There are several relatively recent reviews addressing these topics and providing detailed evidence for many of the ideas we present.1-4 Our intention here, as much as possible, is to update rather than repeat this information. Figure 1 shows a cartoon of the thin filaments in the sarcomere I-Z-I band and the A band. A-band operations of the thin filament are the ones that generally are thought of first, when considering structure/function and modulation of thin filaments. Yet the barbed (Z-disk) and pointed (M-band) ends of thin filaments operate in a realm in which function in the form of cross-bridge interactions is rare and function in the form of signaling is more common. Figure 1 illustrates this region of the thin filaments at and near the Z-disk with emphasis on some of the elements of the Z-disk network of proteins. These elements include CapZ, the protein capping the barbed end (Z-disk end) of the actin strand, α-actinin, titin (T-cap or telethonin), proteins kinases (PK), such as PKC (docked at ZASP), PKD, p38, p21-activated kinase (Pak-1), phosphodiesterase 5, the phosphatase,
calcinurin (docked at calsarcin), and transcription factors, such as muscle lim protein and MyoZ, that shuttle between the Z-disk and the nucleus. These are not all of the growing number of proteins with a Z-disk locus, but these examples serve to emphasize the significant role of thin filaments in this region of the sarcomere. There are several reviews providing a more detailed analysis and summary of the Z-disk protein network.5–7 Our purpose here is to point out the importance and relevance of considering this region when assessing the effects of thin filament protein phosphorylation with focus on cardiac troponin (cTn) I. The extended interactions of the Z-disk proteins with costameres and integrins, as well as nuclear proteins, indicate the potential significance of altered interactions among thin filaments, Z-disk proteins, and the cytoskeletal network. Tropomodulin (Tmod) caps the pointed ends of the thin filaments as illustrated in Figure 1. As discussed below, together with associated regulatory proteins, CapZ and Tmod operate at the ends of the thin filaments in the maintenance of thin filament functions by their control of the stability and length of thin filaments.

Our consideration of thin filaments operating in the A band includes new concepts of thin filament control of the force and shortening reaction of crossbridges with actin. These new concepts include all of the major regulatory proteins: tropomyosin (Tm), cTnI, cTnC, and cTnT (Figure 2). Extensive and reversible interactions among these regulatory proteins establish the diastolic state and provide an efficient mechanism for transition to the systolic state, maintenance of systolic elastance, and return to the diastolic state. As illustrated in Figure 2, an essential element in these mechanisms includes a movement of Tm on the actin backbone of the thin filament. There is also a likely modification of actin structure and reactivity by its interactions with Tm. Tm is a nearly 100% α-helical protein consisting of 2 α-helical polypeptide chains forming a stable coiled coil with heptad repeats matching the stoichiometry of 1 Tm:7 actins.8,9 Tm is thought to be a semiflexible, mobile protein moving on the surface of 2 stranded helix forming the thin filament backbone. Tm sterically hinders actin–cross-bridge reactions in one position and permits them in other positions.10 Speculation on the dynamics has been considered, but definitive measurements, for example, hydrogen/deuterium exchange measurements as have been carried out in the Tn complex,11 have not been made in thin filaments. Evidence for flexibility with a bend in coils of Tm comes from a high-resolution crystal structure.12 Strong evidence for a role of Tm flexibility as a determinant of function

![Figure 1](http://circres.ahajournals.org/)

**Figure 1.** Scheme illustrating the function of cardiac thin filaments in different regions of a half-sarcomere. The A-band region depicts thin filaments reacting with thick filaments. At one end, I-band regions interact with a complex network of proteins, some of which are illustrated to emphasize the presence of kinases (proteins kinase [PK] C, p38 mitogen-activated protein kinase [MAPK], PKD), phosphatases (calcineurin), and transcription factors (eg, muscle lim protein [MLP], MyoZ) that dock and engage in signaling in this region. Desmin is depicted as connecting in a cytoskeletal signal network with the costamere, as well as the nuclear envelope. CapZ caps the thin filaments at the barbed end at the Z-disk and is significant in signaling. CapZ is regulated by associated proteins, FHOD3 and CapZIP. At the pointed end (M-band region), thin filaments are capped by tropomodulin (Tmod), which is modulated by Lmod. Also in the M-band region, obscurin makes connections with membrane proteins. Titin is shown extending from Z-disk to M band and is also engaged in signaling stress sensing. See text for details and further explanation.
has come from studies of Tm in which an Asp at position 137, a highly conserved residue, is located in the sequence where one would expect a canonical hydrophobic residue. These studies provided evidence that Asp-137 endows Tm with flexibility, believed to be important in switching the thin filament–cross-bridge reaction on and off and in the spread of activation. A significance of variations in Tm flexibility has been inferred from studies of Tm mutants, which enhance myofilament response to Ca2+, and are linked to hypertrophic cardiomyopathy (HCM). These mutants demonstrate increased flexibility when investigated alone or bound to actin, and the theory is that the excess flexibility promotes cross-bridge interactions with the thin filaments. An important feature is an N-terminal to C-terminal overlap region between contiguous Tm proteins forming a specialized structure functionally significant in the steep relationship between Ca2+ and steady-state tension development. Disruption of the interaction between Tms on the thin filament reduces the cooperative activation of the reaction of crossbridges with actin. Yet, there remains a residual cooperativity attributable to concerted changes in the state of neighboring actins.

