Revascularization of Ischemic Skeletal Muscle by Estrogen-Related Receptor-γ

Antonios Matsakas, Vikas Yadav, Sabina Lorca, Ronald M. Evans, Vihang A. Narkar

Rationale: Oxidative myofibers in the skeletal muscles express high levels of angiogenic factors, have dense vasculature, and promptly revascularize during ischemia. Estrogen-related receptor-gamma (ERRγ) activates genes that govern metabolic and vascular features typical to oxidative myofibers. Therefore, ERRγ-dependent remodeling of the myofibers may promote neoangiogenesis and restoration of blood perfusion in skeletal muscle ischemia.

Objective: To investigate the muscle fiber type remodeling by ERRγ and its role in the vascular recovery of ischemic muscle.

Methods and Results: Using immunohistology, we show that skeletal muscle-specific transgenic overexpression of ERRγ increases the proportions of oxidative and densely vascularized type IIA and IIX myofibers and decreases glycolytic and less vascularized type IIB myofibers. This myofiber remodeling results in a higher basal blood flow in the transgenic skeletal muscle. By applying unilateral hind limb ischemia to transgenic and wild-type mice, we found accelerated revascularization (fluorescent microangiography), restoration of blood perfusion (laser Doppler flowmetry), and muscle repair (Evans blue dye exclusion) in transgenic compared to wild-type ischemic muscles. This ameliorative effect is linked to enhanced neoangiogenesis (CD31 staining and microfil perfusion) by ERRγ. Using cultured muscle cells in which ERRγ is inactivated, we show that the receptor is dispensable for the classical hypoxic response of transcriptional upregulation and secretion of vascular endothelial growth factor A. Rather, the ameliorative effect of ERRγ is linked to the receptor-mediated increase in oxidative myofibers that inherently express and secrete high levels of angiogenic factors.

Conclusions: The ERRγ is a hypoxia-independent inducer of neoangiogenesis that can promote reparative revascularization. (Circ Res. 2012;110:1087-1096.)

Key Words: estrogen-related receptors  ■  hypoxia  ■  ischemia  ■  neoangiogenesis  ■  skeletal muscle

Ischemic damage to the skeletal muscle attributable to compromised blood supply is a common complication in cardiovascular and metabolic diseases such as heart failure, atherosclerosis, obesity, and diabetes.1–3 Because of limited effective treatment options, which include invasive procedures such as endovascular reconstruction or surgical revascularization, muscle ischemia often leads to limb amputation in alarmingly large numbers of patients.4 Noninvasive treatment with pharmacological agents directed toward restoring vascular function by inducing therapeutic angiogenesis in ischemic skeletal muscle are underdeveloped. Although targeting of some of the angiogenic factors such as vascular endothelial growth factor (VEGF) and fibroblast growth factor has shown functional revascularization of ischemic muscle in preclinical studies, success in the clinical setting has been limited.5–8 Because neoangiogenesis is a complex phenomenon involving a plethora of angiogenic factors,9 alternative strategies that can “switch-on” a comprehensive vascular program rather than individual factors are warranted for promoting functional neoangiogenesis in the ischemic skeletal muscle.7

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One potential strategy to treat muscle ischemia might be to enhance the inherent ability of skeletal muscles to secrete angiogenic factors and to recruit new blood vessels. In this regard, skeletal muscle beds rich in oxidative myofibers, such as type I and IIX, as well as the oxidative/glycolytic fibers IIA, express high levels of angiogenic factors and therefore...
Nonstandard Abbreviations and Acronyms

<table>
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<th>Abbreviation</th>
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<tr>
<td>ERRγ</td>
<td>estrogen-related receptor-γ</td>
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<td>ERRGN</td>
<td>dominant-negative estrogen-related receptor-γ</td>
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<td>TA</td>
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are densely vascularized. Interventions such as regular exercise that boost oxidative myofiber phenotype are beneficial in the management of ischemia by increasing capillary density, collateralization, and microcirculation in the skeletal muscle. The ameliorative effect of exercise might be linked to the ability of oxidative muscles to induce higher angiogenic response compared with glycolytic muscles during ischemia. Several recent reports suggest that transcriptional regulators of oxidative myofiber type can stimulate neoangiogenesis and reverse muscle ischemic damage in exercise-independent fashion. For instance, nuclear receptor coactivator PGC-1α, a key regulator of oxidative fiber type, can induce angiokine expression and neoangiogenesis in ischemic skeletal muscle. Likewise, nuclear receptor PPARδ has been shown to trigger oxidative myofiber remodeling and to promote angiogenic gene expression in skeletal muscle. Therefore, transcriptional regulators of oxidative myofibers that also can induce the angiogenic program are attractive candidates that can be targeted for promoting vascular recovery in skeletal muscle.

Estrogen-related receptor-γ (ERRγ), a constitutively active orphan nuclear receptor, is highly expressed in skeletal muscles enriched in oxidative and densely vascularized myofibers. Using receptor transgenesis in the skeletal muscle, we and others recently showed that ERRγ drives a transcriptional program leading to the activation of genes linked to fatty acid metabolism, mitochondrial biogenesis, as well as angiogenesis that governs the "metabovascular" features of the oxidative myofibers. However, exactly which myofiber types (type I, IIA, IIX, or IIB) are regulated by ERRγ in increasing oxidative phenotype and whether the receptor can promote vascular recovery in ischemic skeletal muscle remain unknown. Therefore, we investigated the effect of ERRγ on the expression of different fiber types and its ability to induce neoangiogenesis and reperfusion in ischemic skeletal muscles using a murine model of hind limb vascular occlusion. We show that transgenic overexpression of ERRγ increases the proportion of type IIA and IIX myofibers, simultaneously decreasing glycolytic type IIB myofibers. This fiber type remodeling results in both higher angiogenic factor expression and basal blood flow in the transgenic skeletal muscle. More importantly, in a murine model of hind limb vascular occlusion, muscle-specific ERRγ overexpression induces neoangiogenesis, triggers revascularization, accelerates restoration of blood perfusion, and reverses myofiber damage in the ischemic skeletal muscle. We provide additional evidence that the receptor is dispensable for the classical hypoxic response of Vegfa induction, and the ameliorative effect of ERRγ in ischemia is linked to the receptor-mediated transformation of the transgenic skeletal muscle to one that inherently expresses high levels of proangiogenic factors. These findings reveal ERRγ as a potential therapeutic target for treating ischemic disease particularly in the skeletal muscle.

