Inhibition of PKCα/β With Ruboxistaurin Antagonizes Heart Failure in Pigs After Myocardial Infarction Injury

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Rationale: Protein kinase Cα (PKCα) activity and protein level are induced during cardiac disease where it controls myocardial contractility and propensity to heart failure in mice and rats. For example, mice lacking the gene for PKCα have enhanced cardiac contractility and reduced susceptibility to heart failure after long-term pressure overload or myocardial infarction injury. Pharmacological inhibition of PKCα/β with Ro-32-0432, Ro-31-8220 or ruboxistaurin (LY333531) similarly enhances cardiac function and antagonizes heart failure in multiple models of disease in both mice and rats.

Objective: Large and small mammals differ in several key indexes of heart function and biochemistry, lending uncertainty as to how PKCα/β inhibition might affect or protect a large animal model of heart failure.

Methods and Results: We demonstrate that ruboxistaurin administration to a pig model of myocardial infarction-induced heart failure was protective. Twenty-kilogram pigs underwent left anterior descending artery occlusion resulting in myocardial infarctions and were then divided into vehicle or ruboxistaurin feed groups, after which they were monitored monthly for the next 3 months. Ruboxistaurin administered pigs showed significantly better recovery of myocardial contractility 3 months after infarction injury, greater ejection fraction, and greater cardiac output compared with vehicle-treated pigs.

Conclusions: These results provide additional evidence in a large animal model of disease that PKCα/β inhibition (with ruboxistaurin) represents a tenable and novel therapeutic approach for treating human heart failure. (Circ Res. 2011;109:1396-1400.)

Key Words: heart failure ■ contractility ■ PKC ■ signaling ■ cardiomyopathy
Csrp3 null mouse model of heart failure augmented cardiac contractility and restored pump function. PKC inhibition with Ro-31-8220 or Ro-32-0432 also reduced mortality and cardiac contractile abnormalities in a mouse model of myotonic dystrophy type 1. Another PKCa/β inhibitor, ruboxistaurin, prevented death in wild-type mice throughout 10 weeks of pressure-overload stimulation, reduced ventricular dilation, enhanced ventricular performance, reduced fibrosis, and reduced pulmonary edema comparable to or better than metoprolol treatment. Ruboxistaurin was also administered to PKCB/γ null mice subjected to pressure overload, resulting in less death and heart failure, strongly suggesting PKCa as the primary target of this drug in mitigating heart disease. In addition, Boyle et al showed that ruboxistaurin reduced ventricular fibrosis and dysfunction after MI in rats. Ruboxistaurin treatment also significantly decreased infarct size and enhanced recovery of left ventricular function and reduced markers of cellular necrosis in mice subjected to 30 minutes of ischemia followed by 48 hours of reperfusion. Connelly et al demonstrated that ruboxistaurin attenuated diastolic dysfunction, myocyte hypertrophy, collagen deposition, and preserved cardiac contractility in a rat diabetic heart failure model. These results in rodents overwhelmingly support the contention that PKCa/β inhibition with ruboxistaurin, or related compounds, protects the heart from failure after injury. Hence, if ruboxistaurin is similarly protective in a large animal model of heart failure, there should be little resistance remaining toward initiating clinical trials in patients with heart failure, especially given the apparent safety of this compound in other human trials.

**Methods**

**Animal Studies and MI Model**

This study, using female Yorkshire pigs (~20 kg body weight) was approved by the Institutional Animal Care and Use Committee. All procedures were performed under propofol (2–10 mg/kg per hour) anesthesia. For MI generation, we introduced an 8F sheath into the femoral artery and cannulated the left anterior descending (LAD) coronary artery with an 8F hockey stick guiding catheter (Cordis Infiniti, Johnson & Johnson). After injecting 100 mg nitroglycerin and obtaining a baseline coronary angiogram, we placed a 5F balloon catheter (Cordis Infiniti, Johnson & Johnson) into the LAD after the first diagonal branch, thus occluding two-thirds of the LAD tributary for 90 minutes. The resulting infarct size was approximately 15% of the left ventricle, determined by TTC staining. The 48-hour survival rate was 86% (n=15). Thirteen animals were randomized to receive either control pig chow or pig chow enriched with Ruboxistaurin (Eli Lilly).