As illustrated in Figure 2, the mobility and position of Tm are under the control of the heterotrimetric Tn complex. Tm is held in a blocking position mainly by the action of the N-terminal tail of cTnT and by 2 regions of cTnI, a highly basic inhibitory peptide (Ip) and a second actin-binding region. These cTnI peptides flank the switch peptide, SwP, poised to interact with regions of the N-lobe of cTnC, when exposed by Ca binding to a single regulatory site on cTnC N-lobe, which promotes an interaction between this region of cTnC with troponin I switch peptide (SwP), a switch peptide that reacts with the Ca-bound cTnC N-lobe. Movement of the SwP promotes a movement of the actin cTnI-binding peptides, and via reactions involving the intertwined arms of cTnT and cTnI, together with the C-lobe of cTnC, there is a release of Tm, exposing binding sites for crossbridges on actin. Note the position of the dephosphorylated N-terminal extension of cTnI as bound to cTnC. These interactions promote Ca binding and Sw-P binding to cTnC (Illustration credit: Ben Smith).

Figure 2. Scheme illustrating thin filament structural changes in the transition from a relaxed to an active state. In relaxation, tropomyosin (Tm) is immobilized and wedged between actin-binding peptides of cardiac troponin (cTnI) and the N-terminal tail of cTnT. There also may be an interaction between the C-terminal domain of cTnI and Tm. Activation occurs with Ca binding to a single regulatory site on cTnC N-lobe, which promotes an interaction between this region of cTnC with troponin I switch peptide (SwP), a switch peptide that reacts with the Ca-bound cTnC N-lobe. Movement of the SwP promotes a movement of the actin cTnI-binding peptides, and via reactions involving the intertwined arms of cTnT and cTnI, together with the C-lobe of cTnC, there is a release of Tm, exposing binding sites for crossbridges on actin. Note the position of the dephosphorylated N-terminal extension of cTnI as bound to cTnC. These interactions promote Ca binding and Sw-P binding to cTnC (Illustration credit: Ben Smith).

Near-Neighbor Interactions Between Thin Filament Regulatory Units Control Cardiac Function

In addition to these steric and allosteric regulatory mechanisms, the activation of thin filaments involves cooperative mechanisms in which the activation of one regulatory unit (RU), which is generally considered as 1 Tn–Tm complex in association with 7 actins, influences the activation of a near neighbor. The steep relationship between pCa and steady-state tension development with Hill coefficients of the order of 4 to 6 provides strong evidence of a cooperative activation process occurring despite the control by a single regulatory Ca-binding
Tobacman et al. provided direct evidence that RU–RU interactions in the thin filament are important and are likely to involve multiple mechanisms. Although the basis for the Frank-Starling relation remains controversial, it is clear that control of cardiac function is not solely dependent on cellular Ca fluxes but depends on the amount and rates of Ca movements to and from the sarcomeres. Therefore, the role of increased Ca movements on the sarcomere is not just to control Ca signaling but to control sarcomere function. The extent and complexity of the sarcomere are significant controllers of the inotropic and lusitropic reserve. How these reserves are engaged physiologically and during pathological conditions, such as ischemia, is currently under investigation.

Studies addressing the molecular basis of length-dependent activation, a mechanism fundamental to the Frank-Starling relation, also support a thin filament–based cooperative mechanism. Farman et al. proposed that disruption of communication from RU to RU by replacing cTnC in skinned fibers with a variant of cTnC with a defunct regulatory Ca-binding site had a bigger effect in reducing myofilament Ca sensitivity and Hill n values at short sarcomere lengths compared with long sarcomere lengths. However, reductions in the number of crossbridges reacting with the thin filaments had similar effects at long and short sarcomere lengths. Although the basis for the Frank-Starling relation remains controversial and likely to involve multiple mechanisms, these data indicate that length-dependent activation may not depend on cooperativity induced by strong, force-generating cross-bridges.

Tm–Tm and actin–actin interactions are likely to couple an active RU to inactive near neighbor, but modulation of the cooperative spread of activation is likely to involve the Tn complex. The influence of cTn binding on actin and on cTnC Ca affinity is well-documented, and modulation of these interactions may be an element in the communication between near-neighbor RUs. Modulation could occur through cTn phosphorylation, which is known to reduce cTnC Ca affinity. Phosphorylation of cTn affects length-dependent activation, as does isoform switching of cardiac to slow skeletal TnI, the embryonic/neonatal isoform. Length-dependent activation is also critically dependent on cTnI-Thr144, a unique amino acid in the Ip and phosphorylation site in cTnI. There is also evidence that specific amino acid substitutions in cTnI are able to alter the effect of n-ethyl maleimide-S1 on cooperative activation of cardiac myofilaments. It remains to be determined whether interactions of a C-domain of cTnI with Tm affect cooperative spread of activation, but there is evidence for a role of modifications in cTnI. Apart from its implications in the Frank-Starling relation, cooperative control of myofilament response to Ca is a feature of control of cardiac dynamics with relevance to the rate of rise of tension and pressure and stretch-dependent activation. We have previously argued that the cooperative spread of activation is a significant and potentially dominant factor controlling the duration of systolic elastance and isovolumic relaxation in the heart beat. Here, we address the question of the relative role of cTnI–cTnC interactions in the control of cooperative activation and the question of modulation of cooperative activation by cTnI phosphorylation. We consider these questions in the next section in discussions of the relevance of control mechanism at the level of the sarcomeres in regulation of cardiac function.