Methods

Animal Husbandry

We previously reported the generation of transgenic mice overexpressing ERRγ specifically in the skeletal muscle. Twelve to 16-week-old male mice were used in all the experiments.

Hind Limb Ischemia and Tissue Collection

Hind limb ischemia was achieved in wild-type and transgenic mice by unilateral femoral occlusion, adapting previously described protocols such that left hind limb was ischemic and the contralateral right hind limb served as the control. Hind limb muscles such as tibialis anterior (TA), extensor digitorum longus, gastrocnemius, soleus, and plantaris were harvested at various time points after the induction of ischemia and processed. All the measurements were made in contralateral wild-type, ischemic wild-type, contralateral and ischemic transgenic muscles of the hind limbs.

Laser Doppler Blood Flow Measurement

Blood flow was measured in both the contralateral nonischemic and ischemic muscles from wild-type and transgenic mice with a deep tissue laser Doppler probe (Vasamedics LaserLino BPM2). Blood flow in the ischemic muscles is reported as the percent of the blood flow to contralateral nonischemic hind limb (ischemic/contralateral×100).

Vascular Mapping

For imaging of intact vasculature in TA, fluorescence microangiography was performed on wild-type and transgenic mice subjected to unilateral hind limb ischemia using fluorescent microspheres (Invitrogen). Transverse cryosections of the TA were processed and subjected to fluorescent microscopy to image and quantify skeletal muscle vasculature. Additionally, neoangiogenesis was measured by whole-mount visualization of vascular branching in TA muscles of wild-type and transgenic mice subjected to unilateral hind limb ischemia using intracardiac microfil perfusion.

Muscle Damage

Muscle damage was determined in both the cryosections of TA and the extensor digitorum longus using the Evans blue dye exclusion test.

Immunohistochemistry

Serial transverse cryosections of the TA (and other muscles) isolated from contralateral and ischemic hind limbs of wild-type and transgenic mice were immunohistochemically stained for endothelial cells (CD31) and fiber type (myosin heavy chain type I, IIA, IIX, and IIB).

Details regarding capture and quantification of digital images of the muscle cryosections after immunostaining or fluorescence microangiography are also provided in the Online Supplement.

Mouse Angiogenesis Array and VEGFA Enzyme-Linked Immunosorbent Assay

Muscle lysates from plantaris were prepared and subjected to mouse angiogenesis array (R&D Systems ARY015) and sandwich VEGFA enzyme-linked immunosorbent assay using the DuoSet enzyme-linked immunosorbent assay development system (R&D Systems DY493) according to the manufacturer’s instructions.

Cell Culture

Measurements of Vegfa gene expression and secretion by muscle C2C12 cells stably expressing empty vector or dominant-negative
ERRγ (ERRGDN) under normoxic or hypoxic conditions were performed.

Gene Expression
Gastrocnemius muscles from both the contralateral and ischemic limbs were used for studying gene expression by quantitative real-time polymerase chain reaction, as described previously.20

Chromatin Immunoprecipitation and Reporter Gene Assay
Chromatin immunoprecipitation and luciferase reporter assays to determine activation of Vegfa promoter by ERRγ are described in the Online Supplement.

Statistical Analysis
Data are shown as mean±standard deviation. Significant differences among groups for dependent variables were detected by using two-way (genotype [wild-type versus transgenic]×treatment [contralateral limb versus ischemic limb]) analysis of variance. Comparison between two groups was performed by Student t test for independent variables. Significant differences were considered for P<0.05.

Results
Remodeling of Muscle Fiber Type by ERRγ
We and others previously showed that ERRγ transcribes a gene program encoding the metabolic and vascular features typical of oxidative myofibers.20,21 Therefore, in this study, we first examined the effects of ERRγ overexpression on changes in myofiber type and also on basal blood flow in the skeletal muscles. Skeletal muscle myofibers are classified into types I, IIA, IIX, and IIB based on the expression of myosin heavy chain isoforms. Therefore, fiber type analysis was performed by immunohistochemically staining skeletal muscles (isolated from wild-type and muscle-specific ERRγ-overexpressing transgenic mice) for myosin heavy chain isoforms I, IIA, IIX, and IIB. We found that muscle-specific ERRγ overexpression triggered a muscle fiber type transformation in both the superficial and deep regions of TA in the transgenic mice. Specifically, the expression of the type IIA (stained green) and type IIX (stained purple) oxidative myofibers were increased, whereas the expression of type IIB (stained red) glycolytic myofibers was suppressed. The basal expression of type I myofibers was sparse in TA, and their expression was not further affected by ERRγ (data not shown). Similar changes also were observed in other muscles such as extensor digitorum longus and gastrocnemius (data not shown). Because soleus is a muscle that expresses significant levels of type I myofibers, we examined whether ERRγ has any effect on type I myofiber expression in this muscle. Type I myofibers remained unchanged in ERRγ overexpressing soleus (Online Figure I).