**Oral Treatment With Ruboxistaurin**

Pigs were given 10 mg/kg per day ruboxistaurin in separate doses twice a day starting immediately after MI until 12 weeks. Ruboxistaurin was administrated mixed with the regular animal diet. Four days of oral ruboxistaurin treatment (2 days at 5 mg/kg per day and 2 days at 10 mg/kg per day) produced plasma levels of 93±31 ng/mL of ruboxistaurin and 817±179 ng/mL of the primary metabolite.

**Assessment of MI and Structure**

We assessed myocardial function and structure at baseline (ie, before MI generation), 48 hours, 1 month, 2 months, and 3 months after MI. We performed echocardiography with an iE33 ultrasound machine (Phillips Medical Systems) equipped with an X3–1 and S8–3 transducer during end-expiratory breath-hold in an R-wave-triggered mode. Images were obtained in the standard LV apical and short-axis views with a high frame rate (>60 frames/s). QLab software (Philips) was used for analysis of strain rate. Two stable and well-defined consecutive cardiac cycles were acquired digitally for each measurement.

For hemodynamic catheterization, we accessed the femoral artery and vein with 7F sheaths and placed a 6F Millar Micro-Tip catheter (Millar Instruments Inc) into the aorta, the left ventricle, and the right ventricle. We determined the following parameters: systolic pressure, end-diastolic pressure, peak LV pressure rate of rise (dP/dt) max and Tau value (time constant of isovolumic relaxation); (dP/dt) max/P was calculated as (dP/dt) max/(systolic-end-diastolic pressure). The mean of at least 3 consecutive cardiac cycles was calculated for each measurement.

We performed coronary angiography on day 2, after 1 and 3 months, using an Integris H5000 single-plane fluoroscopy system (Philips Medical Systems). All images were acquired and analyzed by an investigator blinded to the study arm. We euthanized pigs by intravenous injection of EuthasolR (pentobarbital, phenytoin, 1 mL/4.5 kg), the removal of the heart, and the right ventricle. We visualized viable myocardium by staining 5 of these slices with TTC and quantified scar volume.

**Western Blot Assessment of PKC Target Proteins**

Hearts were collected at the end of the study for protein extraction and Western blotting as previously described. Primary antibodies included PKCo, PKCB/β, PKCβI, PKCy, CaV1.2, RyR (Alomone Labs), GAPDH (Research Diagnostics), Phospho-PLN, Phospho-CaV1.2, Phospho-RyR2 (Badrilla) PLN (Pierce), Phospho-PKC, GRK2, TnI, Phospho-TnI (Cell Signaling), Phospho-PKC (Upstate), Phospho-TnI, TnT (Abcam), SERCA2 (Affinity Bioreagents), MyBP-C, and Phospho-MyBP-C (gift from Jeffrey Robbins, Cincinnati Children’s Hospital, Cincinnati, OH). For analysis of TnT, GRK2, and SERCA2 phosphorylation, the Phos-Tag reagent (Wako Chemicals) was used at 30 µmol/L. Chemiluminescent detection was performed with Vistra ECF reagent (Amersham Pharmacia Biotech) and scanned with a Gel-Doc XR (Bio-Rad).

**Statistical Analysis**

All data analysis was performed in a blinded manner. Data were presented as mean±SEM. Statistical analysis was performed with SPSS software (SPSS Inc), using nonparametric Wilcoxon test.