**cTnI Phosphorylation and Integrated Control of Cardiac Function by Ca Fluxes and Myofilament Response to Ca**

There is no doubt that the amounts and rates of Ca movements to and from the sarcomeres are significant controllers of the intensity and duration of tension (pressure) development and rates of contraction and relaxation. In the basal state, estimates indicate that enough Ca is released to occupy 20% of the Tn RU on the thin filament. Thus, one conceptualization of the cardiac inotropic reserve is the 80% of RUs available for recruitment and regulation of contractility. There is also a relaxation or lusitropic reserve. How these reserves are engaged physiologically, and what may go wrong with them in cardiac disorders are important questions. One mechanism is straightforward and involves variations in the load of Ca in the sarcoplasmic reticulum for release and variations in the rate of return of Ca to sarcoplasmic reticulum. The extent and complexity of the wealth of mechanisms for controlling Ca fluxes to and from the myofilaments support the significance of this mechanism of control of inotropic and lusitropic reserve.

A growing set of compelling data have brought support and clarity to the idea that control of cardiac dynamics and power is not solely dependent on cellular Ca fluxes but depend
significantly on the response of the sarcomeres to Ca$^{2+}$. The advantage of a regulatory process involving both Ca fluxes and Ca response is that it provides a mechanism for control of inotropic and lusitropic reserve while limiting the liability of Ca$^{2+}$ overload and the associated arrhythmias. In a previous article, we set forth arguments and speculation that some aspects of the dynamics of the cardiac cycle are, in fact, dominated by control mechanisms at the level of the sarcomeres. Prominent mechanisms at the level of sarcomeres that can be rate limiting in the contraction/relaxation cycle include the kinetics of the reaction of crossbridges with actin, the kinetics of Ca release from cTnC, and the influence of the dynamics of cooperative processes within the myofilament lattice. There is strong evidence that protein phosphorylation of cTnI modifies each of these mechanisms in physiological control of the heartbeat.

There are many reports demonstrating that dynamics of cardiac myocytes may change with no change in dynamics of the Ca transient. A common mechanism giving rise to this effect is a modification in cross-bridge cycling kinetics as for example occurs with isofrom switching of myosin isoforms with differing ATPase rates. Furthermore, it has been demonstrated by use of inotropic agents acting directly at the level of the myofilaments that force and shortening can be significantly enhanced by mechanisms specifically affecting myofilament response to Ca$^{2+}$. Most recently, data generated from experiments investigating the sarcomere activator, omecacin, mecarbil, have demonstrated how an agent modifying crossbridge duty cycle is able to increase contractility with no effect on cellular Ca transients. Our studies have demonstrated that similar modification in actin–myosin interactions occurs with light chain phosphorylation and with cTnI phosphorylation. Furthermore, we have recently reported that ventricular myocytes from a model of diastolic heart failure demonstrates slowed relaxation but no change in Ca fluxes. Linkage of dilated cardiomyopathy (DCM) and HCM to sarcomeric mutations provides strong support for the significant role of modulation of myofilament response to Ca$^{2+}$ in short- and long-term homeostasis of cardiac function. Mutations linked to HCM and DCM induce opposite alterations in myofilament Ca sensitivity, and thus indicate that there exists a homeostatic zone of sarcomeric Ca responsiveness. The idea is that when sarcomeres operate outside this zone for sustained periods, as occurs in a genetic defect, there is an induction of maladaptive responses. These may be mechanical stressors such as altered relaxation or altered force production or tension cost. There may be an induction of altered Ca$^{2+}$ interactions with the TnC leading to arrhythmias. Furthermore, as is evident in familial cardiomyopathies, there is induction of altered gene regulation resulting in a hypertrophic (DCM) or dilated cardiac phenotype (DCM).

**Unique Phosphorylation at Ser23/Ser24 by Diverse Kinases Controls Cardiac Function**

Phosphorylation of cTnI-Ser23/Ser24 (Figure 3) is the most well-understood thin filament protein posttranslational modification in control of sarcomeric response to Ca$^{2+}$ and integration with Ca fluxes controlling inotropic and lusitropic reserve. Ser 23/Ser24 phosphorylation is well-known and generally agreed to induce a desensitization of steady-state myofilament force generation to Ca$^{2+}$. Although controversial, there are also data indicating that Ser23/Ser24 bis-phosphorylation is associated with an increase in cross-bridge kinetics. We think it is highly relevant that myofilaments controlled by constitutively phosphorylated cTnI at Ser23/Ser24 demonstrate increased power and also show an enhanced force-frequency modulation and afterload relaxation sensitivity. Evidence also indicates that the bis-phosphorylation of these sites decreases the Ca affinity of TnC regulatory sites and may also decrease the affinity of cTnC for the SwP independent of an effect on Ca affinity. The cTnI-Ser23/Ser24 sites occur in the highly flexible N-terminal domain, composed of ≈30 amino acids and unique to the cardiac variant. This region did not resolve in the core crystal structure of cTn, but data derived from solution nuclear magnetic resonance and neutron contrast variation studies have provided an atomic model of Tn revealing the conformational transition with bis-phosphorylation of Ser23/Ser24. The atomic model revealed that without phosphorylation the region around the more kinases with cTnI as a substrate, and new insights into the role of multisite phosphorylations have been identified. With the advent of high-resolution mass spectrometry techniques, such as top-down approaches and multiple reaction monitoring, previously unappreciated sites have emerged and most likely will continue to emerge as the studies extend into more detailed investigations of specific myocardial regions and investigations of alterations in physiological and pathophysiological states of the hearts. In addition to PKA, Ser23/Ser24 sites are substrates for PKG, PKCβ, PKCo, and PKD1.