Because oxidative myofibers such as IIA and IIX are enriched in angiogenic factors, which can recruit vasculature and in turn increase blood flow,10–12,15 we measured the basal blood flow in the ERRγ-transformed muscle. Laser Doppler measurements in both the TA (Figure 2A) and gastrocnemius

Figure 1. Regulation of muscle fiber type by estrogen-related receptor-γ (ERRγ). A, Representative micrographs (upper panel) of superficial tibialis anterior (TA) muscle stained for type IIA (green), type IIB (red), and type IIX (purple) myofibers in wild-type and transgenic mice. Quantification of different fiber types (lower panel) in superficial TA (N=8 mice). B, Representative micrographs (upper panel) of deep TA stained for different myofibers. Quantification of different fiber types (lower panel) in deep TA (N=8 mice). *Statistically significant difference between wild-type and transgenic mice (P<0.001, unpaired Student t test). Scale, 100 μm.
Figure 2. Regulation of basal blood flow by estrogen-related receptor-\(\gamma\) (ERR\(\gamma\)). Basal blood flow in (A) tibialis anterior (TA) and (B) gastrocnemius was measured using laser Doppler deep tissue probe and presented as mL/min/100 g tissue (N=14 mice). *Statistically significant difference between wild-type and transgenic mice (\(P<0.001\), unpaired Student t test).

(Figure 2B) showed that the blood flow to the skeletal muscles is higher in the ERR\(\gamma\) transgenic compared to the wild-type muscles. These findings demonstrate that oxidative transformation of muscle by ERR\(\gamma\) involves increases in the proportions of type IIA and IIX myofibers with a concomitant decrease in type IIB myofibers. This ERR\(\gamma\)-mediated fiber type switch might be responsible for the ability of the receptors to improve blood flow to the skeletal muscle.

**ERR\(\gamma\) Rescues Ischemic Muscle Pathology**

Because increasing oxidative and highly vascularized myofibers might be beneficial in skeletal muscle ischemia, we asked the question whether ERR\(\gamma\) can reverse ischemic muscle pathology. To study skeletal muscle ischemia, we used a murine model of unilateral hind limb vascular occlusion. Ischemia was surgically induced in the left hind limb, whereas the contralateral hind limb served as the control. This procedure was applied to both the muscle-specific ERR\(\gamma\) overexpresser and wild-type littermate mice to investigate the effects of the receptor on vascular recovery in the skeletal muscle. The day of surgery was considered as day 0. While vascular recovery was first measured by fluorescent microsphere angiography. Briefly, fluorescent microspheres were perfused by intracardiac route in both groups. Fluorescent microangiography in cryosections of TA at day 2 postsurgery showed that blood supply is completely blocked in ischemic muscles (Figure 3A) in both the wild-type and transgenic mice. In a similar examination of ischemic TA, but on day 8 postsurgery, we detected vascular recovery in the transgenic compared to wild-type littermate animals (Figure 3A, B). Microsphere perfusion in the contralateral nonischemic hind limbs of both the wild-type and transgenic mice are shown (Online Figure II).

To obtain a physiological insight into revascularization of the ischemic muscle, we used a deep tissue laser Doppler probe to measure blood flow over the course of 4 weeks after surgery in TA from both the wild-type and the transgenic mice. In agreement with the lack of microsphere perfusion on day 2 postsurgery, blood flow to TA in the ischemic hind limb was 90% lower than that in contralateral nonischemic hind limb in both the wild-type and the transgenic mice (Figure 4A). This measurement further confirms that hind limb vascular occlusion has been equally applied to the wild-type and the transgenic mice. Starting on day 6, blood flow in the ischemic hind limbs returned to the normal levels. Strikingly, the blood flow measurements revealed an accelerated recovery in the ischemic TA from the transgenic mice compared to those from the wild-type mice. Although the blood flow in the ischemic TA from transgenic mice fully recovered within 14 days after surgery, the wild-type littermates required 23 to 27 days for the complete recovery of blood flow. Taken together, fluorescent microsphere angiography and laser Doppler blood flow measurements reveal an accelerated revascularization and restoration of blood perfusion in transgenic compared to wild-type ischemic muscles.

Does accelerated revascularization of ischemic muscle by ERR\(\gamma\) result in reversal of muscle damage? To answer this question, we measured the extent of skeletal muscle damage using Evans blue dye exclusion test. In this experiment, infiltration of the dye into the myofibers is indicative of skeletal muscle damage. As shown in Figure 4B, day 14 posts ischemic muscles from the wild-type mice shows extensive Evans blue dye infiltration demonstrating extensive muscle damage. In contrast, the day 14 posts ischemic muscles from the transgenic mice showed complete exclusion of Evans blue dye from the myofibers. This result shows that ERR\(\gamma\)-mediated revascularization of the skeletal muscle promotes a striking recovery from ischemic damage.
ERRγ Increases Neoangiogenesis in Ischemic Skeletal Muscle

We determined whether the beneficial effects of ERRγ observed involve stimulation of neoangiogenesis by the receptor. First, we assessed neoangiogenesis in the TA on day 8 after the induction of hind limb ischemia as a function of CD31-positive capillary structures in both the contralateral and ischemic muscles (Figure 5A). In the wild-type ischemic TA, we did not detect any change in capillary structures compared to the nonischemic contralateral TA. However, we detected increase in the capillary structures in the ERRγ transgenic ischemic TA compared with the nonischemic contralateral TA. In similar measurements performed on day 14 (Figure 5B), we detected neoangiogenesis in the ischemic wild-type TA, which nevertheless remained comparatively higher in the transgenic ischemic TA.

Neoangiogenesis in the TA was additionally determined using microfil perfusion and whole-mount visualization for vascular branching, as previously described.22 At day 14 postischemia, neoangiogenesis was modestly induced in the ischemic compared to nonischemic TA in the wild-type mice (Figure 5C, upper panel). At the same time point, we detected a tremendous increase in neoangiogenesis in the ischemic TA of the transgenic mice compared with the nonischemic TA (Figure 5C, lower panel). These findings demonstrate that ERRγ-induced revascularization involves neoangiogenesis.