**Results**

**Analysis of Pig Heart Function After MI With or Without Ruboxistaurin Treatment**

Whereas ruboxistaurin was shown to dramatically attenuate heart failure in select mouse and rat models of disease, its applicability to large mammals with heart failure remains uncertain. We used 20-kg Yorkshire pigs to evaluate heart failure over a 3-month period after MI injury. The study was limited to 3 months to curtail costs and suffering, to conserve limited quantities of ruboxistaurin, to reduce the effect of rapid weight gain that typically occurs in juvenile pigs that would otherwise skew data interpretation, and because 3 months is sufficient time to uncover heart failure in control
animals. Two days after LAD occlusion (MI injury) heart rate was significantly increased in both vehicle and ruboxistaurin treated pigs, which gradually dropped back to pre-MI levels by 2 to 3 months (Figure 1A). Vehicle- and ruboxistaurin-treated pigs showed a loss of cardiac contractility, ejection fraction, and cardiac output 2 days after MI injury (Figure 1B, 1C, and 1D). This loss of cardiac performance remained depressed in vehicle-treated pigs over the 3-month period, although ruboxistaurin-treated pigs showed a significant recovery of cardiac contractility, ejection fraction, and cardiac output 3 months after MI injury (Figure 1B, 1C, and 1D). There was no difference in infarct size normalized to the left ventricular area between the control and ruboxistaurin-treated groups assessed by TTC staining at the end of the study (Figure 1E and 1F). No overt differences in cardiac histopathology were observed between the treated and control pigs (data not shown). Taken together, these results showed that ruboxistaurin treatment benefitted the heart and augmented myocardial recovery after MI injury, suggesting a novel therapeutic approach for heart failure after MI in humans.

The mechanism whereby ruboxistaurin treatment protected the pig heart after MI is uncertain. Ventricular dilation after MI injury over the 3 months of the study remained the same between vehicle- and ruboxistaurin-treated groups (data not shown), and infarct and scar size was not different (Figure 1D and 1E). S略

Figure 1. Ruboxistaurin attenuates heart failure in pigs after MI. A, Millar catheter-based analysis of heart rate, and B, contractility in vehicle- or ruboxistaurin-treated (10 mg/kg per day) pigs subjected to MI injury at the indicated times after injury (days or months). #P<0.05 versus 0 time point. *P<0.05 versus vehicle-treated pigs at 3 months. C, Left ventricular ejection fraction measured by ventriculography in vehicle- or ruboxistaurin-treated pigs after MI for the indicated periods of time (days or months). *P<0.05 versus vehicle at 3 months. D, Cardiac output measured with a Swan-Ganz catheter in vehicle- or ruboxistaurin-treated pigs after MI for the indicated periods of time. *P<0.05 versus vehicle at 3 months. E, Quantification of scar size after TTC staining to show area of injury between the 2 groups. N.S. indicates not significantly different. F, Pig heart slices after MI injury stained with TTC (white area is not stained by TTC and represents the area of infarction).
similar to that achieved by us previously with mice receiving 120 mg/kg per day, and similar to a lower end of what has been achieved in human patients receiving a 32 mg dosage. However, considering the half life of ruboxistaurin in humans of 6–12 hours, a dosage of approximately 30–60 mg bid should be considered for future application in heart failure patients. Another issue is that ruboxistaurin appears to have a vascular protective effect, hence its prior use in human clinical trials for diabetic retinopathy. These results suggest that ruboxistaurin might also protect the heart by preserving endothelial cell function and microvascular integrity, in addition to an effect on contractility or diminution of reactive signaling in myocytes and possibly fibroblasts.

**Disclosures**

The ruboxistaurin compound was obtained from Eli Lilly under an MTA.

**References**


**Novelty and Significance**

**What Is Known?**

- Genetic or pharmacological inhibition of Protein kinase C (PKCα) in mouse protects from heart failure.
- Pharmacological inhibition of PKCα in rats protects from heart failure.
- PKCα activity is increased in heart failure.

**What New Information Does This Article Contribute?**

- Ruboxistaurin promotes recovery of myocardial function in a pig model of myocardial infarction-induced heart failure.

This study was designed to examine if inhibition of PKCα/β with ruboxistaurin would be efficacious in a large animal model of heart failure after myocardial infarction injury. The significance is that if this drug is effective in the pig in reducing heart failure, it will suggest a clinical therapy to try in humans with heart failure. Ruboxistaurin also appears to be relatively safe in previous clinical trials, therefore it could be rapidly evaluated in heart failure patients.
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