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![Diagram of potential phosphorylation sites](http://circres.ahajournals.org/)

**Figure 3. Illustration of the potential phosphorylation sites of cardiac troponin (cTn) I for which there are functional correlates as described in the text.** Note the double arrow indicating that the N-terminal extension of cTnI shifts position on phosphorylation at Ser23/Ser24 and thus promotes release of Ca$^{2+}$ and the troponin I switch peptide (SwP) from the N-lobe of cTnC. Also note the proximity of the acidic N terminus of cTnI to the regulatory domain of cTn containing the SwP. Functional correlates of the phosphorylation sites are discussed in the text (Illustration credit: Ben Smith).
phosphorylation motif and an α-helix (residues 25–30) is less structured than with phosphorylation. In the absence of phosphorylation, the N-extension interacts with the N-lobe of cTnC in a position to influence both Ca binding and binding of the SwP by enhancing their affinity for the N-lobe relative to the phosphorylated state. The interactions are with cTnI acidic residues interacting with Arg22 and Arg 28 of cTnC and with hydrophobic residues Leu 29 and Pro12 of cTnC. Leu29 mutated to a Gly is linked to HCM, which induces a more open substate of the cTnC N-lobe and hinders the effect of phosphorylation of Ser23/Ser24 on myofilament Ca sensitivity.59 Ser23/Ser24 phosphorylation induces an extension of helix (residues 21–30) and weakens the interaction of the N-extension with cTnC. This repositioning and bending alters the axial ratio of cTnI and seemed to be aided by a poly-proline helix (residues 11–19) forming a rigid linker. As illustrated in Figure 3, these conformational transitions place the acidic N-terminal cTnI (residues 1–10) close to the C-domain of cTnI containing the basic Ip, the second actin-binding domain, and the SwP. To test for this intramolecular interaction, we used cTnI-Ser5Cys and cTnI-Iso19Cys, labeled with the heterobifunctional cross-linker benzophenone-4-maleimide.60 Our studies identified novel cross-linking between these mutants at Met-154 (residue 19 mutant) and Met-155 (residue 5 mutant) of cTnI and novel intermolecular interactions at positions Met-47 and Met-80 of cTnC. The cross-linking between the acidic N terminus of cTnI and these Met residues, which reside in the SwP, provides evidence supporting the possibility of an intramolecular interaction controlling the Ca responsiveness and power of the myofilaments with cTnI phosphorylated by PKA. Studies of myofilaments regulated by cTnI-Arg146Gly linked to HCM provide indirect evidence of interaction between the N terminus of cTnI and the regulatory C-domain of cTnI surrounding the Ip.54 The loss of the basic residue in the Ip leads to enhanced Ca sensitivity in the myofilaments, but importantly there is also a loss of the ability of PKA-phosphorylated cTnI to reduce Ca sensitivity.62 This effect also indicates the possibility that the control of myofilament response to Ca2+ by cTnI phosphorylation involves an intramolecular interaction. Studies investigating interactions between Thr144, a PKC substrate in the Ip, and Ser23/Ser24 also support the potential significance of an interaction between the cTnI N-extension and the regulatory domain surrounding the Ip. These studies used pseudophosphorylation variants of cTnI-Thr144Glu and cTnI-Ser23D, Ser24D. Whereas the presence of Ser23D/Ser24D and Thr144Glu both desensitized the myofilaments to Ca, there was reduction in Ca affinity only in the myofilaments regulated by Ser23D/Ser24D. In other words, desensitization of the myofilaments to Ca2+ occurred independently of altered cTnC Ca affinity in the case of myofilaments regulated by cTnI-Thr144Glu. Furthermore, compared with myofilaments regulated by wild-type cTnI, cTnI-Ser23D/Ser24D, or cTnI-Thr144E, myofilaments regulated by cTnI-Ser23D/Ser24D/Ser150 phosphorylated cTnI demonstrated a significantly depressed Hill n value for both the pCa tension and Ca-binding relationships. As discussed below, there is also evidence of interactions between phosphorylation at Ser23/Ser24 and cTnI-Ser150, a site phosphorylated by Pak1, Pak3, and 5′-AMP kinase (AMPK).

Troponin I Phosphorylation as an Integral Mechanism in Hypertrophic and Mechanosignaling Networks and in the Progression to Heart Failure