Regulation of Angiogenic Factors by ERRγ

To identify the transcriptional bases of the reparative effects of ERRγ, we measured the expression of typical angiogenic factors24–26 in the contralateral and ischemic muscle from wild-type and transgenic mice. We found that the expression of most of these factors was substantially higher in TA of transgenic compared to wild-type and transgenic mice. Ischemia did not further increase the expression of these regulators in the transgenic skeletal muscle. Nevertheless, the ischemic induction of some
of these angiogenic regulators was enhanced in the transgenic mice. To confirm this, we measured the accumulation of VEGFA protein in plantaris muscle from wild-type and transgenic mice by enzyme-linked immunosorbent assay. Transgenic plantaris had higher VEGFA levels compared with wild-type muscle in absence of ischemia (Online Figure IV). The VEGFA protein levels were further induced in WT C2C12 cells subjected to 24 hours of hypoxia. Despite the observed ameliorative effect of ERRγ in ischemic muscle, we found that hypoxic induction of Vegfa gene expression in ERRGDN C2C12 cells was comparable to that in WT C2C12 cells (Figure 7B). Similarly, although ERRGDN overexpression suppressed basal Vegfa secretion, it did not affect hypoxic increase in the angiokine secretion in C2C12 cells (Figure 7C). In alternative experiments, endogenous ERRγ expression was knocked down in primary muscle cells, as we previously described.20 Similar to the ERRGDN studies, siRNA knockdown of ERRγ resulted in downregulation of Vegfa isoform expression. Knockdown of the receptor, however, did not affect the hypoxic response of the receptor isoform induction in primary muscle cells (Online Figure V).

To achieve mechanistic insight into transcriptional regulation of Vegfa by ERRγ in normoxia and hypoxia, we performed reporter gene assay and chromatin immunoprecipitation. A conserved ERRγ binding site has been identified in the promoter of Vegfa gene (Figure 8A).16,20 As we previously showed,20 ERRγ transcriptionally activated a luciferase reporter driven by the Vegfa promoter under normoxic conditions (Figure 8B). This transcriptional activation of the Vegfa promoter by ERRγ was not further affected by hypoxia in ERRγ-transfected HEK 293T cells. Chromatin immunoprecipitation using primers flanking the conserved ERRγ binding site in the Vegfa promoter (Figure 8A) revealed that the receptor similarly occupies the predicted site under both normoxia and hypoxia (Figure 8C). Collectively, these results exclude a role for ERRγ in hypoxic response of skeletal muscle cells, at least in terms of Vegfa regulation. Further, ERRγ induces the angiogenic genes such as Vegfa by direct promoter occupancy in a hypoxia-independent fashion.

In summary, we show that the overexpression of ERRγ facilitates vascular recovery and reperfusion in ischemic skeletal muscle. This effect of ERRγ is linked to its ability to remodel the muscle fiber type to one expressing high and sustained levels of proangiogenic factors that can facilitate neoangiogenesis in skeletal muscle ischemia.

**Discussion**

Despite its prevalence, there is currently no effective noninvasive treatment for skeletal muscle ischemia, warranting discovery of newer pathways or strategies to reverse ischemia. One potential treatment strategy might be to increase the proportion of oxidative myofibers that inherently express higher levels of angiogenic factors and therefore recruit more blood vessels. Here, we show that nuclear hormone receptor ERRγ increases type IIA and IIX oxidative myofibers and enhances basal blood flow to the skeletal muscle. This ERRγ-mediated remodeling, by virtue of higher myofiber angiokine expression, enhances the ability of the skeletal muscle to mount reparative neoangiogenesis, revascularization, and rapid reperfusion of ischemic tissue. This ERRγ-mediated vascular recovery also promotes recovery from ischemic muscle damage. Quite surprisingly, however, we
found muscle ERRγ to be dispensable for hypoxic response in the skeletal muscle. Therefore, ERRγ is a hypoxia-independent inducer of neoangiogenesis and revascularization that can reverse muscle ischemia.

Myofibers such as types I, IIA, and IIX, which are characteristically oxidative, express higher levels of angiogenic factors, are decorated with a rich network of capillaries, and promptly revascularize in ischemic conditions.10–12,15 Moreover, interventions such as exercise that increase the proportions of oxidative myofibers also promote vascularization of skeletal muscle.28–30 However, specific targeting of transcriptional regulators of myofiber type as therapeutic strategy in muscle ischemia has not been fully explored. We recently described that orphan nuclear receptor ERR/H9253 drives a transcriptional program that would typically encode highly oxidative and vascularized myofibers,20 raising the exciting

Figure 7. Hypoxic response in C2C12 cells. Measurements were made in wild-type (open bars) and dominant-negative estrogen-related receptor-γ (ERRGDN) overexpressing (black bars) C2C12 cells. A. Basal expression of Vegfa121, Vegfa165, and Vegfa189 genes in C2C12 cells. B. Fold induction of Vegfa121, Vegfa165, and Vegfa189 gene expression in C2C12 cells by 24 hours of hypoxia (N=4 per group). C. Basal levels of Vegfa secretion by C2C12 cells in culture medium and fold induction in Vegfa secretion by C2C12 cells subjected to 24 hours of hypoxia. Values are represented as mean±standard deviation from n=4 experiments. *Statistically significant difference between WT C2C12 and ERRGDN C2C12 cells (P<0.05, unpaired Student t test).

