or provide evidence for bioequivalence in the human and animal model targets. In some cases, this even requires the development of transgenic animals expressing the human target of interest. Full humanization of animal models for the testing of cell therapeutics is impossible. Thus, assessment of the predicted mode of action in phylogenetically closely related allograft models is a plausible option. The surrogate therapeutic candidate should under these conditions exhibit bioequivalent function as defined by a validated potency assay and be constructed similarly as the human therapeutic candidate. In cardiomyocyte-based therapeutics with the anticipated mode of action–inotropic support by remuscularization–and with the knowledge that cardiomyocytes can readily integrate into cardiomyocyte syncytia,\(^\text{\textit{14}}\) it seems warranted to consider contractile force measurement as a useful potency assay. The anticipation is that force-generating cardiomyocyte grafts, if properly integrated, can enhance the performance of the target heart as a function of the administered dose of contractile cardiomyocytes. A rightful concern is that improper cardiomyocyte integration may cause arrhythmias. Transient arrhythmias have been observed consistently in macaques with human cardiomyocyte xenografts\(^\text{\textit{1}}\) and cardiomyocyte allografts.\(^\text{\textit{15}}\) The importance of the macaque model is further substantiated by an earlier study demonstrating a suppression of arrhythmias in guinea pigs engrafted with human cardiomyocyte xenografts\(^\text{\textit{15}}\) and the apparent lack of

---

*Figure.* Milestones met (top) and challenges (middle) on the way to the clinical translation of myocardial remuscularization by cardiomyocyte injection or implantation of tissue-engineered myocardium. Suggested use of animal models in late preclinical development of myocardial remuscularization (duration and animal number/study cohort; bottom), ATMP indicates advanced therapy medicinal product; ESC, embryonic stem cell; GLP, good laboratory practice; GMP, good manufacturing practice; IND, investigational new drug; iPSC, induced pluripotent stem cell; and RNU, Rowett Nude.
induced arrhythmias in smaller rodent allograft models. Arrhythmias may finally not be excluded as serious adverse effect until clinical trials are completed. Ectopy seems less likely than reentry if spontaneous beating rate of the engrafted cardiomyocytes is below the endogenous heart rate and as a consequence of a considerable current source (implant cardiomyocytes)–sink (recipient heart cardiomyocytes) mismatch. Macaque studies suggest electric instability during the first 4 weeks after cardiomyocyte implantation. The transient nature of the arrhythmia burden is encouraging because it suggests efficient electric integration and suppression of endogenous electric activity in cardiomyocyte grafts by constant overpac ing via the endogenous myocardium. Nonetheless, arrhythmia will remain a concern until clinical studies demonstrate that they are manageable.

To inform the design of a first-in-patient trial, pivotal late preclinical studies under allograft conditions are needed. The macaque (Macaca mulatta or Macaca fascicularis) is presently the only large animal model allowing for the simulation of this scenario under clinically acceptable immune suppression. Allograft studies in healthy macaque may even be considered as surrogate for phase I clinical trials. Similar allograft studies in healthy human volunteers are naturally inaccessible because of the associated risks and invasiveness of the procedure. Extensive dose escalation and placebo-controlled studies are also difficult to conduct because of ethical concerns related to the application of doses or grafts without any anticipated effect in the target patient population with end-stage heart failure and mechanical circulatory support. After completion of a surrogate phase I study and in case of no signs for safety issues, it may be advantageous to design and perform in parallel complementary allograft studies in macaque (placebo controlled and dose escalation) and patients (open label with anticipated minimal effective dose) with heart failure to keep the number of nonhuman primates and the risk for patients as low as possible and gain broad insight into the therapeutic potential of cardiomyocyte and tissue-engineered allografts. Supplementary xenograft studies to establish procedural feasibility (eg, route of administration in pig) and to collect additional safety data (eg, tumor formation in immune-compromised rodents), ideally under good laboratory practice conditions, should be considered before or in parallel to the suggested phase I/II type macaque allograft studies (Figure). Finally, early advice from the responsible regulatory authorities as to the late preclinical and early clinical study design is invaluable for expedient translation.

Several important milestones have been met on the way to the clinical translation of the first generation advanced therapy medicinal products for cardiac remuscularization (Figure). From a translational perspective, it is exciting that procedures to prepare cardiomyocytes and engineered human myocardium at clinical scale and quality have already been realized. There is no doubt that cardiomyocyte allografts can electromechanically integrate, providing a solid underpinning for the claimed mechanism of action (remuscularization). How (route of administration and dosing), when (acute, subacute, or chronic injury; in patient listed for orthotopic heart transplantation; in parallel to the implantation of a left ventricular assist device), and where (intramyocardially and epicardially) to administer cardiomyocytes or tissue-engineered human myocardium without putting the target patient population at an unacceptable risk remain to be tested in appropriate large animal models and eventually first-in-patient studies. Immunologic considerations will be the most critical aspect in animal studies as to the prediction of wanted and unwanted effects. Accordingly, allograft studies simulating long-term graft maintenance under clinically acceptable immune suppression should be conducted. Procedural feasibility (route of administration: invasive versus minimally invasive) and supplementary safety data as to the risk of tumor formation may be best tested in acute pig experiments (<1 month) and immune compromised rodent models (6- to 24-month observation periods), respectively. Xenograft models may in addition help to determine alternative therapeutic or detrimental mechanisms of action via, for example, paracrine activity and mechanical stabilization of the scarred ventricular wall. As in classical drug development, it can be anticipated that further refinements will improve efficacy in the anticipated next generations of cardiomyocyte therapies. Acceptable safety profiles may finally lead to an extension of the target patient population from end-stage heart failure to less severe heart failure conditions.

Acknowledgments
The field of cardiac remuscularization is evolving rapidly with excellent contributions by many groups. Unfortunately, space constraints did not allow for a referencing of all relevant studies.

Sources of Funding
W.-H. Zimmermann is supported by the DZHK (German Center for Cardiovascular Research), the German Research Foundation (DFG ZI 708/10–1, SFB 1002 TP C04/S, SFB 937 A18, and IRTG 1816 RP5), the Fondation Leducq, and the German Federal Ministry for Science and Education (BMBF FKZ. 13GW0007A [BMBF/CRIM ETIII Award]), and the National Institutes of Health (U01 HL099997).

Disclosures
W.-H. Zimmermann is a cofounder and advisor of myriamed GmbH and Repairon GmbH.

References


**Key Words:** heart failure ■ myocardium ■ regeneration ■ stem cells ■ tissue engineering
Translating Myocardial Remuscularization
Wolfram-Hubertus Zimmermann

Circ Res. 2017;120:278-281
doi: 10.1161/CIRCRESAHA.116.310194

Circulation Research is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231
Copyright © 2017 American Heart Association, Inc. All rights reserved.
Print ISSN: 0009-7330. Online ISSN: 1524-4571

The online version of this article, along with updated information and services, is located on the World Wide Web at:
http://circres.ahajournals.org/content/120/2/278

Permissions: Requests for permissions to reproduce figures, tables, or portions of articles originally published in Circulation Research can be obtained via RightsLink, a service of the Copyright Clearance Center, not the Editorial Office. Once the online version of the published article for which permission is being requested is located, click Request Permissions in the middle column of the Web page under Services. Further information about this process is available in the Permissions and Rights Question and Answer document.

Reprints: Information about reprints can be found online at:
http://www.lww.com/reprints

Subscriptions: Information about subscribing to Circulation Research is online at:
http://circres.ahajournals.org//subscriptions/