Although the functional significance of phosphorylation at Ser23/Ser24 is well accepted, the functional significance of the phosphorylation of other sites is either poorly understood or controversial.1 Early studies identified Ser43/Ser45 and T144 as substrates for PKC, and eventually as substrates for specific PKC isoforms.63 Further studies using transgenic mouse models with up- and downregulation approaches with site-specific modifications or expression of PKC isoforms further supported a functional role of these PKC sites.47,64–66 A general conclusion is that when phosphorylated the Ser43/Ser45 sites in contrast to phosphorylation of Ser23/Ser24 depress maximum tension and cross-bridge kinetics. In our hands, phosphorylation of T144 alone had little effect on tension or Ca sensitivity but also depresses cross-bridge kinetics.67 The effect of phosphorylation at Ser43/Ser45/Thr144 dominates the effects of phosphorylation at Ser23/Ser24.55,68 More recently, we60 reported results of extensive studies of a transgenic mouse model expressing pseudophosphorylated cTnI (cTnI-Ser43Glu, Ser45Glu, Thr144Glu). Although we determined that only ~7% of the endogenous cTnI were replaced with the mutant, the experiments revealed an induction of a negative inotropic effect with significantly slowed relaxation in isolated hearts and intact papillary muscle preparations. Ca transients were unaffected in isolated cardiac myocytes, and there was no effect of myofilament Ca sensitivity or tension cost. A mathematical model was used to understand and analyze the integrative interpretation of the data. The model fit the data on the basis of a decrease in the rate of crossbridges into the force-generating state, thereby producing negative inotropy and an increased persistence of the myofilament active state producing negative lusitropy. Studies on animal models of heart failure produced by either pressure overload or myocardial infarction also produced a decrease in maximum tension dependent on phosphorylation of cTnI.69 Analysis of the cTnI by nonequilibrium gel electrophoresis revealed a preponderance of highly charged cTnI in both the pressure overload and myocardial infarction models of heart failure compared with controls. These changes could also be produced by treatment of the skinned myocytes with PKCα.70

A role for PKC activation in human hearts with ischemic failure was first made clear by studies reported by Bowling et al,71 who reported an increased activation of PKCβII compared with control heart samples. Mouse hearts expressing an active form of PKCβII also demonstrated a decrease in contractility and an associated increase in cTnI phosphorylation.72 In a well-controlled study, Hwang et al73 infected adult cardiac myocytes with viral constructs expressing active PKCβII and observed an overall depression in rates and amplitudes of shortening with a parallel decrease in Ca2+ dynamics. Surprisingly, although the activated PKCβII promoted dephosphorylation of phospholamban, there was an increase in phosphorylation of myofilament proteins, including cTnI-Ser23/Ser24. Increases in the activation of PKD1 in the
myocytes expressing activated PKCβII may have accounted for the increased phosphorylation of cTnl-Ser23/Ser24. No further analysis of sites of cTnl phosphorylation was carried out in the study by Hwang et al.\(^73\)

However, despite all this evidence for the potential significance of phosphorylation at the PKC sites, most studies with human heart samples at end-stage failure showed only a reduction in phosphorylation at Ser23/Ser24 and no evidence for Ser43/Ser45 or Thr144 phosphorylation. Yet, incubation of skinned myocytes from failing human hearts with PKCα and PKCε resulted in cTnl phosphorylation and desensitization to Ca\(^{2+}\). PKCα, but not PKCε, induced a small but significant depression in maximum tension. Dong et al.\(^74\) reported definitive evidence of an association of heart failure in the spontaneously hypertensive rat model with phosphorylation on PKC sites on cTnl. Using a top-down proteomics approach they reported unambiguous evidence of an increase in cTnl- Ser43/Ser45 phosphorylation in samples from the failing hearts of the spontaneously hypertensive rats compared with controls. Furthermore, using multiple reaction monitoring in a mass spectrometry approach we expected that more new insights into phosphorylations await further functional analysis. In a separate set of studies, we had also found the existence of phosphorylation at cTnl-Ser5/Ser6 in mouse hearts.\(^76\) Pseudophosphorylation of the sites induced a decrease in maximum tension and ATPase rate. Thus, the decrease in phosphorylation of Ser5/Ser6 noted by Zhang et al.\(^75\) may have been an adaptive response. Whatever the case, the effects of phosphorylation in the acidic N terminus of cTnl provide further evidence for the potential effect of intramolecular interactions of this region of cTnl with the SwP.\(^60\)\(^,\)\(^67\) Earlier studies had identified the acidic region of cTnl as a functionally significant domain in contractility and response to adrenergic stimulation.\(^79\) The significance of the acidic region of cTnl at amino acids 1 to 10 is also evident from linkage of an Ala5Val mutation to DCM.\(^79\) The mutation induced a depressed cooperative activation of the myofilaments, but not in the presence of cTnl-Ser23/Ser24 phosphorylation.\(^78\) With anticipated advances and more application of high-resolution mass spectrometry, we expect that more new insights into phosphorylations and other posttranslational modifications will be forthcoming. For example, there is evidence that mammalian sterile 20–like kinase 1 has sites of cTnl as a substrate, with Thr 30 at the hinge region of the N-extension (Figure 3) as the most likely preferred site during hydrogen peroxide treatment. Further experiments are required to more fully understand the significance of this effect.\(^80\) The amplification of functional effects as a result of modest changes in phosphorylation makes the understanding of even small changes potentially significant.

Studies such as those described above emphasize the concept that homeostasis of cardiac function requires a balance of phosphorylations of cTnl and most likely other proteins such as MyBP-C, which also has multiple sites of phosphorylation. In addition to the disturbance of this balance by stresses, such as myocardial infarction or hypertension, there is an increase in appreciation of an influence of oxidative stress on the homeostatic balance of phosphorylation of myofilament proteins.\(^81\)\(^,\)\(^82\) This is illustrated by a direct connection among oxidative stress, Src activation, and PKCα with cTnl as a substrate. In the case of PKCδ activated by lipid cofactors, phosphorylation at cTnl occurs at Ser23/Ser24. However, if the PKCδ is phosphorylated by Src at Tyr311 and Tyr 322, there is an enhanced autophosphorylation at Thr505 in the activation loop and phosphorylation at both Thr144 and Ser23/Ser24. Studies with skinned myocytes demonstrated a mechanical correlation to this switch in substrate preferences. Furthermore, treatment of heart muscle preparations with hydrogen peroxide as a mimic of oxidative stress also induced an activation of PKC and modification of myofilament\(^83\) response to Ca\(^{2+}\).\(^84\)