Figure 8. Estrogen-related receptor-γ (ERRγ) activation of the Vegfa promotor. A, Multiple sequence alignment of mouse, rat, and human Vegfa promoter regions (from −582 to −611 bps) containing ERRγ binding site (box: 5’-TGACCT-3’ and 3’-ACTGGAA-5’). Highly conserved nucleotides are shaded. A consensus sequence is also shown at the bottom. Closed arrows show the locations of polymerase chain reaction primers flanking the conserved site used in chromatin immunoprecipitation polymerase chain reaction. Open arrow shows transcription start site (+1). The map is not drawn to scale. B, Luciferase reporter assay showing activation of the Vegfa promotor by ERRγ in transfected 293T cells subjected to normoxia or hypoxia for 24 hours. C, Chromatin immunoprecipitation polymerase chain reaction demonstrating ERRγ occupancy at the conserved binding site in promoter region of the endogenous Vegfa gene in differentiated C2C12 cells overexpressing the receptor under normoxia and hypoxia.
possibility that the receptor increases the proportions of type I, IIA, or IIX oxidative myofibers in the skeletal muscle and, in turn, promotes revascularization during ischemia. To test this, in the current study, we first subjected the skeletal muscles from the previously described muscle-specific ERRγ overexpressor mice and wild-type littermates to systematic immunohistological evaluation of the muscle fiber type. This examination revealed that ERRγ robustly remodels the skeletal muscle to an oxidative phenotype by increasing type IIA and IIX myofibers in a predominantly fast-twitch and typically glycolytic muscles. It should be noted that a complete fiber type shift of a muscle to type I, although anticipated from our previous genetic study, did not occur, because such hind limb muscles predominantly expressing type I fibers are few (eg, the soleus). The ERRγ-mediated oxidative remodeling takes places at the expense of type IIB fibers, because we observed a significant downregulation of type IIB glycolytic myofibers. As mentioned, oxidative myofibers such as types I, IIA, and IIX are rich in angiokines and highly vascularized compared to glycolytic type IIB myofibers. In agreement, we found that ERRγ transformation of myofiber type resulted in higher protein accumulation of angiogenic factors such as VEGFA, as well as a basal increase in blood flow in the transgenic compared to wild-type muscles. In the context of our findings, it is of interest that two known nuclear receptor coactivators, PGC-1α and PGC-1β, also have been recently shown to promote oxidative fiber type remodeling and angiogenesis in the skeletal muscle. These coactivators also activate ERRγ; consequently, some of their “metabovascular” effects in the skeletal muscle might be mediated by this receptor. Along the same lines and speculatively, corepressors of ERRγ, such as RIP140, which are negative regulators of oxidative myogenesis, may repress neoangiogenesis. Our results in collaboration with the aforementioned reports on nuclear receptor coactivators of ERRγ strengthen the notion that direct targeting of transcriptional regulators that increase oxidative myofibers also can enhance vascularization and, hence, blood flow to the skeletal muscle.

To test the potential reparative role of ERRγ in muscle ischemia, we used a murine model of hind limb vascular occlusion, which has been used preclinically to identify signaling pathways/mechanisms that can accelerate and decelerate revascularization of ischemic muscle. On application of hind limb femoral occlusion to wild-type and ERRγ transgenic mice, we found that recovery of blood perfusion was accelerated in the ischemic muscle overexpressing ERRγ in comparison to the wild-type ischemic muscle. We propose that this rapid reperfusion is linked to ERRγ-facilitated neoangiogenesis that results in formation of new functional blood vessels in the ischemic muscle. This proposition is based on the following observations. First, an increase in CD31-positive capillary density (a measure of neoangiogenesis) was observed in ischemic compared with the contralateral muscle as early as 8 days after the induction of ischemia in transgenic mice. However, at the same time point, there was no major change in the ischemic muscles of the wild-type mice. Second, microfil perfusion showed enhanced vascular branching in ischemic transgenic compared with either ischemic wild-type or transgenic contralateral muscle. Third, fluorescent microangiography revealed extensive perfusion of fluorescent microspheres in the transgenic compared with wild-type ischemic skeletal muscles. Because the microfil as well as microspheres are impermeable through intact vessel walls, these observations indicate formation of new functional and nonleaky vessels in the transgenic ischemic skeletal muscle. Importantly, these ERRγ-induced changes rescued ischemic myofiber phenotype.

A potent stimulant of revascularization in the ischemic tissue is low oxygen tension (hypoxia). Hypoxia induces revascularization via the HIF1α–Vegfa pathway. Interestingly, members of the ERR subfamily participate in HIF-induced transcription in cultured cells via protein–protein interaction. Therefore, we sought to determine whether ERRγ mediates the typical angiogenic response of the skeletal muscle to hypoxia, particularly focusing on Vegfa activation. Our cell culture data indicate that hypoxic induction of Vegfa gene expression and protein secretion were comparable in both the wild-type C2C12 cells and the ones expressing ERRGDN. Alternative inactivation of ERRγ using siRNA knockdown also yielded similar results. Therefore, ERRγ may not be involved in hypoxia-driven angiokine induction. It should be noted that the lack of effect of ERRγ inactivation on hypoxic response might be linked to compensation by other ERR isoforms, ERRα and ERRβ. In this context, blockage of total ERR activity might still affect the hypoxic response. Nevertheless, our hypothesis regarding ERRγ is mechanistically strengthened by the observation that ERRγ activates Vegfa promoter by occupying a conserved binding site independent of hypoxia. Additionally, in vivo support is obtained from our gene expression data in which the expression of several angiogenic factors are generally upregulated in the ERRγ overexpressing skeletal muscle independent of ischemia, as would be expected by oxidative transformation of the muscle. Consequently, the therapeutic effect of ERRγ in ischemic muscle might be linked to the programming of muscle cells to a fiber type primed to express and secrete more angiogenic factors rather than to its direct involvement in hypoxic pathway. We perceive that the hypoxia-independent reparative angiogenesis by ERRγ has potential implication for muscle ischemia, particularly in diabetic or older patients in whom activation of the Hif1α–Vegfa pathway is impaired.