**cTnl Phosphorylation and Signaling at the Barbed and Pointed Ends of Cardiac Thin Filaments**

In previous studies, we have developed evidence indicating a modulation of cTnl phosphorylation by signaling associated with the modification of protein–protein interactions in the Z-disk protein network. Localization of kinases and phosphatases at the Z-disk provides one mechanism for this remote control of the A-band region of thin filaments by signals at the Z-disk regions. There are several reviews dealing with general signaling involving these thin filament regions.\(^5\)\(^,\)\(^6\)\(^,\)\(^85\) Regulation of protein phosphatase 2A activity by Pak1 with dephosphorylation of cTnl may also occur via a Z-disk–related mechanism.\(^86\)\(^,\)\(^87\) reported that Pak1 has a Z-disk localization and moves to the cytoplasm with activation. Active Pak1 has antihypertrophic properties, but the role of Z-disk signaling in this mode of action remains unknown.\(^88\) In another line of experiments, we\(^89\)\(^–\)\(^91\) and others\(^92\)\(^–\)\(^94\) have reported that alterations in the interaction of CapZ at the barbed end of thin filaments set into motion PKC-mediated regulatory mechanisms involving phosphorylation of cTnl. We first identified a role for integrity of the CapZ–thin filament interaction in relocation of PKC isoforms to the myofilaments and in the phosphorylation of cTnl.\(^90\) and subsequent studies have developed evidence for control of the interaction by lipid signaling through phosphoinositide bis-phosphate,\(^85\) as well as induction of a protective effective in hearts stressed by cold cardioplegia, ischemia reperfusion, and preconditioning.\(^92\)\(^,\)\(^93\) These results indicate that modulation of the CapZ–thin filament interaction by neighboring proteins is a significant factor in the modulation of cardiac function by cTnl phosphorylation. Inasmuch as our initial studies\(^90\) demonstrated that modification of the CapZ–thin filament interaction induced a significant increase in expression of Tmod at the pointed end, we also discuss regulatory proteins that affect Tmod.

Thin filament–associated proteins positioned at the barbed (Z-disk) and pointed (M-line) ends of thin filaments are important in mechanisms controlling the assembly of thin filaments, which is critical to hypertrophic growth, as well as the maintenance of thin filament stability and length.\(^90\) Regulation of actin dynamics most likely requires coordination of control mechanisms at both ends of the thin filament, but Littlefield et al.\(^94\) reported that actin exchange at the pointed end occurs significantly faster than actin exchange at the barbed end of actin filaments. The actin capping protein, CapZ, caps the...
barbed end of thin filaments and is tethered to the Z-disk via α-actinin, which cross-links adjacent thin filaments (Figure 1). At the pointed end, thin filaments are capped by the striated isoform of Tmod-1 (Figure 1). Tm is another actin-binding protein critical to the stability and maintenance of thin filament by inducing a resistance to depolymerization.55 As discussed below, Tm mod binding to Tm is also an important element in the capping of the pointed ends of thin filaments.88 Although more investigation is required, emerging evidence indicates that these control mechanisms may involve phosphorylation.

CapZIP, which is present in both cardiac and skeletal muscle, has been identified as a CapZ-interacting protein, which is phosphorylated by several protein kinases, such as JNK, important in stress responses.97,98 The phosphorylation of CapZIP induces a dissociation of CapZ from thin filaments and is thus believed to regulate actin assembly. No detailed investigation of the role of CapZIP in thin filament assembly in the heart has been carried out. However, CapZIP phosphorylation has been reported to be modified in hearts stressed by hypertrophy.99 Phosphorylation also seems to play a role in the control of CapZ binding to thin filament by formin homology domain 3 (FHOD3), which is a member of the formin family controlling the assembly of thin filament via formin homology domain 2. There is disagreement as to the exact position of FHOD3 on the thin filaments. One set of studies96 concluded that FHOD3 localizes at the A-band–I-band junction, but in a position permitting interaction of the formin homology domain 2 with the barbed end of actin. Another set of studies103 concluded that FHOD3 localizes to the Z-disk. Iserachs et al101 reported evidence that FHOD3 is regulated by casein kinase 2–dependent phosphorylation. The site of phosphorylation arises from tissue-specific splicing generating a muscle-specific isoform possessing an 8 amino acid C-terminal extension with the casein kinase 2 phosphorylation site. Phosphorylation targets FHOD3 to the thin filaments and releases it from p62, a protein which has multiple roles in kinase signaling and functions in proteasomal activity and autophagy.102 Compared with controls, hearts with a decrease in expression of FHOD3 (mouse model of DCM and human hearts in failure) show a loss of myofibrillar integrity. Future experiments will have to be carried out to determine whether, when, and how casein kinase 2 signaling is engaged in cardiac myocytes undergoing stresses, such as stretch, that induce increased actin assembly.