Skeletal muscle ischemia is prevalent in cardiovascular and metabolic disorders, but pharmaceutical treatment for ischemia is underdeveloped because of incomplete understanding of vasculogenic molecular pathways in the skeletal muscle, especially those that are drug-targetable. In our study, we demonstrate that nuclear receptor ERRγ is one such “master switch” that enhances the intrinsic ability of the skeletal muscles to revascularize in response to ischemia by remodeling the myofibers to one that expresses high levels of secretable angiogenic factors. Nuclear hormone receptors such as ERRγ are specialized transcriptional factors in a sense that each one of these receptors contains a unique ligand binding pocket, which can bind selective hormones or synthetic drugs that can, in turn, regulate the receptor transcriptional activity. Consequently, nuclear receptors have
proved to be excellent pharmaceutical targets. Whereas the endogenous hormone that activates ERRγ is yet unknown and the ligand chemistry is still in its infancy, recent reports have emerged showing that the transcriptional activity of this receptor can be pharmacologically regulated by certain synthetic drugs.37–49 Therefore, in light of our findings that ERRγ can promote neoangiogenesis and revascularization, it is potentially an excellent target for treating skeletal muscle ischemia with small molecules targeting the receptor. It is noteworthy that ERRγ is also highly expressed in heart, brain, and kidney,19,50,51 which are highly vascularized organs that are often prone to ischemia leading to myopathy, stroke, and renal failure, respectively. ERRγ may also prove to be an excellent antischismic target in these organs.

In summary, we show that ERRγ remodels the skeletal muscle to increase the proportion of oxidative myofibers that express high levels of angiogenic factors and increases basal blood flow. This remodeling by ERRγ promotes rapid neoangiogenesis, revascularization, and reperfusion of ischemic skeletal muscle, a phenomenon that is hypoxia-independent.

Acknowledgments
The authors thank Dr Mark Entman for assistance with the hind limb ischemia model, Dr Jarek Aronowski for assistance with laser Doppler measurements, and Drs Perry Bickel and Ali Marian for critically reading the manuscript.

Sources of Funding
This study was supported by UTH ealth intramural funds, American Heart Association, and Muscular Dystrophy Association.

Disclosures
None.

References
Novelty and Significance

What Is Known?
- Ischemic skeletal muscle damage occurs because angiogenesis induced by the activation of the classical hypoxia-dependent Hif1α pathway during chronic vascular occlusion is insufficient to overcome the overall deficit in tissue perfusion.
- Therapeutic approaches with individual factors such as Vegfa, although successful in preclinical models, have so far failed in human clinical trials.
- A molecular strategy to enhance the inherent ability of skeletal muscle to trigger a comprehensive angiogenic program, such as by increasing key angiogenic factors and densely vascularized myofibers, might benefit ischemic recovery.

What New Information Does This Article Contribute?
- Estrogen-related receptor-γ (ERRγ) increases the proportion of highly vascularized myofibers (types IIa and IIX) and suppresses the expression of sparsely vascularized myofibers (type Iib), thus increasing the overall blood perfusion in the normoxic skeletal muscle.
- ERRγ induces functional neoangiogenesis, rapid reperfusion, and tissue repair in ischemic skeletal muscle.
- ERRγ is dispensable for a typical hypoxic response; instead, its reparative effects are linked to transcriptional remodeling to a muscle type with enhanced angiogenic expression.

Skeletal muscle ischemia is a prevalent problem in diseases such as obesity, diabetes, and atherosclerosis. Yet, few pharmaceutical strategies have been developed to treat this skeletal muscle ischemia. In this study, we show that transgenic activation of nuclear receptor ERRγ in the skeletal muscle enhanced neoangiogenesis and revascularization. It also promoted muscle repair during ischemic damage. Despite this reparative effect and previously known interaction with Hif1α, the ERRγ pathway is not required for a typical hypoxic response in the skeletal muscle. Therefore, ERRγ is a hypoxia-independent transcriptional factor that can rescue ischemic muscle damage. Notably, nuclear receptors—including ERRγ—contain evolutionarily conserved ligand-binding domains that can be targeted to regulate transcriptional activity. Our study highlights the potential for synthetically targeting ERRγ for treating ischemic damage in muscle, and potentially in other organs susceptible to ischemia, such as heart, kidney, and brain, in which ERRγ is highly expressed.
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Circ Res. 2012;110:1087-1096; originally published online March 13, 2012; doi: 10.1161/CIRCRESAHA.112.266478

Circulation Research is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231
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Print ISSN: 0009-7330. Online ISSN: 1524-4571

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SUPPLEMENTAL MATERIAL

1. DETAILED METHODS

Animal husbandry

Generation of the muscle-specific ERRγ over-expressing mice using human α-skeletal actin promoter, and backcrossing to C57Bl/6J background has been previously described 1. These mice were bred and maintained in the vivarium at the Institute of Molecular Medicine at the University of Texas Health Science Center, Houston. Mice were housed under standard environmental conditions (20-22°C, 12 h-12 h light-dark cycle) and provided tap water ad libitum. Twelve to sixteen week old mice were used in all the experiments. The animals were maintained and treated according to the NIH Guide for Care and Use of Laboratory animals and were approved by the Animal Welfare Committee at the University of Texas Health Science Center, Houston.

Hindlimb ischemia and tissue collection

Hindlimb ischemia was achieved by complete femoral occlusion, adapting previously described protocols 2, 3. Mice were anesthetized by intra-peritoneal injections of ketamine (100 mg/kg)/xylazine (10 mg/kg) in saline. Left hindlimbs were shaved and the femoral artery exposed at the level of the bifurcation to the muscle branch. Ischemia was induced by ligation and segmental resection of the femoral vessels proximal to the bifurcation with silk sutures (#7.0). Hindlimb muscles such as tibialis anterior (TA), EDL, gastrocnemius, soleus and plantaris were collected at various time points after the induction of ischemia, weighed, immersed in liquid nitrogen-chilled melting isopentane and stored at -80°C.