Interactions of Tmod at the pointed end of thin filaments provide a mechanism for control of filament length, stability, and assembly. Levels of Tmod are critical to myofibrillar stability. Sussman et al95 reported that overexpression of Tmod in a mouse model induced myofibrillar disorganization with short thin filaments and a dilated cardiomyopathy, whereas Littlefield et al102 reported that a reduction in the expression of Tmod leads to relatively long thin filaments. The interaction of Tm with the pointed end of thin filaments occurs through interactions of an N-terminal region with both actin and Tm with 2 domains interacting with Tm and 1 domain interacting with actin.96,103 Tm mod binding to the pointed end is antagonized by leiomodin-2 (Lmod), which also binds to the pointed end of thin filaments, but does not act as a capping protein. It is apparent that the competition of Lmod with Tmod for a Tm-binding site is most likely to account for the antagonism between the 2 regulatory proteins. It may be of significance that the human Lmod gene is located near the HCM locus CMH6 on human chromosome 7q3. On the basis of this identification, Conley et al104 suggested that Lmod may be implicated in HCM.

Whether phosphorylation is an important signaling mechanism to the set of proteins controlling actin dynamics at the pointed end of the thin filaments remains unclear and understudied. A role for Tm mod phosphorylation in modulating the interaction among these regulatory proteins at the pointed end has not been explored to our knowledge. However, there are data suggesting that phosphorylation of Tmod may modulate its interactions with actin and Tm.105 Dorovkov et al105 reported that pseudophosphorylation of Tmod-1 mimicking phosphorylation by transient receptor potential melastatin 7 kinase induced a loss of Tmod-1 capping function in thin filaments. The phosphorylation was at a highly conserved Thr residue (T54), which seemed to alter only actin binding and not Tm binding. Transient receptor potential melastatin 7 kinase is fusion of a Ser/Thr kinase with an ion channel.106 The channel is inactivated by phosphoinositide bis-phosphate hydrolysis,107 which may be of some interest inasmuch as phosphoinositide bis-phosphate has been reported to alter CapZ interactions with the barbed end of thin filaments,89 and one wonders if a similar mechanism may be occurring at the pointed end via a modification of transient receptor potential melastatin 7 activity. Whatever the case, there is a need to more thoroughly investigate a role for post-translational modification of thin filament regulatory proteins with a role in thin filament assembly, length, and stability.

**cTnI Phosphorylation as an Integral Homeostatic Mechanism in Metabolic Signaling Networks**

A potentially significant and under-investigated area of research is the coordination of signals controlling cardiac energy supply and signals controlling energy consumption by the myofilaments. As major consumers of energy, this coordination at the level of myofilament proteins seems particularly important to understand. A strong case for this has been made in the case of mutations in myofilament proteins linked to familial HCM, a disease that remains characterized as a disease of the sarcomere. One of the theories related to mechanisms linking a sarcomere disease gene to hypertrophy and sudden death is related to the promotion of energy deficiency and altered Ca2+ fluxes.108 There is evidence that the mechanism may be more than a simple energy demand/energy supply imbalance, but may involve signaling mechanisms that modify myofilament response to Ca2+. Furthermore, metabolic links to altered gene expression are well-described in the switch to a fetal gene program in hearts responding to a variety of stressors.109 We have reported a similar switch to fetal metabolic phenotype by expression of slow skeletal TnI in the adult heart.110 Here, our focus is on coordinated signaling between metabolic demand and metabolic supply with cTnI phosphorylation as a relevant example.

A recent and excellent example of the integration of mechanical and metabolic signaling networks comes from studies that have identified cTnI as a substrate for AMPK.111–113 AMPK is well known to act as an energy sensor in cardiac myocytes.114,115 Imbalances in AMP/ATP ratio resulting from metabolic stress, such as ischemia and reperfusion injury, shift this ratio and activate AMPK. The activation is generally considered to be protective as it offsets the metabolic stress.
Apart from the metabolic enzymes demonstrated to be regulated by AMPK, there is evidence that other significant elements in function of cardiac myocytes may be substrates for AMPK. For example, there are data suggesting that N channels may be substrates for AMPK as indicated by arrhythmogenic activity in patients with mutations in the AMPK gene, PRKAG2. Along these lines, there is also evidence suggesting that Na\textsuperscript+-Ca\textsuperscript{2+} exchanger may be a substrate for AMPK, but this has not been studied in the heart. Among the sarcomeric proteins, cTnI is the most well-documented substrate for AMPK. In vitro studies identified 2 regions of cTnI as substrates for AMPK, Ser22 in the unique N-terminal extension and Ser150 in the switch region (Figure 1). Kinetic studies indicated Ser150, which was phosphorylated by AMPK at a much faster rate of phosphorylation than Ser22, as the more important and more likely in situ substrate. Two subsequent studies confirmed these initial finding with more direct evidence that cTnI-Ser150 is a substrate for AMPK. Oliveira used a yeast 2-hybrid screen to identify cTnI as a protein interacting with AMPK. Hearts responding to promoters of AMPK activity (either Aicar or ischemia) showed an increase in cTnI-Ser150 phosphorylation, which was also depressed by an inhibitor. Relaxation rate was slowed in association with activation of AMPK, with no change in the dynamics of the Ca\textsuperscript{2+} transient. These results indicated that AMPK-dependent phosphorylation of cTnI might induce an increase in Ca responsiveness of the myofilaments. This was confirmed by studies with skinned fiber preparations in which S-150 of cTnI was phosphorylated by incubation of reconstituted myofilament preparations with AMPK. Furthermore, skinned fiber preparations regulated by a pseudophosphorylated mutant (cTnI-Ser150Asp) also demonstrated an increase in sensitivity to Ca\textsuperscript{2+} and an increased Ca binding to the cTnC regulatory site. An important additional finding in this study was the demonstration that associated with phosphorylation of cTnI-Ser150 there was reduced desensitization by PKA-dependent phosphorylation of cTnI-Ser23/Ser24 and a reduced effect of PKA-dependent phosphorylation to enhance length-dependent activation. It is of interest that both these effects would tend to increase Ca binding to cTnC, which may also be a factor in the arrhythmias. There are important implications of the findings on the effects of cTnI-S150 phosphorylation on mechanisms modulating sarcomere response to Ca\textsuperscript{2+}. Data showing an interaction between effects of phosphorylation at Ser23/Ser24 in the N-helix and at Ser150 also support previous studies, as discussed above, in which we reported a close proximity between residues in the cTnI N-terminal extension and Met residues at position 155 of cTnI. Furthermore, Ouyang et al. reported evidence from studies using steady-state Forster fluorescence resonance energy transfer that with pseudophosphorylation of cTnI at Ser150, there is a shortening of the intersite distances between cTnI and cTnC. Interestingly, this modification in intersite distance was similar to the effect of strong crossbridges on the structural transitions in cTnI. This is a significant finding inasmuch it provides further evidence for a role for modulation of the cTnI-cTnC in thin filament–related cooperative activation of the myofilaments. 