Laser Doppler blood flow measurement

Blood flow was measured in both the contralateral non-ischemic and ischemic TA with a deep tissue laser Doppler probe (Vasamedics Laserflo BPM2). Multiple measurements were made along the length of the TA and averaged for each muscle. Blood flow in the ischemic TA is reported as the % of the blood flow to contralateral non-ischemic hindlimb (ischemic/contralateral x 100).

Fluorescence microangiography

Fluorescence microangiography was performed, as previously described 1. Briefly, anesthetized mice were subjected to intra-cardiac perfusion with 10 ml of PBS followed by fluorescent microsphere (0.1 µM) suspension. Next, the mice were euthanized, tissues collected and appropriately frozen. Transverse cryosections of the TA were processed and subjected to fluorescent microscopy to image skeletal muscle vasculature.

Ischemic muscle damage

Ischemic muscle damage was detected using Evans blue dye (EBD) exclusion test. EBD solution (1% W/V in saline) was prepared and sterilized by passage through a 0.22 um filter. It was intraperitoneally administered 24 hours prior to specimen
collection. Because EBD is impenetrable across intact membrane (or viable cells), it is excluded from intact skeletal muscle myofibers, but it selectively stains damaged myofibers. The EBD staining was visualized in muscle cryosections as fluorescence using excitation wavelength between 470 and 540 nm and an emission wavelength at 680 nm. Skeletal muscle damage was evaluated as the function of EBD staining in the cryosections.

**Microfil perfusion and imaging**

Whole-mount vascular mapping of the TA vasculature was performed by a modified protocol previously described by Limbourg et al (2009). In brief, a 12% (w/v) microfil pigment solution was prepared by using Gouache in 4% PFA. The microfil solution was administered by intra-cardiac route in anesthetized mice, and the TA muscles were dissected, followed by serial dehydration in alcohol. Next, the tissue was incubated in fresh transparency solution consisted of (1:1) benzylbezoate and benzylalcohol until tissue became transparent. After the muscles were processed, whole mount tissue images were taken on an inverted microscope.

**Immunohistochemistry**

Serial transverse cryosections (9 µm thick at intervals of 90 µm) were obtained from the mid-belly of the TA isolated from contralateral and ischemic hindlimbs of wild type and transgenic mice. Frozen muscle sections were processed for CD31 and isoelectin immunohistochemical staining by using a rat anti-mouse monoclonal antibody (AbD serotec; MCA2388) and biotinylated isoelectin B4 (Vector Laboratories), respectively. Fiber typing was performed by immunohistochemical staining of MHC type I, IIA, IIX and IIB using the mouse monoclonal antibodies A4.840, A4.74, 6H1 and BF-F3, respectively (Developmental Studies Hybridoma Bank), as described previously. All primary antibodies were visualized using suitable Alexa Fluor® secondary antibodies from Molecular Probes. Isolectin was visualized by a DyLight® 488 streptavidin conjugate (Vector Laboratories) according to the supplier instructions. Negative control staining by omitting either the primary or the secondary antibody was included in all sets of experiments.

**Digital image analysis and morphometrics**

Immunostained sections were examined using a Zeiss Axioimager fluorescence microscope and images were captured using an Axiocam digital camera, as described previously. In brief, quantification of both myofiber type as well as capillary density was performed using Zeiss Axiovision software version 4.8, while blinded for treatment. Digital image evaluation of muscle transverse sections was performed with the public domain NIH Image J program.

**Cell culture**

Muscle C2C12 cells stably expressing empty vector or dominant negative ERRγ (ERRGDN) were grown in 20% FBS-DMEM. For the experiments, confluent cells grown in 10 cm culture dishes were differentiated in 2% horse serum-DMEM for 24 h. Next, the
medium was changed and cells were subjected to normoxic or hypoxic conditions for additional 24 h. Hypoxia constituted placing the cells in a hypoxia chamber, equilibrating the chamber with 95% N2 and 5% CO2 and returning the chamber with the cells to the cell culture incubator. Cells under normoxic conditions were directly returned to the cell culture incubator. After 24 h, these cells were used for extracting RNA for gene expression. Additionally, secreted Vegfa concentration in the conditioned media was measured using Elisa, as described above.

**Gene Expression**

Gastrocnemius muscles from both the contralateral and ischemic limbs or C2C12 cells were used for studying gene expression, as described previously. In brief, total RNA was prepared from skeletal muscles or C2C12 cell lysates using the RNeasy Mini Kit (Qiagen). Total RNA (5 µg) was reverse-transcribed to cDNA with SuperScript II Reverse Transcriptase (Invitrogen) and analyzed by quantitative real-time PCR on an ABI7900 cycler, using the Applied Biosystems SYBR Green PCR Master Mix. Primers were designed using the software Primer Express 3.0 (Applied Biosystems, TX) and are listed in the table below. All data were normalized to cyclophilin or gapdh.

<table>
<thead>
<tr>
<th>Gene</th>
<th>Forward primer</th>
<th>Reverse Primer</th>
</tr>
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<tbody>
<tr>
<td>cyclophilin</td>
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<td>TGCCGGAGTGCAGAATGAT</td>
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<tr>
<td>EphrinA</td>
<td>GCACGTGCAGCTGAATGACT</td>
<td>GGCTGCATCTGCCACAGAGT</td>
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<td>Fgf-1</td>
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<tr>
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<tr>
<td>Nrp1</td>
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<td>Vegfa-165</td>
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<td>GAACAAGGCTACAGTATTTTCT</td>
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<tr>
<td>Vegfa-189</td>
<td>TGCAGGCTGCTGTAACGATG</td>
<td>CTCCAGGATTAAACCGGGATT</td>
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</table>

**ERRγ luciferase assay**

HEK 293T cells were plated in 96-well plates and cultured in DMEM supplemented with 10% FBS and 0.2% Normocine to reach 90% confluence. Cells were transfected with the Vegfa promoter-driven firefly luciferase (100 ng) along with a control plasmid (pCMX; 80 ng) or ERRγ plasmid (pCMX-ERRγ; 80 ng) using lipofectamine, according to the manufacturer’s instructions (Invitrogen). Control renilla luciferase plasmid was included in all transfections for normalization. After transfection (24 h) a subset of cells was subjected to either normoxia or hypoxia for additional 24 h, followed by chemiluminescence measurement using the Dual-Glo Luciferase Assay System (Promega).