Signaling via PKD1 (formerly known as PKC\textsuperscript{\beta}1) also provides an example of the coordination of signaling to the myofilaments apparently coordinated with metabolic supply and demand, as well as nuclear signaling promoting hypertrophy. PKD1 is able to phosphorylate both cTnI and MyBP-C, resulting in desensitization of the myofilament response to Ca\textsuperscript{2+}, as well as increase in cross-bridge kinetics. As with PKA, PKD also has effects on excitation–contraction coupling in the form of altered L-type Ca-channel activity and Ca loading of the sarcoplasmic reticulum. Studies with electric stimulation of isolated cardiac myocytes demonstrated a stimulus-dependent activation of PKD and dynamic regulation of cTnI phosphorylation and myofilament Ca desensitization. Nuclear PKD1 also phosphorylates HDAC5, promoting its export from the nucleus and releasing myocyte enhancer factor 2 from inhibition, thereby inducing hypertrophic growth. Active PKD1 is also critical in enhanced glucose uptake associated with contraction in adult cardiac myocytes by mechanism independent of AMPK activation. The mechanism is a PKD1-dependent increase in Glut4 translocation and glucose uptake. Although AMPK activation can increase fatty acid uptake, PKD1 activation cannot. An interesting aspect of the experiments of Dirksen et al. is the demonstration of the relative reactive oxygen species sensitivity of PKD1 signaling and effects of glucose transport compared with reactive oxygen species–dependent effects on AMPK signaling and fatty acid uptake. The relative effects of reactive oxygen species–dependent modulation of PKD1 activity with regard to cTnI phosphorylation have not been investigated to our knowledge. As with many signaling networks, PKD1 signaling presents a puzzle to be solved in terms of why nature has chosen to modify cTnI phosphorylation by different kinases. Localized signaling may provide the clues to solution of the puzzle. In the case of PKD1, localization at the Z-disc or related regions has been shown. There is also a regulatory complex consisting of AKAP-Lbc, which scaffolds PKA and PKD1. PKA activation is known to suppress PKD1 activity, and localized activity of phosphodiesterase 3 and phosphodiesterase 4 may control PKA activity. These mechanisms provide pathways whereby PKD1 activity may be directed toward various cellular functions via adrenergic receptors signaling through diacyl glycerol/PKC for cAMP/PKA or via growth receptors such as endothelin receptors acting through PKC. This is but one example where more data are needed with regard to what happens, when and where following a stimulus of the cardiac myocytes relevant to a physiological adaptive response or to pathophysiological maladaptive response.

**Summary and Challenges**

It is no surprise that in the nearly 40 years since the first identification of functionally significant covalent phosphorylation of sarcomeric proteins, major challenges remain, despite a steady increase in studies and the appreciation of these post-translational modifications in complex signaling networks. The discussion here on multisite phosphorylation of cTnI in this network is an example of how little we know, despite the generation of much knowledge. We know or will soon know all the thin filament sites potentially phosphorylated and their relative abundance. We have a good idea of the functional consequences of the site-specific phosphorylations at various levels of organization. We have knowledge strongly indicating that the phosphorylations provide an integrated response coordinating energy consumption and energy supply, as well as excitation–contraction coupling, transcription, and translation. We know that the sites of phosphorylation are modified...
in homeostatic, adaptive physiological control of cardiac output, and we know that the sites of phosphorylation are modified in maladaptive responses to acquired and inherited disorders of the myocardium. We do not know precisely the dynamics of the multisite phosphorylations in the time course of the response to physiological or pathological signals and stressors. We do not know precisely how the phosphorylations are coordinated with diverse signaling events and their site-specific occupancy. In the best of scientific worlds, we would have an in situ probe providing readout of site-specific phosphorylations during a temporal change in cardiac function. Addressing these unanswered questions may be impossible for the near term; we have to make the best with the approaches we do have, and we have to continue to take lessons from advances made in network biology in much simpler systems than the heart, such as yeast. Furthermore, in the face of massive amounts of genomic and proteomic information, together with knowledge of spatial/temporal relationships among proteins as well as kinase/phosphatase signaling networks, we must devise ways of separating signal from noise.

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