**Chromatin Immunoprecipitation**
ChIP assay was performed on C2C12 cells stably expressing ERRγ. Cells were grown in 10 cm tissue culture plates using DMEM supplemented with 20% FBS and Normocine. The cells were differentiated by culturing in differentiation medium (DMEM supplemented with 2% horse serum and Normocine) for 24 h, after reaching 70-80% confluence. Next, the cells were subjected to hypoxia for 4hrs. ChIP was performed using ChIP-IT Express Enzymatic Immunoprecipitation kit (Active Motif). DNA-protein crosslinking was performed using DMEM (without FBS) containing formaldehyde (1% final) at room temperature for 10 min with gentle rotation. Cells were scraped-off from the plates using police scrapper and pelleted at 2400 g for 10 min at 4°C. The cell pellets were re-suspended in cell lysis buffer containing protease inhibitor cocktail and incubated at 4°C for 30 min followed by efficient lysis using Dounce homogenizer. Samples were then centrifuged at 5000 rpm for 10 min at 4°C and the nuclear pellets were lysed with digestion buffer supplemented with protease inhibitors. DNA was sheared by using enzymatic shearing cocktail at 37°C for 20min. For antibody-enriched and IgG-antibody control samples, sheared chromatin was diluted in ChIP dilution buffer (Fisher Scientific) for 2 h at 4°C. For ChIP, 10% input samples were prepared and purified using the QIAquick Spin Kit (Qiagen). Pre-cleared chromatin was immunoprecipitated overnight with either a purified specific rabbit anti-ERRγ polyclonal antibody or rabbit IgG (Santa Cruz Biotechnology) and 25µl of protein-G magnetic beads. The beads were washed sequentially for 15 min at room temperature with three different buffers. First, beads were washed with buffer-I [0.1% SDS, 150 mM NaCl, 2 mM EDTA (pH 8), 20 mM Tris-HCl (pH 8)], then buffer-II [1% Triton X-100, 0.1% SDS, 500 mM NaCl, 2 mM EDTA (pH 8), 20 mM Tris-HCl (pH 8.1)] and finally with buffer-III (1% NP-40, 0.25 mM LiCl, 1% Na-deoxycholate, 1 mM EDTA (pH 8.0), 10 mM Tris-HCl (pH 8)). The beads were next washed briefly with TE buffer [10 mM Tris-HCl (pH 7.5), 1 mM EDTA (pH 8)] and de-crosslinked (1% SDS, 0.1 M NaHCO3) at 65°C overnight. De-crosslinked samples were purified using the QIAquick Spin Kit (Qiagen). PCR were performed using Phusion Taq-polymerase (Fisher Scientific) and primer pair for Vegfa promoter region (forward: CGGATTGTGGAAATCAGCAGGA; reverse: AGAAGAGCCCAAGTTGGACGAA). PCR was performed with following condition; initial denaturation at 98°C for 45 s followed by 98°C for 20 s, 60°C for 20 s, 72°C for 20 s for 35 cycles.
2. SUPPLEMENTAL FIGURES AND FIGURE LEGENDS

Online Figure I. Representative immunohistological images of the soleus depicting the total transverse muscle girth stained for MHC I (red) and IIA (green). IIX/IIB fibers are unstained (black). Note that the proportion of type I myofibers (red) is similar between the wild type and the transgenic soleus.
Online Figure II. Fluorescence microangiography in the contralateral non-ischemic muscle. Representative images of microsphere perfusion on day 2 and on day 8 in contralateral TA cryosections from wild type and transgenic mice. Scale 100 µm.
Online Figure III. Protein expression levels of various angiogenic regulators were determined in the indicated groups using a commercial protein array panel (R & D). The densiometric analysis was presented as fold change. Data is representative of N=5 animals/group. Fold change calculated as: Ischemia=wt ischemic/ wt contralateral; Transgene=tg contralateral/wt contralateral; Ischemia+Transgene=tg ischemic/tg contralateral. Factors induced by Ischemia, Transgene and/or Ischemia+Transgene are highlighted in bold.

<table>
<thead>
<tr>
<th>Factor</th>
<th>Fold-changes Ischemia</th>
<th>Transgene</th>
<th>Ischemia + Transgene</th>
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Online Figure IV. VEGFA Elisa. VEGFA protein concentration in tissue lysates from the plantaris muscle on day 8 post-ischemia [two-way ANOVA, (#) p<0.001 significantly different from wild type; (¶) p<0.001 significantly different from transgenic contralateral, N=8 per genotype].
Online Figure V. Hypoxic response in mouse primary muscle cells. Following measurements were made in wild type (open bars) and ERRγ knockdown (KD; black bars) primary muscle cells. Isolation of primary cells from mouse muscles and stable KD of ERRγ using lentiviral siRNA was conducted, as we previously described 1. (A) Basal expression of Vegfa121, 165 and 189 as well as ERRγ genes in differentiated (48 h) primary muscle cells. (B) Fold induction of Vegfa121, 165 and 189 gene expression in differentiated (48 h) primary muscle cells subjected to 24 h of hypoxia (N=6 per group). Values are represented as mean ± SD. Where indicated (*) represents statistically significant difference between WT and KD cells (p<0.05, Unpaired Student’s t-test).
3. REFERENCES


